What Every Kinesiologist Should Know About Geobiology

by Jimmy Scott, PhD

Our work as Kinesiologists is to balance and correct energy structures. Geopathic energies can disrupt the natural energy structures of both living and non-living things. Geopathic energies will un-do our work, meaning that our energy corrections/balancing will not be permanent and that client improvement will not last. This is equally true for the physical, mental, or spiritual bodies. For the most effective work, the Kinesiologist must be aware of this possibility and learn what to do about it. Even if you as an individual Kinesiologist do not care to learn how to correct these environmental energies, to be fully professional in your work you must be aware of the possibilities and where to find appropriate help for your clients.

Geobiology:

- 1. The study of the nature of a wide variety of environmental energies and their effects on living entities.
- 2. The study and practice of the techniques for detecting environmental energies.
- 3. The implementation of a variety of corrective measures for neutralizing, blocking, or transforming geopathic energies.

Geopathic Energies:

- 1. Energies which are detrimental to life, whether human, plant, or animal.
- 2. Naturally occurring, deleterious earth energies.
- 3. Naturally occurring benign earth energies, distorted and rendered harmful by modern construction methods.
- 4. Electromagnetic pollution.
- 5. Localized deleterious psychic energy.

Suspect geopathic energies when:

- 1. Trees grow at an angle or in a spiral.
- 2. The people who live in a home or office are consistently ill. Often many things help, but not permanently.
- 3. Stationary machinery repeatedly breaks down.

- 4. Inexplicable cracks appear in a building, sidewalk, pavement, or retaining walls.
- 5. The basement is moldy but there are no water leaks. (Water can rise on geopathic currents.)
- 6. Paint peels or requires frequent maintenance.
- 7. Plants or pets get sick or die.

General Characteristics of Geobiologic Energies

Our universe is electromagnetic. Everything, whether organic or inorganic, animate or inanimate, is made of atoms, sub-atomic particles, and waves of energy which are electromagnetic in nature. In centuries past, our ancestors were cognizant of energies radiating from the earth (telluric energies) and from the sky (cosmic energies). They knew how to locate, avoid, and manipulate these energies, and they called this art/science 'geomancy.' They knew how to construct buildings and earthworks that would alter these energies, both for good and for ill, and to stimulate or sedate. The traditional Chinese discipline, feng shui, is another, related, system of manipulating the energy of a home or office for the benefit of those who use it. In the 20th century, the ancient art of geomancy is appearing with a new name: 'geobiology.'

Geobiologic energies have traditionally been detected by dowsing with rods or pendulum. Certain people are also able to perceive these energies directly, without any sort of tool. In Health Kinesiology classes we teach the use of muscle-testing instead of dowsing tools to detect energies. It is interesting to consider that many animals base their homing instincts and patterns of migration on geobiologic energies. Geobiologic energies are both subtle and variable. They can vary with the season, time of day, temperature, aurora activity, solar activity such as solar flares, changes in earth's magnetic fields, lunar cycles, and larger cycles in the solar system and beyond. Geobiologic energies often change when the

ground is disturbed by excavation, construction, or seismic activity.

We describe the specifics about geobiologic energies in the HK Geobiology Course Manual. For now, here are some of the general characteristics of these phenomena. They can be man-made or natural. Some are associated with water, others with stones, still others with electromagnetic devices. Some are linear, others are more contained forms. Some energies flow in a line, others spiral or are static, pulsating, or undulating. They can revolve in either a clockwise or counterclockwise direction. The flowing energies can exhibit variation in their flow in response to the sun, seasons, temperature, etc. Their flow can be coherent (smooth and harmonious) or turbulent (chaotic and disturbed).

Geobiologic energies can be shaped like a point or circular area, a line, or a wall. The linear energies can flow within the ground, above the ground, or at an oblique angle -beginning in the ground and extending diagonally upwards through the air. They can have an electrical charge which is positive or negative, strong or weak, steady or fluctuating. In short, they can have an almost infinite range of qualities.

Resonance

According to The Concise Oxford Dictionary resonance is "a condition in which an object or system is subjected to an oscillating frequency close to its own natural frequency." As with many dictionary definitions, this one is not adequate since it neglects to mention that when exposed to its natural frequency, the system or object will vibrate sympathetically, sometimes to the point of breaking.

