

Touch For Health July, 1987

REPORT OF FINDINGS

FROM THE

ELECTROMAGNETIC KINESIOLOGY RESEARCH & EDUCATIONAL CENTER

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The search for answers has led us to discover that what is happening to the negative (-) and positive (+) electromagnetic energy in the cells when we test and balance muscles, is extremely important if we are looking for total success.

We have learned what the body's electromagnetic spins (see T.F.H. Journal 1985) mean in terms of the Five (5) Body Energy System (T.F.H. Journal 1987) and the (-) and (+) electromagnetic fields. The outcome has been that we no longer have to use the spinning sticks to stress the system as we correct. The correction procedure is quicker, easier, and (dare I say it) seems to be 100% efficient in terms of correcting energy loss.

POINTS TO CONSIDER FOR ACCURATE TESTING AND CORRECTING

It is important for the tester to be on the testee's skin when testing and correcting. Since the two energy fields do influence each other, contact makes the testing more accurate and the corrections more thorough.

The tester should always test with the same hand. We use the right hand and we prefer to test the testee's right and left latissimus dorsi (hereafter referred to as R. Lat. or L. Lat.) We use the (-) energy coming from the fingertip of the pointer finger next to the thumb and the (+) energy coming from the middle fingertip of the left hand.

Do not change testing hands in the middle of a correction. Testing with the right hand of the right side of the testee will give you information about their right side and left brain. Testing with the left hand will give you information about their

left side and right brain. Testing on the left side of the testee with the right hand gives information about their left side and right brain while testing with the left hand gives information about their right side and left brain. Therefore, testing on the right side with the right hand and then going to the left side and testing with the left hand would mean you had just tested the right side twice and totally missed finding out anything about left side weaknesses.

The testee should be in all white. This means no colored tags, no colored thread in the stitching, no make-up, etc. and a white cloth covering over a colored testing table. One time we realized halfway through a correction that the testee had green clay stuck under their nails touching the skin. We removed the clay and rechecked what we had already and found that only about 60% of the energy had come into these corrected areas. The energy from the color green in the clay had temporarily raised (counteracted) the energy loss by 40%. If you want a correction to take 100%, the energy must be at its lowest in that area at the time of correction.

NUMBER OF BLOCKAGES PRIORITY ORDER TO CORRECT

Every person carries around with them an undetermined number of energy blockages in their body. Liken these to a tower made out of blocks. The top block is the last trauma your system sustained. Each blockage has a symptom it produces, so as each blockage is removed, your energy level with accompanying symptoms is taken on a trip back through the years.

After each correction and while the testee's en-

ergy is still strong, we put pressure on the body by moving and/or pressing alternately on a hand or foot. This will cause the new top blockage to surface for correcting. We find that the body knows best what its priority is, so we try to follow its orders though it is sometimes hard.

For example, when a cancer patient first came to us a few weeks ago, pressing on the growths indicated that correcting the spleen meridian would strengthen the energy in the area of the growths (tester's choice of priority). Pulling on a strand of what little hair was left after chemotherapy indicated that the stomach/spleen meridian (middle toe) needed to be corrected to put energy into the surface of the head (testee's priority). However, the body wanted the left circulation/sex meridian corrected first, then both kidney meridians, and then both spleen meridians. After this it went to half of both triple warmers and as of this writing, the liver meridian is being done. Perhaps the circulation and kidney meridians had to be corrected before the kidney could adequately deal with any waste that the spleen energy might have stirred up. Correcting in the body's priority order seems to be improving things slowly but steadily. (Note of Interest: From our limited experience we find that people who have cancer lose (-) energy with about 95% of their corrections while Candida people mostly lose (+) energy.)

RECOGNIZE THE ALCOHOLIC SYNDROME AND BE AWARE

If we find a weakness upon testing, we can always find the muscle or area and the corresponding thought (explained later) that will tighten the weakness. This will be the area that caused the imbalance in the first place. We call it the alcoholic syndrome.

