Keep a Positive Attitude to be a T.F.H. Instructor by Vicki Fletcher

"As he thinketh in his heart, so is he." Thinking on that which is positive is "According to your faith", Jesus vital. told two blind men who asked for sight "let it happen to you". It happened for them because they had a positive attitude and believed. Do we work toward the goal of being a successful T.F.H. Instructor with confidence and vigor, not a doubting or drifting willy nilly? Think a goal negative and get negative results. Think positive and get positive results. Doubts are traitors that make us lose what we might win if we didn't fear to let go.

Here's what could happen to us. Maybe after completing a program or because of not completing a program, we could feel inadequate. Why not try this approach. Whenever confronted with seemingly negative situations, consider the good that will come from our responding resourcefully in such situations.

In Corinthians we read "For if the readiness is there first, it is especially acceptable according to what a person has, not according to what a person does not have. For I do not mean for it to be easy for others, but hard on you; but that by means of an equalizing your surplus now might offset their deficiency, in order that their surplus might also come to offset your deficiency, that an equalizing might take place. Just as it is written "The person with much, did not have too much, and the person with little did not have too little.'" 2Co. 8:1

Let's concentrate on our strengths instead of our weaknesses. And if we are deficient lets be willing to accept a little help from our friends, if we have a little extra, lets give it away. We are a team. So let's stick together so that this equalizing can happen, and everyone gets their needs met.

Are we excited about T.F.H.? Of course we are, but, how much we are willing

and ready to let go and give away has a lot to do with how much we will have to give in the future.

I enjoy collecting quilts, especially those made before the 1900's. Some women would take advantage and use sugar sacks and old clothing, and because of their readiness they put together a masterpiece out of what another person may have chosen to throw away. Maybe it took some equalizing with a friend who had a surplus or maybe it took a little extra quilting to offset the deficiency. And then after all that work they often times just gave it away as a gift and, looked forward to going on to the next masterpiece.

What do you think would have happened if she kept them all for herself? Or made them just for financial reasons? Let's concentrate on giving, because what's next is going to be better. Let's focus on how we can make a difference right now, and in the future, which will be a lot more fun.

Todays quilts are very beautiful. But, I miss a little of the resourcefulness. And the abundance of choices can be overwhelming enough to keep us from ever making a commitment. Quickly, lets get back to basics, use our resourcefulness. Stop becoming overwhelmed by our imperfections which can overwhelm us into not making commitments or stifle our creativity.

Very simply, lets all become quilters, the pieces are all together and the pattern is clearly visible, now is the opportunity to come together and help the designer make it complete. We have everything we need to make this goal into a masterpiece. If we let our doubts stop us or are not willing to work on improving our skills or use the materials at hand, we'll never complete our projects. Let's be resourceful and be committed and remind ourselves that we do not have to

Touch for Health International Journal, July 1988

be everything to everybody. Let's cultivate abundance so we can offer what we have to someone with a deficiency.

So in order to keep a positive attitude as an instructor we must give it away.

Give away what you have in abundance, making space to accept what you need to keep it. Our keeping a positive attitude as a T.F.H. Instructor has a lot to do with our readiness to give.