

## Reactive Chakras

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This a powerful technique that we teach in the HITW (note 1). We want you to have the benefit of it before taking that workshop. We know one muscle can 'turn down' another (or several) muscle(s) - we call this reactivity. In the same manner, one chakra can be the strong reactor and other chakras can be reactive to it. We use a finger mode to expose this situation. Fingermodes (note 2) are just another way of asking the body questions and in our opinion involve less testor bias than verbalizing (or mentally framing) a question.

**Mode:** Index finger over thumb nail, with hand over the head.

### Testing:

1. Put the Reactive Chakra mode in circuit. Will now have a weak Indicator Muscle (IM).
2. Circuit Localize (CL) the chakras to find which one will strengthen the IM. This is the strong reactor chakra.
3. Now put that 'CL + IM' into circuit (strong IM).
4. CL the other chakras to find which are reactive (IM goes weak).
5. Find emotion, using 5-Element or Behavioral Barometer (note 3),

### Correction:

1. Take the strong reactor out of circuit.
2. Focus your fingers on both the strong and the weak chakras simultaneously. (if there is more than one weak one find the priority and do this first.)

### Challenge:

1. Put the former strong reactor Chakra back in circuit and check to see all reactives have now cleared.
2. Check the emotion is clear also. (If not, hold FrEM.

### Notes:

1. HITW is the South Pacific, "Health and Integration Tutors' Workshop."
2. Fingermodes were rediscovered by the late Dr. Alan Beardall and popularized in the One Brain Basic and Edu-K Adv. workshops. Their use has been extended in the HITW to give a total TFH priority system.
3. The Behavioral Barometer is a balancing tool from 3-in-1 Concepts, Burbank.