Linking Human Physiography with Neurolinguistic Programming

by Kerryn Rowe

Physiognamy is the study of the facial structure. Human Physiography is the study of the complete human structure, and the psycho spiritual correlation of those structures. It addresses the levels of conscious, subconscious, and the body. The key to the work is objective assessment to incur an understanding instead of a judgement. (usually based on reaction).

Neurolinguistic Programming is the study of brain patterns programming behaviour through which we communicate.

Bandler and Grinder formulated the definition as the ability to consciously access appropriate states of response regardless of emotional content.

Functional versus Reactional

The commonality between the two models is: change vs. analysis.

We spend a lot of time analysing situations and ourselves without actually changing anything. NLP and Human Physiography give you the key to an instant change of state and understanding of how to do it.

How to fit the conscious behavioural facial characteristics to the subconscious language patterns.

In other words: Certain trademarks of the face give us the clue to the conscious behavioural patterns and the language that we speak reveals the subconscious.

Human Physiography

A concept developed by Kerryn Rowe and Robbi Zeck. They wanted to develop the work of structure function and physiognamy to encompass the complete human being as a way of communicating its essence. The real philosophy behind this work is to go beyond the constraints of the physical by understanding them to access the spirit of the person within an instant. To clear the prejudices that hold us from experiencing the beauty of the human.

Prejudice is based on differences and differences are perceived in the subconscious translating into the conscious thus behaviour takes place of truth.

The body reveals its own geography in its structure and particular landmarks resulting from our individual genetic typing and our personal life experiences. The outer proportions of the face and skull and general skeletal structure give a clear indication of the role of the brain function in our behaviour and reactions to life.

The two factors with which we work in human physiography are:

1. The foundation genetic structure

2. How life experiences can alter these structures.

Knowing our own physiography, provides the opportunity to build on the genetic strengths of character we have already. This enables us to create more useful behaviours where there are areas of stress or misunderstanding. The most important thing we all want is to be acknowledged, understood and loved for who we are when we are in our truth. How can we recognise when another human is in their truth? Choice overcomes genetic behaviour.

CHOICE COMES FROM KNOWLEDGE.

CHANGE COMES FROM CHOOSING.

This knowledge puts you in touch with your genetic blueprint, your true and highest self. These insights allow you to see beyond conditional belief systems about whom we should love and how we see ourselves. By understanding your own trademarks, you become responsible in communicating yourself effectively.

To be able to enter someone else's reality and speak to or through their genetic blueprint, speaking without judgment is personally empowering for you and this special person. Use of the trademarks brings the gift of perceived and creatively expressed individuality, bringing more joy and harmony into the world around us.

Looking in the mirror and at other people will become a wonderful adventure, a recognition of who you truly are and the ability to communicate the truth of yourself to others.

Human Physiography divides into 3 parts.

The Conscious – Face Value 1: The Visual Perceptions we have when we look at some ones face. The Trademarks (read structures) we have chosen are consciously communicated behaviours. We know when we are feeling and doing these behaviours. It is not hidden from us, and sometimes we hope it is hidden from others.

The Subconscious – Face Value 2: These are trademarks which have been changed by the experience of life. How our subconscious deals with pain and joy and how and why we look different from when we did before. We combine these aspects with the language pattern modalities based on the NLP model with the trademark behaviours. More emphasis is placed on being able to construct the trademarks together to give us the complete picture. For example we are not just our nose, are we ?

The Body – Bodyography: Focusing on the energy patterns and nutritional needs of the different body types. We explore the psychological structural and genetic factors which create the differences in our physiology. Understand how you communicate externally with your physical body and know your glandular and planetary orientation and needs.

Let us look at the Subconscious aspects where the trademarks come together with the language. Is there a structural correlation between how we look and the language we speak. We believe there is.

Both systems are comparable
One is visual and learned – Face Value 1
The other auditory as a language – NLP

Marrying the two models you have a complete model of understanding.

