

ELECTROMAGNETIC KINESIOLOGY

Presents

YOUR 'FIVE' BODIES AND HOW THE ENERGY SWITCHES BACK AND FORTH BETWEEN THEM

And

HOW OUR BODY'S ENERGY FIELDS CAN AFFECT TESTING ACCURACY

by Nancy Dougherty

Electromagnetic Kinesiology is the name we have given to muscle testing which is done in conjunction with spinning the body's energy fields. For background information on the body's spins, please refer to last year's presentation at the Annual Meeting entitled, "What's New with Short Cut Expanded Reactive Muscle Corrections," written up in the 1985 International Journal of Touch For Health.

During the past year our teacher has been the body and it's energy fields; and Electromagnetic Kinesiology has been the tool that allowed us to communicate at a newer, deeper level. There have been many lessons, some easy to understand and some which caused us quite a bit of hard work before we were able to comprehend what was happening. A few of these still need to have the WHY completely confirmed.

It has all been extremely interesting and has been especially beneficial to many of those who have been on the low end of the energy scale and were still seeking out something further as an answer to their continuing problems.

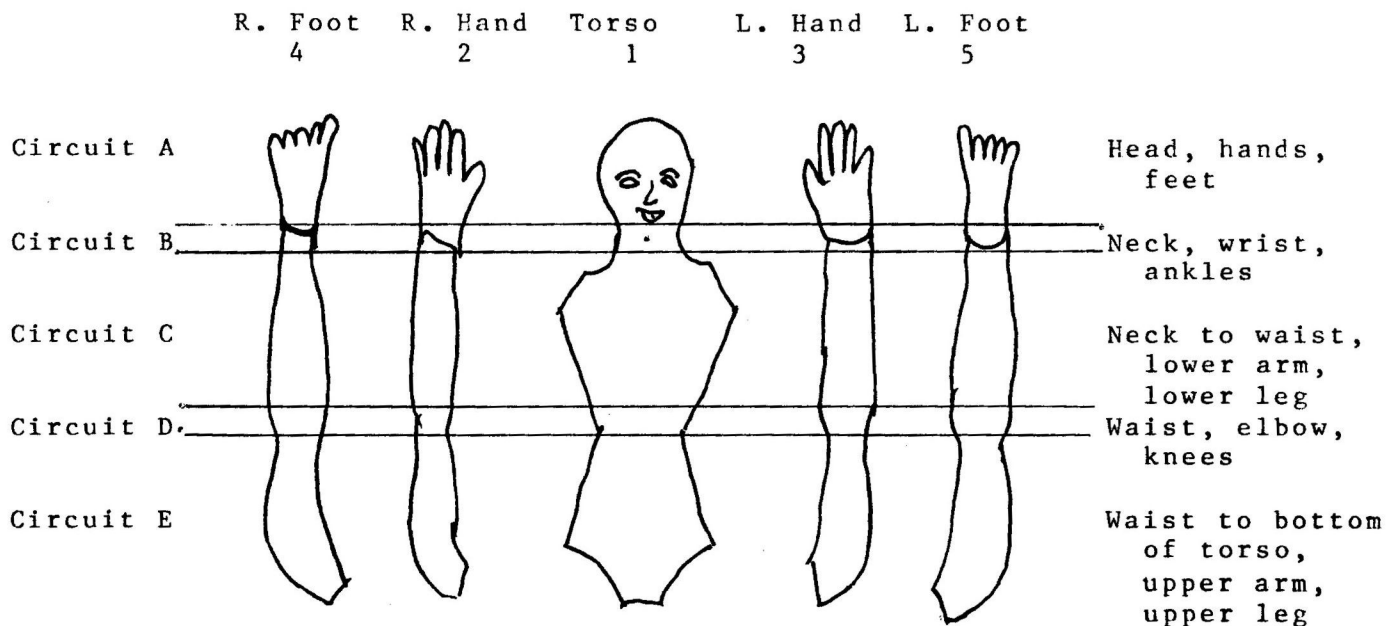
Two of the discoveries of the year that we think most people would find especially interesting and beneficial will be discussed in this paper.