Everything has its own natural frequency, a rate of vibration with which it is in harmony. This is the resonant frequency. When a wine glass is rubbed on its edge with a wet finger it vibrates, producing a musical tone. Each individual glass has its own tone, its own resonant frequency, according to the size and shape of the glass and the type and thickness of the glass material. You have seen the demonstration a singer hits a specific loud

note and the glass breaks. When exposed to its resonant frequency sounded sufficiently loud and long, the glass shatters. When two objects are in resonance the maximum energy transfer occurs. When the singer sings in resonance with the glass, it absorbs the sound energy. If more energy is present than the glass can absorb, it's molecules vibrate more and more wildly until they cannot remain in their crystalline matrix and the glass breaks apart. In The Cancer Cure that Worked, we learn that Royal Rife helped cure people of cancer and other diseases by pinpointing the resonant frequency of the disease organism and using colored light with the same resonant frequency to shatter the disease organism.

You can easily demonstrate resonance with a piano. Slowly depress the middle C key, making no sound at all. Now strike the C one octave lower. Make it loud and short. Listen to what you hear. It's the middle C quietly humming. Why? Because it resonates with the low C. In fact, middle C is one of the "overtones" (harmonics) of low C and is actually contained within the low C sound. Depress the middle D key and strike low C again. This time nothing sounds because the D does not resonate with the low C.

Resonance has to do with vibration in any part of the electromagnetic spectrum. All geobiologic energies have their own frequencies, as do our own bodies and internal organs. When our internal systems resonate with external energies the results vary. Sometimes we are stimulated, sometimes calmed. Sometimes we hum along with external energies, like the middle C, and sometimes we shatter, like the wine glass. The shattering is what we are especially concerned with in Geobiology.

The human body often shatters surreptitiously, cell by cell, resulting eventually in illness or impaired healing abilities. Since everyone has their own unique pattern of resonant frequencies and overall level of wellness, different people vary in their susceptibility to specific geopathic energies. With the advent of widespread, technologically generated, electromagnetic radiation and modern construction techniques,

geopathic energies are much more of a concern now than in previous centuries.

It is possible to neutralize existing geopathic energies and to plan new construction so as to minimize geopathic effects and enhance positive geobiologic effects. The purpose of this class is to help you begin to do just that.

The HK Geobiology Session

Compared to a Dowser's Session

Dowsers have traditionally done geobiologic work, or geomancy. HK recognizes many of the same geobiologic energies as do the dowsers, and some of the corrective measures we use originate within the dowsing tradition. There are a few key differences between the way the dowser and the Health Kinesiologist do this work, however.

HK practitioners begin geobiology sessions by HK Meridian Energy Balancing both themselves and their client. This maximizes the accuracy of the testing session.

Most traditional dowsers work on-site to do geomancy, although they use map-dowsing when studying very large areas. When you are physically present in geopathic energies, they can confuse your dowsing results. For this reason a traditional dowser doing on-site work can miss or misinterpret certain geopathic energy effects. HK consultants typically do geobiology sessions in the office. They work from a precisely drawn floor plan of the home or office in question. To gather information, they use kinesiology rather than dowsing with rods or pendulum by muscle testing an individual who is well energyacquainted with the space. This way minimizes the confusion that can result from testing while within the geopathic place itself. Also, traditional dowsers must, themselves, know the various energies. If they do not know about an energy they may overlook it. In HK, we test a person who lives or works in the space, we keep working as long as our testing indicates there is still another energy affecting that person. In other words, as long as there is an energy affecting our client, we can work on it, whether or not we personally are familiar with that energy. Keep in mind, however, that the more energies the

practitioner can detect and recognize, the better and easier the job will be.

Traditionally, dowsers have certain neutralizing techniques that are used with particular geopathic energies. Another important difference in the HK approach is that we are not concerned with matching a particular correction with a particular energy. Instead we take stock of the overall energy configuration and draw from our entire list of corrective measures to create the most effective energy modification.

Doing the Work

The most common way that the experienced HK geobiology consultant works is to simply map out the corrective measures with details of how to apply them. It is only for the edification of the client, or for our own energy-identification practice, that we actually map out the geopathic energies in a place. Depending on the type of correction used, energy can be reflected, blocked, transformed, or neutralized.

The goal of geobiology is to leave the space energy-beneficent for all who live there, whether human, plant, or animal. We also take into account the surrounding environment when we work. We do not deflect geopathic energies into someone else's home or office. This is particularly relevant when energy-correcting an apartment or office suite. In fact, when possible, we find it preferable and easier to adjust the energy in an entire building, rather than in a single apartment or office within that building.