Example:

1. An ex-alcoholic has stayed temporarily balanced without alcohol.
2. He takes one drink (which lowers his energy) and feels bad.

3. Soon he craves another drink and this drink counteracts the bad feeling temporarily so he feels good.

4. As the effects of the drink wear off and the bad feeling returns, the body will crave another drink and he is on the way to becoming an alcoholic again.

(Is the drink really good for him because it makes him feel better temporarily?)

Apply this principle to muscle testing.

Example:

1. Do a quickie temporary balance and test for a strong R. Lat.
2. Put a muscle into and out of testing position which causes the R. Lat. to go weak (possibly a left P.M.C.).
3. Holding the same muscle which first caused the weakness (left P.M.C.) while testing the weakened R. Lat., will now cause the R. Lat. to test strong.

Example:

1. Do a quickie temporary balance and test for a strong R. Lat.
2. Instead of a muscle, substitute a thought that will weaken the R. Lat., i.e., "I can be smart."
3. While the R. Lat. is weak, again think, "I can be smart." while testing the R. Lat. and it should be strong. (Is it really going to be good for the person to constantly think, "I can be smart"?)

Anything that counteracts by tightening a weak muscle, be it alcohol, cigarettes, pepsi, coke, food, vitamins, colors, medicines, muscle movement, exercise, minerals, thoughts, heat, pressure, etc. is not necessarily the thing that is really good for a person. This is especially true if after temporarily balancing the person, the counteractant weakens a temporarily balanced system. This is like the alcoholic syndrome and if the counteractant is something that should be good for you, the area it affected needs to have its (-) and/or (+) energy loss permanently balanced.

The counteractant, whatever it may be, will then not weaken strong muscles and can be used by the body to truly strengthen weaknesses. The counteractant, if it is known to be unhealthy for people will probably no longer be craved by the body as a counteractant.

Example:

1. A newly pregnant friend had a long standing mild anemia and the prescribed supplements had never permanently corrected the problem.
2. An iron frying pan weakened all of her muscles.
3. The right sacrospinalis muscle in position strengthened all of the weaknesses, indicating that when it was corrected, the iron would then be able to be dealt with by her body.
4. The weakness was corrected and two weeks later the blood test showed not even the slightest anemia.

HOW ENERGY SWITCHING OCCURS

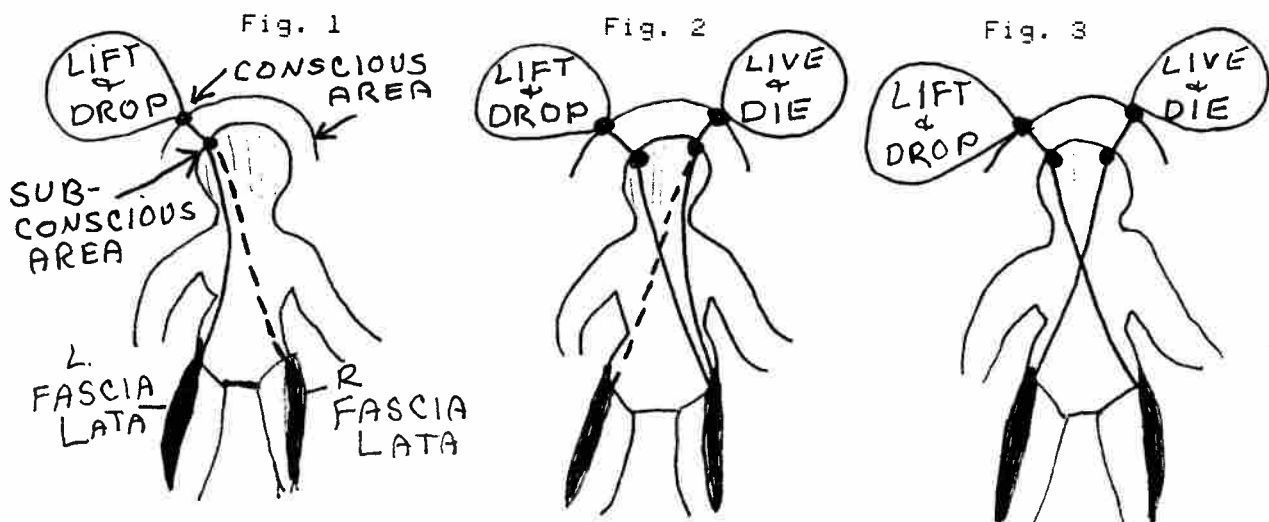
Our body's energies seem to be programmed. The main computer is constantly running two programs at once, the subconscious program and the conscious program.

