

The More Mode

ST + PE Finger Pads to Thumb Top

an optional TFH 3 technique

by Bruce Dewe, MD

One of the questions that students frequently ask is

"How do I know if I have rubbed the neurolymphatic long enough?"

Using a special finger mode can give the answer quickly and easily. Finger modes are like a shorthand language that enable muscle testers to communicate with the bio-computer without asking questions out loud. They function as a universal tactile language. Finger modes were introduced to kinesiology by the late Dr. Alan Beardall of the USA and have been developed into a complete biological-computer database by Dr Bruce Dewe and his wife Joan Dewe, MA. This is taught in the Professional Health Provider (PHP) program from which the following material is taken.

Two chiropractors, Dr. Franks and Dr. Cohen, developed this basic mode. The pad of the middle finger (known as the PE or personal ecology finger) is placed on the thumb nail and the pad of the index finger (known as the ST or structural finger) on the nail bed. Change in an indicator muscle will now show that, "Whatever you are doing, more is needed." The mode has been further developed by Andrew Verity and Don Viney to show whether it is "more of the same" or "something else needed."

Example:

1. Correct a weak muscle with NL. Now it test strong
2. Check the "More Mode." Indicator Muscle (IM) change = more is needed

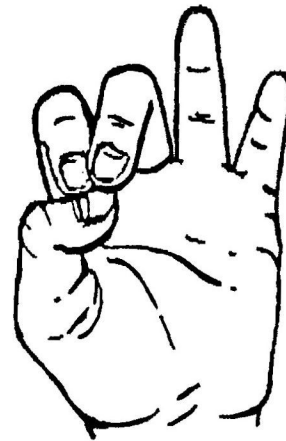


diagram by Marty Hildreth, Iowa

3. Lift one of the fingers off the thumb.
 - (a) With only structure finger only on, IM change= more of same needed
 - (b) With PE finger only on, IM change = more needed, but a different correction

Memory Peg:

ST finger only = more of **Same**

PE finger only = more of something **Else**

Dr. Dewe's 1989 update. You may photocopy this for your students to paste into their TFH Green Books.