Types of Geobiological Energies

Geobiologic Energies

Black Line: 4 Types
Black Water: 4 Types
Curry Network
Electromagnetic Fields
Energy Cloud
Energy Column: 4 Types
Energy Drain
Energy Vortex:
Clockwise
Counterclockwise

Hartmann Grid

Ionizing Radiation (radioactivity)

Man Made:

Construction Lines
Ley Lines & Circle Lines
Other

Paranormal

Schumann Waves:

7.8, 14.1, 20.3, 26.4, 32.5 Hz

Water, Water Lines, Water Domes Other

Energy Characteristics

Electrical charge may be:

+ or or 0. high or low intensity. steady or fluctuating.

Energy may:

flow or be static. change direction in complex ways.

Energy flow may be:

linear, counterclockwise / clockwise, spiraling.

pulsating, undulating, or oscillating in any direction.

coherent (harmonious, smooth) or turbulent (chaotic, disturbed). into or out of the ground at any angle. underground, above ground, or both.

Summary of Health Kinesiology's Methods of Balancing, Correcting, & Neutralizing Geopathic Energies

For the Environment

Aluminum (paint, foil, sheets)

Artwork, Forms, & Symbols 2-Dimensional, 3-Dimensional

Coils (copper spirals)

Construction

Crystals

Feng Shui

Light, white or colored

Magnets

Metal Plates, galvanized

Mirrors

Photographs

Plants

Proprietary Devices

APOPI Spheres, Cosmic Batteries

Schumann Wave Generators Other

Rods

Walls, Floors, etc. Color / Texture

Structure / Shape / Placement

Wire

For the Person

APOPI Spheres

Cosmic Batteries Gizmos

Life Transformers:

Protection from Geopathic Stress Psychic Protection Others

Schumann Wave Generators

Tape Head Demagnetizer
Other Proprietary Devices

Selected Readings

These references are only some of the English language materials available. Considerable further information is available in French, especially, and German. A more complete listing is available in Health Kinesiology's Reading List and in the Geobiology Course Manual.

Bailey, Arthur, Dowsing for Health Quantum, Berkshire, 1990, ISBN 0-572-01560-7

Becker, M.D., Robert O. Cross Currents Jeremy P. Tarcher, Inc., Los Angeles, 1990, ISBN 0 87477 536 1

Becker is a pioneer in using small magnetic or electric currents to promote healing and studying the effects of electromagnetic fields on life.

Bird, Christopher *The Divining Hand* Dutton, New York, NY, 1979, ISBN 0-525-09373-7

Superb survey of dowsing and its history. The new edition is now available.

Brodeur, Paul Currents of Death Simon and Schuster, New York, New York, 1989, ISBN 0-671-67845-0

Coghill, Roger *Electro Pollution* Thorsons Publishing Group, Wellingborough, Northamptonshire, 1990, ISBN 0-7225-2307-6

Fidler, J. Havelock *Earth Energy* Aquarian Press (Thorsons), Northamptonshire, England, 1988, ISBN 0-85030-681-7

Retired scientist's careful investigation of Ley Lines. Superb book on scientific procedure, too.

Girdlestone, B.Sc., Rodney Electro Stress England, 1990, (no ISBN)

Graves, Tom Needles of Stone Revisited Gothic Image Publications, Glastonbury, Somerset, 1978, ISBN 0-906362-07-5

Graves, Tom & Janet Hoult *The Essential T.C. Lethbridge* Routledge & Kegan Paul Ltd., London, England, 1980, ISBN 0-7100-0396-X

Heselton, Philip The Elements of Earth Mysteries Element Inc., Rockport, Maine, 1991, ISBN 1-85230-228-3

Howard, Michael Earth Mysteries Robert Hale Ltd., London, England, 1990, ISBN 0-7090-3933-6

Lethbridge, T.C. The Power of the Pendulum Arkana, Penguin Group, London, England, 1976, ISBN 0-14-019046-5 One of the best dowsers ever. Must read his works.

Lethbridge, T.C. The Legend of the Sons of God Penguin Group, London, England, 1972, ISBN 0-14-019262-X

Lonegren, Sig Spiritual Dowsing Gothic Image Publications, Glastonbury, Somerset, 1986, ISBN 0-906362-06-7

Mann, Ph.D., W. Edward Vital Energy & Health Houslow Press, Toronto, Canada, 1989, ISBN 0-88882-112-3

Mermet, Abbé Principles and Practice of Radiesthesia Element Books, Ltd., Dorset, England, 1987, ISBN 1-85230-007-8

A pioneer in use of the pendulum. One of the best dowsers ever. His work was officially approved by the Pope. First published, in French, in 1935.