The subconscious program runs the physical body. As the meridian energy lowers, the program rearranges energy flows to keep the physical body running as best it can for as long as it can, but it doesn't seem capable of resetting the not so

physical electromagnetic energies permanently to their proper state. As in the alcoholic syndrome, the program counteracts constantly to temporarily raise the energy and it seems to try to do this especially hard during a correction by resorting to coughing, a runny nose, burping, heavy breathing, pain, twitches, rumbling gastric juices, itching, passing gas, listening to far off noises, etc. Be aware of these things while you are testing and correcting.

The conscious program seems to regulate the mind which contains every imaginable thought. This program allows the individual the freedom to arrange the thoughts into various concepts. How well the conscious program works depends on how well the subconscious program is working. A thought from the conscious program doesn't lower the energy in an energy string unless the subconscious energy is shaky. The conscious program can also help the subconscious program when it needs to counteract a weakness by thinking of a specific (+) or (-) thought.

Let's assume that there are hundreds or more energy threads connected from different areas (cells, muscles, etc.) of the right side of the body to the left brain. There are also energy strings going from the left side to the right brain. Each energy string is supposed to be neutral containing balanced (-) and (+) energy. They attach to the subconscious area of the computer first and then



continue on to the conscious area. Each energy string at the conscious level is attached to a negative and positive aspect of a thought.

For example, suppose the left fascia lata tested weak and further testing showed that the upper part of the muscle was losing (+) energy and the left brain was losing (+) energy. (Ideally a body should not be losing any energy. To find out if it is, test a previously strong R. Lat. and touch your (-) fingertip on the testee's body (clothes are not a barrier) and retest the R. Lat. If it goes weak, it means that (-) energy is escaping from that area. The (+) fingertip will tell you if (+) energy is escaping.)

Figure 1 shows the energy string going from an area of the homolateral left fascia lata to the subconscious area of the left brain and on to the conscious area (solid line). The energy as it corrects shows us that the energy string switches from the left fascia lata and goes to the right fascia lata (dotted line). The conscious and subconscious areas do not switch.

Figure 2 shows that an area of the right fascia lata is homolateral and connected to the right brain (solid line). When the correction is made, the energy string will switch over and go to the left fascia lata (dotted line).

Figure 3 shows the connection between the fascia lata muscles and the brain in their ideal state.

