

Update On The Rochlitz Aldehyde Dyslexia Hypothesis (RADH)

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Abstract: Formaldehyde and acetaldehyde have been hypothesized by the author, to be primary causes of dyslexia. Remarkable, new forms of repatterning are disclosed. As These corrections and the Dennison Repatterning are all shown to simultaneously innervate the corpus callosum, gestalt hemisphere and the liver. In specific, emotional "dis-integrations", formaldehyde is theorized to be responsible. If prioritized, nutrition--not repatterning-- is what the body "asks for". Molybdenum and other nutrients help the liver to process the aldehydes. However the initial, prioritized correction for a dyslexia is revealed to be a full body balance for Candida/Acetaldehyde.

The RADH¹ states that the two aldehydes affect 1. the corpus callosum, especially its link to 2. the gestalt brain hemisphere and 3. the liver. The liver which should safely metabolize these extremely toxic chemicals, is not, or was not, able to do the job properly. The more familiar formaldehyde has become a ubiquitous substance. It's found in building and insulating materials, clothing and rugs (such as the ones infants crawl on). It is also (supposed to be) a short-lived metabolic product in humans--formed, e.g. during the processing of amino acids. Acetaldehyde has four known, external sources: Candida albicans and other yeasts, cigarette smoke, smog and alcoholic beverages. Dr. Truss has shown how acetaldehyde harms so much of the body's metabolism and specifically how it can block the neurotransmitter, acetylcholine. The latter may be the primary neurotransmitter in the corpus callosum. In addition to learning disorders and dyslexia, schizophrenia and disorders of physical coordination may be linked to the aldehydes. As the same liver enzymes are involved with either aldehyde, the two are synergistic in their negative effects on the body.

The RADH also explains how Repatternings occur. Perform the Dennison Repatterning except bring the hands up vertically. You will find no integration has occurred. It works because the hands are brought over to the opposite knee--a Frank Mahony suggestion. This latter action has two components. One is the rhomboids-liver. The other is the supraspinatus-brain. Together with the cross-crawl and looking to the left, they activate the three systems necessary according to the RADH. The explanation that the arm must cross the midline is incorrect. As proof we offer two new and remarkable repatterning schemes.

1. Get the arms folded in the rhomboid test manner. Move it out to the side as you move the opposite leg also straight out to the side. Hum. This activates the three organs/meridians without bringing the hand over to the opposite side. Even more spectacular--2. Just look at an "X", hum and have someone perform Golgi strengthening on the Pectoralis Major Sternal-Liver muscle! This activates the three systems and can be done for someone who is totally paralyzed! If they can't hum or look to the opposite side, they can be "bombarded" with good music. More importantly, these repatternings are all the predictions of a scientific hypothesis! The predicted outcome of an experiment means there is much truth in the theory. The heart integration--elsewhere in this Journal--is further proof.

An important point here. When you learn the Candida and Acetaldehyde modes, and use them for brain integration; it becomes clear that the priority for integration is not a repatterning at all! It is the full body Candida or Acetaldehyde (usually) Balance! This has been called the Rochlitz Repatterning Effect or Repatterning without Repatterning.

The above is all for integration in the general sense and as the initial correction. Let us now look at specific, emotional, "dis-integration". This is hypothesized to be the effects of internal formaldehyde. As there are a number of nutrients that help the liver to metabolize aldehydes, the author predicts nutrition, not any kind of repatterning, to be the priority! Sure enough this almost invariably turns out to be the case. The author's research has led to molybdenum³ as perhaps the primary nutrient for this. Others include the amino acids taurine or cysteine and the following vitamins: B₁, B₅, C and choline. Iron may also help. (Be careful--it oxidizes.)

Simply lock in the emotional weakness, while looking at an "X" and watch nutrition come up as the priority. After all, why can some people run a country without developing "emotional" or "psychosomatic" disorders and others can't walk out of their homes without great anxiety. It is not the stress, per se, but how capable one's biochemistry is in handling the stress that determines the effects on the body. This work purports that the stress of loss of brain integration in the general and specific senses is mediated by the aldehydes and by the body's ability to metabolize them properly. Better than repeated repatterning for either the general or specific dis-integrations, is to correct the underlying cause and not need to repattern. (Continued cross-crawling type exercises, of course, remain a good idea.)

As a corollary, homolateral muscles are seen as specific brain-muscle or brain-meridian effects of the aldehydes on these "circuits". Is not the homolateral tongue, the coated tongue--presumably from Candida and Acetaldehyde?

To speed testing for Candida and Acetaldehyde, the author deduced the digital priority modes in May, 1985. The Candida mode is to touch the thumb to the edge of the middle fingernail. This was deduced as follows. From Dr. Beardall: the pad of that finger refers to nutritional deficiency, while the nail refers to toxicities. Now Candida or yeast can swing either way. A healthy body may utilize it as a nutrient, but in a sick person, the yeast "may start eating him"--a definite toxicity. Only the edge lies at the border of the two regions and possibilities--Voila! The acetaldehyde mode adds the corpus callosum, simultaneously--assuming each is clear separately. The formaldehyde mode is a simultaneous T.L. of the Bile Salts point⁴ and the corpus callosum--again assuming each is clear separately. You will find these balances to be amazingly powerful and frequently the priority. The mode for Candida is better than an extract because of the many different strains. The mode refers to the person's own Candida energy imbalance!

For more information, contact the author at P.O. Box 1134 Setauket, N.Y. 11733. The Human Ecology Balancing Sciences Seminar is now a three-day advanced class with a one-day basic class as a prerequisite. There is now certification to teach the one day class. The seminar reveals a deeper insight into Candida/Aldehydes/Allergies and the connection to learning disorders and nutrition. Everyone receives and performs these balances.

Also the text will be out this year with a Foreward by Dr. John Wright, M.D. The full title is, Allergies & Candida--The Energy Balancing Answer With The Brain And Heart Integration Connection © Copyright 1986 by Steven Rochlitz.

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References

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4. See e.g. Dr. Deal's AK Workshop Manual by Gordon Stokes and Mary Marks