THE CONSCIOUS

What you see in the face.

THE UNCONSCIOUS

The response or reaction to the trademarks.

The subconscious rearranges our trademarks according to our perceptions of life experiences.

NLP – Joins the unconscious to the conscious to create rapport between the two.

THE PHYSIOLOGY

The body communicates as the message of the mind.

Congruency between Conscious and Subconscious allows the body to convey this connectedness. When the physiology truly communicates the message of the mind the person is completely standing in their own truth and we know it.

Face Value 1 gives us the conscious visual perceptions and behaviours. – Known by us and not always by others

Face Value 2 gives us the subconscious perceptions of life experience and the NLP language. – Known by others and not usually seen by us.

The NLP Language

The language of NLP is broken into four major components:

The Visual – uses language relating to what they see. Process communication in their heads.

The Auditory – uses language relating to what they hear and how those sounds make them feel.

The Kinesthetic – uses language relating to how they feel

The Auditory Digital – uses language relating to what they tell themselves,
and they love the use of language.

Where Do They Connect?

Can I expect a person with very low bushy eyebrows who is a massage therapist to speak in a high voice and speak quickly as a visual would do?

Can I expect a beautifully dressed woman with immaculate makeup on our first meeting to come over and shake my hand and pat me on the back and speak with a deep voice as a kinesthetic would do?

Connecting Them

Examples of Language Channel and
    Conscious Trademarks:

Visual words – see, shown, look, bright, dazzle, sunny, clear, dim view, open, dull.
Trademarks – Vertical forehead full frontal eminences high eyebrows large top lip.

Auditory words – sounds, bell, ring, tinkle, sound effects, grated, bang, talk, hear.
Trademarks – fast back forehead, half moon eyebrows, eyes close together.

Kinesthetic words – cool, fuzzy, hot, comfy, grasp, handle, full, feel, jumpy, sense.
Trademarks – low eyebrows, eyelids, systems orientation, full bottom lip, broad face.

Auditory Digital words – consider, evaluate, solution, problem, meaning, objective.
Trademarks – epicanthic fold, eyes close together, convex nose, flat cheekbones.

There are also many of the subconscious trademarks that apply and many specific body physiologies that connect to the language. The language we speak is something we automatically do and why do we? Where is it programmed into our subconscious to speak the language we do? Expect genetically that parents, or at least one will have the same NLP language pattern as their child. Is this connected to the Trademarks? Which comes first in our development ?

The Trademarks we believe dedicate the language we speak. It is the subconscious aspect of ourselves that is corroborated back to the structural trademarks.

We are in the early days of researching this phenomenon and the courses we teach we invite each group to contribute to the list and by correlation we should get an average mean and begin to monitor and prove the correlation.

There are many ways to process this information through experiential techniques we have devised.

The Reason

Why do we want to know all this anyway?

We are not interested in how people look.

We are interested in who they are and to be able to honour their truth as we would like ourselves to be honoured. Any of you who have worked with this system though the Kinesiology of 3 in 1 and have made it a passion know what we mean.

However the more models we learn to stereotype ourselves the more boxed in we become. How your genetic inheritance affects your life may not be to your highest spiritual advantage if you cannot look beyond the lessons we learn in life. You are not your physical, emotional or mental body. You are you. Importantly if other people cannot get past the way you look they will never know you.

Going beyond this work is where we need to be just to be us in our truth connecting though our spirit back into the physical emotional and the mental as a medium to communicate our "humanness."

Our responsibility is to know ourselves and communicate through it to others and facilitate those we can to get to their own truth. Knowing and understanding human physiography can change your pattern of behaviour and change your face. The way you feel can change the way you look.

❖　❖　❖　❖　❖

You are now 100% responsible for your life!

❖　❖　❖　❖　❖

For further information Kerryn Rowe may be reached at

113 Cape St., Heidelberg, Melbourne, Victoria, 3084, Australia

phone: (61) (3) 457-6127
FAX: (61) (3) 458-4946