Merz, Blanche *Points of Cosmic Energy* The C.W.Daniel Company Limited, Great Britain, 1987, ISBN 0-85207-194-9

Pennick, Nigel & Paul Devereux Lines on the Landscape, Robert Hale Inc., London, England, 1989, ISBN 0-7090-3704-X

Pennick, Nigel The Ancient Science of Geomancy Thames and Hudson Ltd., London, England, 1979, ISBN 0-500-27215-8

Smith, Cyril W. & Simon Best *Electromagnetic Man* Dent & Sons, London, England, 1989, ISBN 0-460-04698-5

Up-to-date review by a physicist of the electromagnetic effects in our world.

von Pohl, Gustav Freiherr Earth Currents: Causative Factor of Cancer and other Disease Frech-Verlag, Germany, 1987, ISBN 3-7724-9402-1

Walters, Derek *Chinese Geomancy* Element Books Limited, Longmead, Shaftsbury, Dorset, 1989, ISBN 0-85230-058-2

Watkins, Alfred *The Old Straight Track* Abacus, London, 1990 (originally 1925), ISBN 0-349-13707-2

The original book about Ley Lines.

Watkins, Alfred *The Ley Hunter's Manual* The Aquarian Press, Wellingborough, Northamptonshire, 1989, ISBN 0-85030-894-1

Wethered, Vernon D. An Introduction to Medical Radiesthesia and Radionics, C.W. Daniel Company, Ltd., Essex, England, 1957, ISBN 0-85207-109-4

Radiesthesia uses a pendulum for dowsing. He also discusses geopathic stress. Notice the date of publication.

Geobiology Glossary, Selected Items

These items are selected from a larger Glossary included in the HK Geobiology Course Manual.

BLACK LINES: GEOPATHIC energies flowing along or above the surface of the earth in a specific pathway. These are not LEY LINES, CURRY NETWORK LINES, or HARTMANN GRID LINES, though they have some similarities in that the energies can reverse direction, the energies have a CHARGE, etc. There are

probably at least four types of adverse black lines.

BLACK WATER: GEOPATHIC energies emanating from certain (but not all) underground water. The energies appear to be more intense when the water is 1) flowing faster, and 2) when the water is changing strata rapidly. There are probably at least four types of adverse black water energies. They tend to flow directly up out of the ground or down into the ground.

CURRY (NETWORK): A global network of energy lines which run diagonally to the poles, e.g., northeast-southwest and northwest-southeast. The distances between lines can vary but is commonly 24 to 26 feet (8 meters). The lines tend to alternate direction of flow and electrical charge, both with adjacent lines and over time. CURRY line crossings can be particularly adverse. See GEOBIOLOGY.

pegauss: Gauss is one unit of magnetic field strength. To de-gauss, then, means to de-magnetize. A Tape Head Demagnetizer is traditionally used to demagnetize the recording heads on tape recorders, but is used in HK to help desensitize a person to ELECTRO-MAGNETIC fields. Doing so is only temporary and is not a correction. Also, it is not the case that the person is magnetized and we are de-magnetizing them! It is only that the strong alternating magnetic field produced by the degausser causes the energy system to be less sensitive for a while.

current is produced any time two dissimilar metals are in an electrolyte solution. Metal fillings in teeth are good examples. The resulting currents are often stronger than the natural currents of the body and thus can cause great stress. HK has two methods of reducing or eliminating the effects of these currents. These corrections are part of the energy Control System Factor.

ELECTROMAGNETIC: There are four fundamental forces: gravity, strong

interactions (within the nucleus), weak interactions (within the nucleus), and electromagnetic. Thus, electromagnetic covers a very wide spectrum, ranging from very low frequencies (long wavelength) through heat and light to beyond gamma and cosmic waves (short wavelength). Power lines and audio frequency (from loudspeakers, not the sound itself) waves are very low frequency. Conventionally, however, the term is used primarily to refer to those waves produced by mechanical contrivances such as radio, TV, computers, power lines, etc. Whenever a person is in RESONANCE with an electromagnetic wave then the person absorbs energy from that wave. If the wave contains enough power, it disrupts the energy system of the person. Because the electromagnetic spectrum totally overlaps the energy spectrum of the person any electromagnetic field can be harmful to any person. That is why HK considers electromagnetic pollution the most serious problem on earth today. See DEGAUSS.