OPPOSING THOUGHTS AND THE CONSCIOUS COMPUTER

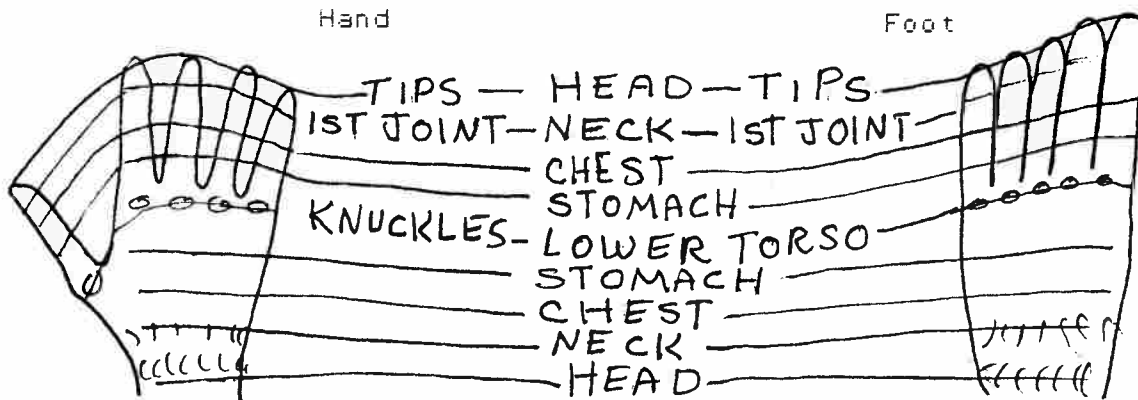
We have put a lot of work into connecting up the conscious thoughts with the subconscious area on their energy strings. This is because we find it easier to correct an imbalance by using thought as the stress even though the cause was a physical one. Many times when the energy strings tangle together and more than one priority surfaces to be done interspersed with each other, it is easier and quicker and just as thorough to change thoughts than to keep finding, changing and pause-locking muscles.

Every thought at the conscious level has an opposing thought with it and each of these has a (-) and (+) aspect. The greatest stress is to combine the thought with the phrase "I can" (which should test strong) and the phrase "I cannot" (which should test weak). We find that some of the words that the conscious program considers as opposites are interesting. Some are: grow/decay, sane/odd, command/beg, intimate/explain, nourished/withhold, think/memorize, invent/imitate, satisfy/jealous, rebel/approve, choose/dominate, seizure/organized, grateful/angry, and rape/fortify. There are many shades of thought around a particular conscious area, but there is always only one major thought that corrects the many shades.

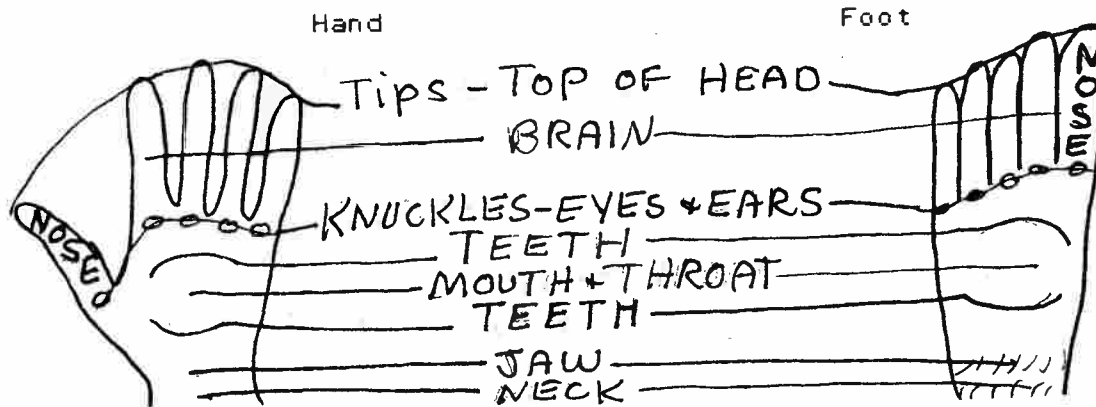
MORE ON THE FIVE BODIES

Last year we wrote about how we have five identical energy bodies (arms, legs and torso) and how they are always borrowing from each other as we move when under stress (T.F.H. Journal 1986). We have experimented more with the wrist, hands, feet and ankles since they contain the same energy as the head and neck. We have found that pressure in these areas especially at the joints give us a quick way to tap into the subconscious and conscious program to find the priority area needing to be fixed. All of the joints can be manipulated by a push or stretch except the tips of the fingers which we press. Some of the joints can be rotated in both directions stopping on all four sides and these joints have ten possible movements. Most of the muscles in the body can be found to be connected to a movement on a joint, but more specifically, they put us in touch with zones of energy in the body. When a person is weak, we can always find an area on the feet, hands, wrist or ankle that can be pressed, pushed, or stretched that will totally tighten or counteract the weakness. This tells us where to go to correct.

