

LOOKING FORWARD TO THE FUTURE

Dear Members of Touch for Health,

The talents of Touch for Health and E-K Instructors are unique and special. They are something that only you can offer. You have valuable skills that you can share with people who really need it or they can be used just for yourself! Are you developing them to the fullest? Do you enjoy a sense of accomplishment when you share information that really helps another human being?

TAKE A PERSONAL GOAL INVENTORY

Have you taken stock of what really makes you happy? What are your plans for the remainder of this summer? How about 1986? 1990?

Touch for Health is in another futuristic planning stage and I have had to take this inventory. I have found that teaching and healing makes me happy. Touching for Health on others is what energizes me. By planning for the future, I am re-evaluating my priorities to be the best as a healer and educator. I do enjoy the sense of accomplishment of sharing and healing.

Touch for Health Instructors and now E-K Instructors are writing me on the positive feedback they have received from teaching their own classes. The feelings of offering a powerful self-care package for family, friends, clients and patients is a natural high. The reward ratio for someone who has knowledge is commendable. Do you fit into this category? If you can answer "yes" to this I salute you! If the answer is "no", then I suggest that you take stock, do an inventory, take some time for yourself.

SET YOUR GOALS

I will be sharing at the 1986 Annual Meeting what seems to make a difference in my life, goals for the future, and my vision for Touch for Health.

I recommend that you (1) take an inventory; (2) make a plan; and (3) execute that plan. For example: TFH/E-K Instructors who have classes scheduled for a full calendar year usually are the most successful (even if some of the classes don't fill). People who order a case of TFH books (20) usually have an added incentive to the universe to have 15 to 20 people in their TFH classes. If you order 4 books what message are you putting to the universe? If you order 0 books what will your expertise in sharing TFH gain you or for TFH?

Take a quiet hour, in a pleasant surrounding to listen to the voice within you. Listen and hear what your special talents are and what will be the most nourishing for you. Many Instructors are so busy that they don't take time for themselves. Remember that you too are special and deserve renewal and rejuvenation.

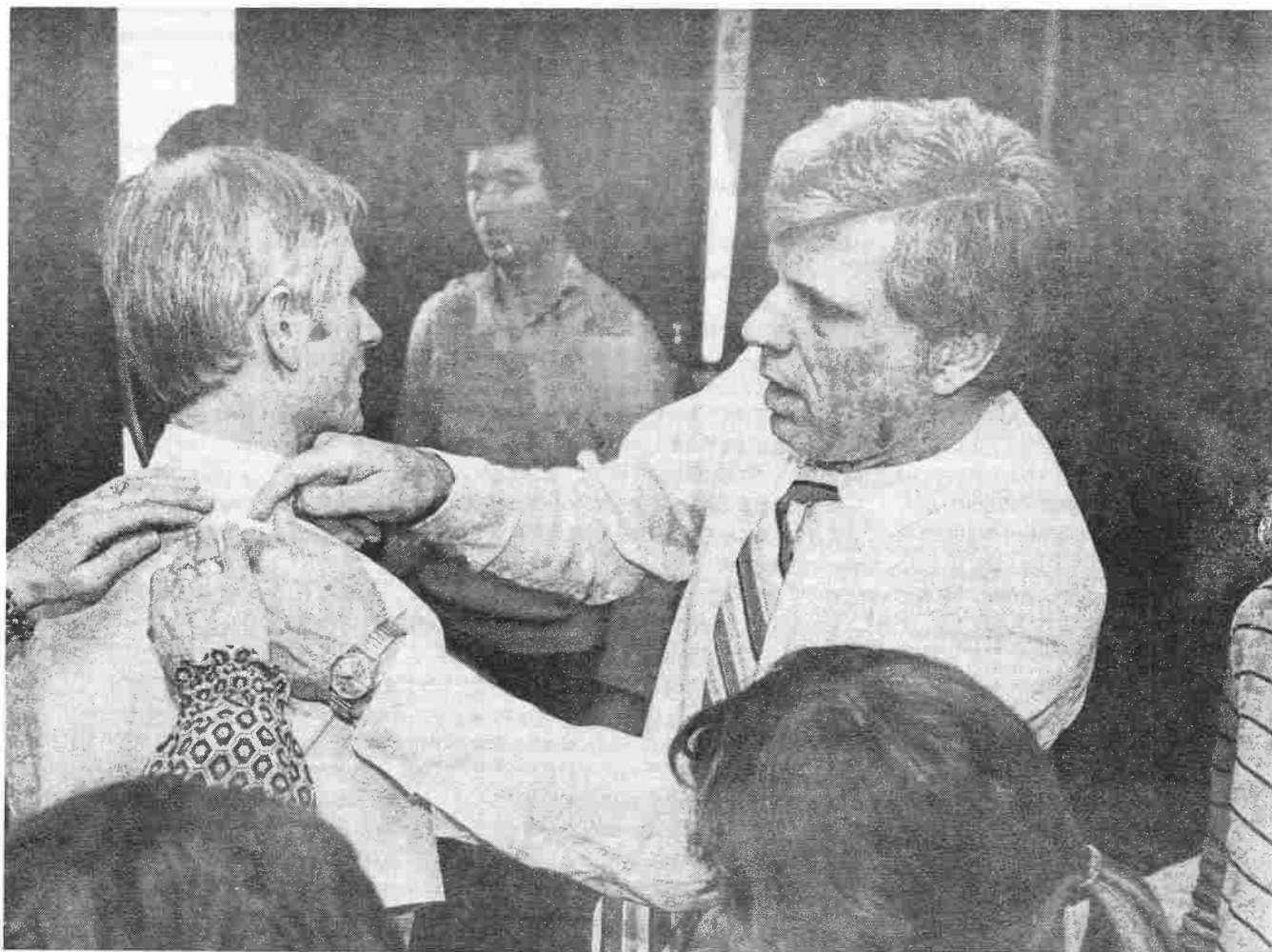
I am looking forward to these six days at the 1986