ELECTROMAGNETIC SENSITIVITY

TEST: Have the person touch bilaterally the points halfway between the stomach and spleen meridians at the level of St 24. (It does not matter who touches the reflex points, it is just that the Kinesiologist will be using both of their own hands for the testing). Simultaneously test an indicator muscle while moving progressively closer to the person an electromagnet field (EMF) source. The distance to the electromagnetic source indicates the person's sensitivity. Always use the same source, such as an electric (quartz, battery) watch. When the person's electromagnetic sensitivity is normal even a strong EMF source will not weaken them. A typical client will initially weaken to their own watch at a distance of 3 or 4 feet (1+ meter) or more.

stance which blocks the flow of energy is called an energy interrupter. Quartz crystals are probably the best known, but most crystalline structures also work. Aluminum, elm wood, and many other natural molecular structures will interrupt

or change energies. In most cases any given substances will affect only certain energies, not all. See GEOBIOLOGY.

- ENERGY PATTERN: An energy pattern is the characteristic array of energies associated with any given object, thought, or substance. Everything has its own energy pattern and so is distinguishable from everything else.
- ENERGY COLUMNS or SPOTS: An energy structure in the shape of a column. The energy may be static, flowing along the column up out of the ground, or flowing into the ground. If the energy is flowing in a spiral then the spot is called an ENERGY VORTEX.
- **ENERGY VORTEX:** An energy structure which has a spiral shape and has energy flowing along the spiral. A spiral shaped structure in which the energy is not flowing along the spiral is called a column or spot. If the shape of the spiral begins in the center and expands outward in a counterclockwise direction (viewed from the top) it is called a counterclockwise vortex regardless of which direction the energy flows within the spiral - from the center outward or the reverse. The energy may have a positive or negative charge, and may also flow into or out of the ground. Vortices occur in any combination of these four parameters, along with variations of size (diameter and number of turns in the spiral, width of pathway in spiral), intensity, and frequency. Depending on the various factors a person may experience many different sensations when exposed to a vortex. Most vortices range in size from 2 to 4 feet (60 to 120 cm) in diameter and usually appear in pairs with opposite direction spirals located perhaps an average of 15 feet (4.5m) apart. See ENERGY SPOTS, GEOBIOLOGY, COILS.
- GEOBIOLOGY: An ADJUNCTIVE FACTOR. There are numerous energies present on the earth, both natural and human-made. Since these energies may RESONATE with parts of our bodies they can affect us. GEOPATHIC energies are

- those which adversely affect someone by causing the person's energy patterns to break down, in turn producing severe physical and psychological problems. In the 1920's it was definitively demonstrated that most cancer was caused by certain geopathic energies. Thousands of cases have been documented of these energies causing any number of "diseases." HK recognizes some 20 different types of geobiological energy and utilizes numerous methods to neutralize their effects. In many cases the person cannot get healthy so long as they remain in the presence of geopathic energies. Geopathic energies can cause perfectly well done energy corrections to break down. Every health professional needs to know about geopathic stress.
- GEOPATHIC: Any GEOBIOLOGY energy which is harmful to a person, animal, or structure is called geopathic. It is very important to note that any given energy may be geopathic to one person and not to another (see RESONANCE). Duration of exposure and the exposure to other energies partly determine if any given energy is harmful.
- GIZMO: The Gizmo is a small disk-like proprietary device which is extremely effective in protecting people from certain ELECTROMAGNETIC fields. It also virtually eliminates the effects of jet-lag when worn while travelling. The device seems to be effective because it can correct the disturbance in energy SPIN caused by the electromagnetic fields. The manufacturer is located in British Columbia.
- HARTMANN LINES (GRID): These are naturally occurring lines of energy on the surface of the earth, Running north-south and east-west, they are spaced about 2m between N-S lines and 2.4m between E-W lines at moderate latitudes. Alternate lines tend to have positive and negative electrical charges respectively. These charges can change. Notice that where lines cross they can produce double negative charges, double positive charges, or one positive and one negative charge in the same spot. The direction of energy

flow along the E-W lines is toward the sun; e.g. in the morning the energy flows to the east, switching to west at local noon. The flow along the N-S lines is more complex and is not fully understood. The width of the lines also varies and averages about 29 or 30 inches (75cm). They are not necessarily geopathic. Natural or man-made structures can modify their direction, spacing, and flow. See CURRY LINES, LEY LINES, GEOBIOLOGY, and GEOPATHIC.