Each hand/wrist and each foot/ankle contain the whole torso twice.



Looking at the hand of foot as a head, we have found that they contain every part of the face and head. A general outline follows:



These zones have given us a better idea of how all of our energies intersect and why a stuffy nose can be caused by a thumb injury (lung meridian) or a big toe (liver/spleen meridian) injury. The thumbs and big toes are the same energy as the nose in the five body switching circuits.

Example 1:

If pressure on the left hand, 2nd finger at the 4th joint (knuckle) tightens a weakness, I know that a lower torso muscle in one of the five bodies that is on the large intestine meridian is the one to fix. It is the left fascia lata muscle on the subconscious program and either the word lift or drop on the conscious program.

Example 2:

If pressure of the left hand, 3rd finger (circ/sex meridian), 4th joint tightens a weak muscle, I know it is the left piriformis and the thought is either invisible or see. Invisible is where estrogen imbalance show up and can be corrected.

HOW THE ENERGY SHIFTS DURING A CORRECTION

If a tester was to begin a correction to the left fascia lata, there would be nine possible areas where the body could want the corrections to start. They are all on the main body as follows:

- Area 1. Front of Torso (below clavicle)
- Area 2. Back of Torso (below neck)
- Area 3. Left side of Torso
- Area 4. Right side of Torso
- Area 5. Back of Head and Neck
- Area 6. Front of Head and Neck
- Area 7. L. side of Head & Neck
- Area 8. R. side of Head & Neck
- Area 9. Top of Head and Bottom of Torso

To find out which Area wants to be fixed first, test a strong R. Lat. while alternately pointing the (-) and (+) fingertip toward the above areas. Point from a distance of about three to five inches away

from the body. (The table under the testee's back is not a barrier for this energy). The weak area is the place to start. If all of the areas are weak, it is a total blowout. Do a fixation correction, etc. to stop the blowout.

There is usually only one primary area. In some cases you may detect more than one Area losing energy, but these would be other blockages waiting their turn to be primary. The priority weak area will be the one that tightens when you put pressure on the subconscious program (L. fascia lata) or the conscious program (thought) while testing the Lat.

For every energy loss from an Area, the body tries to counterbalance it by drawing in energy but it can never quite do it 100%. It draws in from anything around it (people, wood, plants, air, furniture, etc.). An indication of how severe the energy loss is would be determined by how many areas of the body are drawing in energy.

Because of skin contact, the testee draws first from the tester. If more energy is needed the testee will draw in at more areas around the body in the following order:

1. Bottom of the Feet
2. Back and front of Legs
3. Sides of Legs
4. Back and front of Torso
5. Sides of Torso
6. Front and back of Head
7. Sides of Head
8. Top of Head and underneath Torso

The details regarding corrections are too lengthy for this paper but there is some general information. As each Area is corrected, the main energy loss moves to the next Area until all areas are corrected. The corrections require (-) and (+) corrections from the muscle to each side of the brain from both sides of the body. While correcting you can test to detect the energy switching back and forth from one area of the muscle to another area of the same muscle and sometimes to another area of another muscle.

Not all Areas need to be corrected on people with minor imbalances. Horrendous imbalances seem to occur when the energy strings are intertwined with a large number of other imbalanced strings. We can determine that this is occurring when the Area loss follows no definite pattern, by the type of correction that is called for and also by the physical and mental symptoms of the testee and tester. Each correction must be checked for counteracting, conscious control (T.F.H. Journal 1985) and energy drawing from the tester. When the correction is completed, no muscle movement, thought, food, or environmental factor will weaken the energy in that particular area. ■