Annual Meeting for my own personal renewal and rejuvenation. Chairperson, Gini Burns and her committee have designed an excellent program. TFH members from around the world are representing what is happening; their goals, aspirations, research, wins, struggles in this past year and their plans for 1987. I am looking forward to this week to renew and plan for the future.

Love,



John F. Thie, D.C.



DR. THIE TEACHING IN POLAND

TFH OUTLOOK

Ensuring TFH's future mobility, enhancing the awareness of health education and improving the quality of our programs are among the important issues in 1986/1987.

Nineteen million people will be living in Southern California by the year 2000, three million more than today. We believe planning and preparing must begin now to assure that our program will have the best advantage of this projected growth.

One of our U.S. trainers and program coordinator, Phillip Crockford has developed an exciting plan to address the future. He has identified the critical areas where TFH training has peaked and fallen into the valley. Ideas are being developed to give a "new look" of the Foundation to ensure our future mobility; improve and establish regional TFH/EK leaders; enhance the national newsletter with regional news; have a professional management association oversee the general business of the Foundation; undertake a new teaching format with class modules to respond to quality and standardization of educational material.

The Foundation is also in progress on the new TFH book due to be published in 1987. A video proposal has been designed as an independent educational project. The prospectus of the video project is in the developmental stage. T.H. Enterprises are looking for financial investors for the video project. We have estimated that there will be a profit in this program.

A key Foundation goal of 1986-87 is to promote public awareness of and support for TFH/E-K. As you may recall, TFH adopted the Dennison's education model of E-K. The adoption of E-K has caused growing pains to the TFH family. We are setting up a new administration section to accommodate growth. Thousands of people are now exposed to TFH thru this new model. In essence, we are compiling a tremendous amount of data in response to the public's desire for care. We also urge everyone to undertake an effort to inform others about the benefits of both TFH/E-K programs.

To be part of TFH/E-K make sure we have you registered as a Certified E-K Instructor. Because of this merger we wish to have your file checked and updated at the Foundation.

Our computer fund is still growing. We will be more effective once we are able to afford this equipment. Please keep your donations coming in.

We now have a new battle on the front. There are people connected with religious fundamentalist groups who feel justified to attack progressive education.

Jan Cole a TFH Instructor and elementary school teacher was first to be "victimized" professionally by a religious group. She was lucky that her education department valued her teaching skills and provided support and direction into this battle. There are three interesting lectures on TFH & religion at this meeting. Jan Cole will share her experience, Rev., Dr. Jim Reid will provide an analysis of TFH, Holistic health and its role in religion. Finally there will be a forum for question and answers on religious

backlash later in the week headed by Rachael Bubblitz.

An "anti-quackery" M.D., Stanford University professor has attacked all alternative health programs. His efforts have convinced some directors and supervisory school personal to "remove unscientific educational programs that are harmful". He includes TFH, chiropractic, acupressure, massage or anything else that is not considered "medical". The data from his reports are full of inaccuracies. More information will be provided in future newsletters and Annual Meeting activities.

The Touch for Health World-Wide Annual Meeting again has an exciting schedule to offer.

By far, the most exciting is the exchange of ideas and friendship. We need to share what you are doing and where you would like to go with it. The sharing during these six days is very important. We will feel a fine balance of being a bit over-whelmed, highly renewed, refreshed and excited about all the possibilities.

In the course of this conference there will be three 1986 Journal papers presented on "change". I believe this is significant as the membership of TFH/EK is ready to reach for a new level of expansion. The Foundation is especially proud of your efforts in helping us achieve and maintain our goals. When you send in a roster, a registration, membership or even a donation to TFHF we, as a network are able to reach a whole new group. Think of how many lives we have changed for the better.

Picture a time frame from where TFH was eleven years ago and where it is now. It certainly has been exciting. We have trained close to 5,000 TFH Instructors alone. We have had over 8,000 members of TFH. Our current mailing list has been a steady 30,000 people who have expressed an interest in pursuing TFH. In these next two years please pay especially close attention to TFH/EK. We expect some exciting changes and look forward to your help. You are TFH/EK family. Help us ensure our mobility, enhance TFH/EK's awareness of health education and be a part of improving the quality of our programs and peoples lives.

On behalf of the Touch for Health Foundation and it's International Affiliations, we thank you and welcome you to experience the best of all conferences.



Kim A. Vieira
Director