- IONIZING RADIATION: High (physical) energy level particles or rays (e.g., X-rays, cosmic rays, or gamma rays) can break apart atoms or molecules, forming ions. GEOPATHIC energies can include ionizing radiation. Obviously, if molecules within the body are ionized, physical damage has occurred.
- **LEY LINES:** See CURRY LINES, HARTMANN LINES, BLACK LINES, GEOBIOLOGY.
- product which emits specific energy patterns worn in order to support, and eventually help balance, people's energy in some particular issue. For example, there are LT's for Getting Unstuck, Overcoming Fears, Expressing Myself, Smoothing the Emotions, Psychic Protection, and many others. The LT for Protection from Geopathic Stress seems also to correct problems with the energy SPIN. People who wear LT's report great benefit.
- LIGHT: Light is energy. In HK we use light as an adjunctive factor and also for energy corrections. We might use white light, polarized light, ultraviolet light, or various colors, either on the entire body, some particular part of the body, the eyes, or any reflex point. Multiple combinations might be needed. Light and colors may be needed for GEOPATHIC corrections (in the environment).
- MAGNET: In a properly balanced and functioning muscle, the north-seeking pole of the magnet will weaken / unlock the muscle when placed over the body of

the muscle. This is probably due to the effect on the SPIN of the energy. The north-seeking pole forces the energy to spin clockwise and the south-seeking pole will force the energy to spin counterclockwise. Also, the magnetic fields will deflect the path of the energy flow. Furthermore, in the case of hand-over-the-navel the magnet can be placed over the body of any muscle and the indicator will still weaken / unlock, so this is always preferred. See MAGNET POLES.

- MAGNET POLES: In HK the terms south-seeking and north-seeking are used to describe which pole of the magnet is which. The north-seeking pole of the magnet will, if freely suspended, point toward the magnetic north pole of the earth. These terms are used because which pole of the magnet is called the north pole of the magnet varies by convention in certain countries, and so is confusing unless that information is known.
- MIRRORS: Just as mirrors reflect light they reflect certain other energies. In GEOBIOLOGY, then, mirrors can be used to reflect away adverse energies. Great care must be used to insure that these reflected energies do no harm elsewhere.
- PYRAMIDS: All shapes and forms have energy qualities, pyramids being no exception. They seen to be able to amplify energies, both adverse and beneficial. In GEOBIOLOGY we might find them useful but only after the adverse energies are under control, or else we might make things worse. Unknowledgable experiments with pyramids can be detrimental to the body's energy system.
- QUARTZ HALOGEN: Often a very white light is needed. Sunlight is the standard for white light but is not always available. Since glass does not transmit ultraviolet light very well, and due to other physical chemistry effects within the light bulb, a standard incandescent lamp does not produce very white light. A quartz halogen lamp is the whitest light available

inexpensively. Quartz halogen lamps are superb for use in color therapy.

RESONANCE: When two objects or energy systems vibrate at the same frequency they resonate. When one is vibrating the second absorbs energy from the first. They then tend to become synchronous, or vibrate in step with each other. At the resonant frequency is when the maximum energy transfer takes place between the two objects. See ELECTROMAGNETIC and GEOBIOLOGY.

SCHUMANN WAVES: These are five naturally occurring ELECTROMAGNETIC waves which humans need to have present. Many modern buildings block out or distort these waves and so contribute to GEOPATHIC stress. Installing a simple "antenna" for these waves can reduce the geopathic stress. Their frequency is very low: 7.8Hz,

14.1Hz, 20.3Hz, 26.4Hz, and 32.5Hz. NASA spacecraft have artificial Schumann wave generators on board.

SPIN: As energy flows through the system, it rotates or spins. A counterclockwise spin is calming, relaxing, (and usually) balancing. A clockwise spin is stimulating, exciting, (and often) unbalancing. The direction of energy flow is not related to the direction of the spin, and these are often confused. MAGNETs, GIZMOs, and certain LIFE TRANSFORMERS, all can affect the energy spin, as can HK meridian energy balancing. Note that the balancing tap is done in a counterclockwise direction and that the HK sequence is in a counterclockwise direction around the navel. Spin corrections are part of the energy control system procedures.