YOUR 'FIVE' BODIES AND HOW THE ENERGY SWITCHES BACK AND FORTH BETWEEN THEM

One of the discoveries was that, as far as energy is concerned, our physical body is really made up of five "bodies" as shown in Figure 1. Each body contains many different energy circuits, but all of the bodies seem to contain the same identical energy circuits and each of these should run on its own power. However, sometimes if a specific circuit is low in energy, a muscle or area needing energy may not be able to get it from its own energy source. It will then steal energy from an identical area in one or more of the other bodies. When this stealing takes place, the energy switches back and forth from body to body and can make a muscle test seem strong when in reality the muscle is a problem.

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Figure 1. THE FIVE BODIES



Horizontal and Vertical "body" switchings seem to occur first. When a circuit gets overloaded with these, a Diagonal energy switching occurs and when this is present, it must be corrected first.

Horizontal and Vertical "body" switching can be detected by pressing the ends of the Governing and Central Meridians, C 1, C 24, GV 1, and GV 27. A Diagonal energy switching can be detected by pressing on the Pineal Pulse, which is intermediate pressure at the site of the Large Intestine and Lung pulses on the right wrist. Another way to find out if energy switching is going on is to ask the question "I want to be sick". If the muscle tests strong, energy switching is present.

For example, one way to determine if there is energy switching on the center neck flexors would be as follows:

1. Test neck flexors and, if necessary, balance with accupressure.
2. Test the strong neck flexor again while putting pressure on GV 27. If weak, point left foot down (gastrocnemius testing position) so ankle is in the same position as the neck in the neck flexor test (bottom of foot energy is identical to the face energy). Repeat this test again. If the ankle in this position makes the GV 27 test strong, this ankle muscle is what must be corrected before GV 27 will test strong.
3. Test neck flexor again while pressing on GV 1. If weak, bend left wrist into neck flexor position (palm of hand energy is identical to face energy). Repeat this test again and if this wrist muscle in position makes the GV 1 test strong, this wrist muscle must be corrected before GV 1 will test strong.

4. Test neck flexor again while pressing on C 24. If weak, bend right ankle into neck flexor position and this should make the test strong. If it does, correct the right ankle.
5. Test neck flexor again while pressing on C 1. If weak, put right wrist in neck flexor position and retest. If test is now strong, correct the right wrist.
6. Test neck flexor again while pressing on Pineal Pulse. If weak, put each of the above ankle and wrist muscles in position and whichever one causes the test to be strong is the one to do FIRST.

The previous example uses a muscle but you may test a specific area for energy switching. Let's say we have a person with an unbalanced energy in Circuit A (head, hands, and feet). This person uses their feet to walk to your testing table and lays down. Their feet test strong when pressing on them and testing through a strong truthful latissimus dorsi muscle (this is because the feet have just been used in walking and have demanded a large share of the energy in the problem circuit). You can press on the left foot and pause lock this pressure into the body. The switching tests would show involvement with the other foot, hands, and head. Unlock the pause lock and put pressure on the hands. The hands might both test weak. Put pressure on the head and it might test strong and is stealing energy. In this case we know the strong feet and head are getting their energy from the weak hands.

The energy switches around and we can watch it shift. We can put energy into the hands by moving them around or rubbing them vigorously. The energy in this circuit would have shifted again so that retesting would show hands strong, head weak, left foot strong, and right foot weak. Wiggle the right foot to draw energy into it and the shift would show feet strong, right hand weak, left hand strong, and head weak. Rub the head and the energy shift would now show feet strong, head strong and hands weak. Now the body energy would be right back where it started before we shifted the energy.

The most difficult kind of switching to detect and correct is what we call Pineal Switching. This is a diagonal switching and seems to be a last resort effort to draw energy before the whole circuit goes totally weak. In this type of switching the right hand would draw energy from the left foot or the left side of the head. There could be two Pineal Pulse switchings in the circuit and the left side of the head could also be drawing energy from either the right hand or the right foot. The feet and left hand might also be involved in vertical or horizontal switching. The more switching there is going on in the body on any or all of the circuits, the lower the person's energy level and the more severe the physical symptoms seem to be.

By locking in the different parts of the bodies we were able to find many of the corresponding parts in the other "bodies." A few examples are as follows:

1. The palms of the hand and arch area in the foot are related to the inside of the mouth energy.
2. The area across the knuckles on the inside of the hand and the joints on the balls of the bottom of the foot are connected to eye energy.

3. The area across the knuckles on the outside of the hand and the joints on the top of the foot where the toes begin are the same as the ear energy.
4. The brain areas seem to be identical to the finger and toe energy and more specifically to each joint.
5. The energy along the insides of the torso along the midline corresponds to the energy on the insides of the legs and arms. (Great for urinary tract energy, etc.).

Some of you may find that when you take this body switching into account and check out all five areas of the correction you are making, your corrections will be more accurate and longer lasting. For example, a lung energy may not correct sufficiently until you have dealt with the lung energy in the arms and legs. In a circuit in trouble, the energy will go where the demand is and it moves quickly. By understanding this five "body" switching system we have been able to zero in on the priority and raise our success rate.

To correct muscles and areas which are involved in energy switching so that they can run on their own energy requires thorough reactive muscle (or reactive area) corrections. This means that the corrected muscles (or area) should not cause reactives or be reactive. You can also use the Electromagnetic corrections to eliminate reactives. When an area is completely corrected it usually will not be weakened by foods, thoughts, other muscles and most environmental substances.

HOW OUR BODY'S ENERGY FIELDS CAN AFFECT TESTING ACCURACY

The body's energy fields are both negative and positive and these energies can be detected by testing a strong muscle and spinning the energy fields. (Pg. 31, July 1985 International Journal of T.F.H.). When a person's energy is O.K., it stays in and around them almost as a protective shield and does not affect others.

People whose energy is not O.K. emit negative and/or positive energy at the various areas around them that are out of balance. We can detect where the imbalance is by pointing a negative or positive finger in towards the body and testing a strong muscle. One or more of the electromagnetic spins around these people will not be going in the correct direction. A lung energy imbalance once caused a man to loose energy that was detectable up to 14 feet away from his upper back.

If a tester has low energy, it could affect the testee and keep a correction from taking by drawing out the testee's energy as fast as it is being raised. Likewise the testee can draw energy from the tester and after a correction, it will look like the correction took but in reality as soon as the tester's hand and body move away from the testee's area, the testee will return to a weakened state. Both the testee and tester have to be checked out after a correction to make sure this is not happening.

Anyone else in the testing area can draw or emit energies that will affect the result of the testing and correcting. If they are to remain in

the area, they must be corrected or counteracted.

Counteracting is something one can do to allow the magnetic spins to return to normal and keep the energy in the body. We like to counteract with colors and jewelery until the permanent corrections can be completed. Black onyx is negative and yellow jade is positive but if you use jewelery, be careful to adjust the amounts needed as the energy fields return to normal. The tester should not wear the colors or jewelery in close proximity to the testee because energy can be drawn in by the testee and the test could falsely look strong. This is the reason we usually wear white when testing.

Body counteracting is something else to watch out for. We have learned to have great respect for the subconscious. It is always trying to put energy into the body.

If a child sleeps with its arms above the head and we test surrogately, the child will test strong. If we lower the arms out of the anterior serratus or deltoid areas, the child will usually test weak. This type of body counteracting goes on all of the time with people. It is why a hyperactive child must move. It is also why other people have their favorite positions or body habits. While we are doing corrections, we want the body to be in its weakest state with all of the reactives showing up on the switchboard as reversed spins so they can be corrected. However, if there is body counteracting going on, the spins will be temporarily returned to normal and the correction will be missed. Since counteracting causes a weak muscle to remain strong, watch carefully for it. Some things to watch for are: 1. Holding the breath; 2. Clenching the teeth; 3. Wiggling the fingers and toes; 4. Keeping the eyes in certain positions; 5. Hearing sounds; 6. Sucking on the tongue or lips; 7. Breathing; 8. Putting the body in a different position as soon as you have pause locked in a weak muscle or area.

The tester, because of close proximity and having their energy hooked up to the testee by touching, may find themselves doing the counteracting. It has happened many times that while testing I might find myself in an unusual position. I might pause lock a weak muscle on the testee for a correction and when I check to see if it is locked in, the muscle will test strong instead of weak. I may discover that I am counteracting unconsciously by holding my left arm behind my back or I may be standing on one foot with my other leg in a hamstring or sartorius position. If I move my arm to my side and stand on both feet, the testee will now be weak in the pause lock. Be suspicious if you find yourself wanting to put your body into a strange position.

We started out years ago on our long search to find the answers for our hyperactive children only to learn that hyperactivity was just their way of counteracting their lowered body energy. We have arrived at the present time where correcting the muscles and areas of weakness to the body's electromagnetic spins eliminates energy imbalances and the desire to counteract by wiggling around, or sleeping with arms up, or being whiny and grouchy. We have been blessed.