

Knowing How to be Legal

by Marguerite Murray

This is not a paper on avoiding lawsuits. With the overabundance of lawyers looking for work in America, and given the attitude of most people, we will always have that threat. This is how to diminish the threat by knowing who we are, how we fit into the wellness care picture, and how to make agreements. It is about making ourselves defensible if the threat arises.

We are people who use the Empirical Model of the body and the Self Responsibility Model of the personality. As this, we use kinesiology to ascertain the highest good of the person at the present moment and achieve it through muscle testing and corrections. We are people who set goals to move forward. We are people who allow the body to request the correction and honor it by teaching the person how to do it.

What is the Empirical Model and how does it differ from the Medical Model?

What we do:

Our source of knowledge is observation, experience, and results through the use of the muscle test.

We study growth and balance of life force or vital energy.

Our hypothesis is that the working of the life force is knowable through the results and muscle test..

Symptoms mean little as we honor the uniqueness of the individual.

We use subjective sources of data from the individual right now.

We believe that the individual has an energetic nature and a spiritual dimension.

We allow the body to choose from cleansing corrections, sometimes causing a healing crisis.

We define health as an internal and environmental balance.

We use Wholistic Methodology. The body is considered in all of its aspects.

The client is the authority. By pushing on muscles and listening and honoring the information we gather, we allow it to choose.

What licensed practitioners do:

Their source of knowledge is logical analysis.

They study disease entities in order to diagnose and treat.

They follow the hypothesis of the germ theory, i.e. causation.

They classify common symptoms into disease entities that should fit all.

They use objective sources of data.

They believe that the individual is material, chemical and mechanical. It can be fixed like a machine.

They use man made chemicals and medications to try to eliminate the symptoms.

They define health as the absence of disease.

They use Reductionistic Methods. The body is considered as if it were small parts.

The Doctor is the authority. He is considered to be the only one with sufficient knowledge to make proper choices.

Touch For Health International Journal, 1996

What is the Self Responsibility Model? Many people think they are using this model when they do their balances and talk to people about Kinesiology. As I listen to them, I hear many things that would make a "would be litigator" rejoice. We have the right idea but not necessarily the right words. What are the words of the Self Responsibility model?

Therapist	Kinesiologist
Patient	Client
Resist	Tell me when you are ready
Therapy	Balance
I work on you	I work with you
I treat you	I educate you
I advise, diagnose and prescribe	I give you choice
You must, should, ought to . . .	You can choose to . . .
I know this works for . . .	Would you like to know about . . .
I tell you	Your body/subconscious tells us

Not only the words we use, but also the way we treat our clients is going to make a difference, Jerry Green JD says that legal battles arise out of disagreements. We can learn to treat our clients in an agreeable, but not artificial way. A little bit from psychology might help this.

The Hierarchy of Needs describes the most demanding need as the one NOT met with an order of importance. The important physical needs are SURVIVAL and SAFETY. These also are needed on the emotional level. What if we do not allow someone's beliefs to survive until we can correct them? What if we do not give them choice?

When we feel safe, we explore how we FIT IN that is how we think we can get our needs met for growth, love and acceptance. What if we contradict what they tell us? What if we give them advice?

When we see that we fit in (no matter how poor our interpretation), we develop SELF RESPECT and begin to work on SELF ACTUALIZATION. If we can give acceptance in the beginning, we eventually will get to this part.

Our clients want desperately to fit in. That is what they are doing using our services. That means they want us to accept them as they are. They want someone who will listen. But what if we use communication techniques

from childhood misconceptions for survival of the ego.

1. **I need attention to fit in.** So I order, direct, command, interpret, analyze, diagnose, advise, give solutions and suggest. My intention is to help. This makes me feel good, but others are not encouraged. They want to find their own answers.

2. **I need power to fit in.** So I moralize, preach, implore, nag, persuade, lecture, argue, probe, question, and interrogate. My intention is to motivate them to change. This gives me a feeling of power. Others feel helpless, frustrated and put down. They want you to feel that they are OK and these techniques say that you want them to change.

3. **If I can't get attention or power, I attempt to fit in by not fitting in. I take revenge.** I judge, criticize, disagree, blame, call names, ridicule, shame, warn, admonish and threaten. My intention is to show them how wrong they are. I may feel fulfilled, but others feel rejected, maybe even hated. Who wants to listen to this?

4. **I fit in by giving up.** I praise, agree, flatter, reassure, sympathize, console, support, distract, divert and kid. These may seem like effective techniques, but they often hide true feelings. Others recognize them as insincere, especially when they are used often.

None of these techniques are effective when used trying to be agreeable with our clients. They fail because they all show non-acceptance. If we can make our clients feel as though they fit in, even with all their faults, they are less likely to sue.

We have talked about the Self Responsibility model and how it can work to keep us legal I want to look at our most useful tool. We know that the muscle test can give us biofeedback as to what is useful for a certain person as far as goals, emotions, and corrections. If we know how to explain it and use it in our conversation, it becomes the best legal protection we can have. If we use it wrong, it can be our worst legal trap.

Many times I have seen a Kinesiologist use the muscle test to diagnose simply by what we say after the test. When we ask the body about a named disease or symptom, is it answering us on the physical level, the emotional level, or the mental level? Do we have the expertise to understand the answer? Does it represent what the person believes? There are so many questions that are hard to answer. Even if you have the credentials to diagnose, speaking in these terms is a dangerous area.

I have also seen someone who is convinced of the greatness of a supplement prescribe the supplement by using the muscle test to "prove" its value. Is it really valuable or is it

controlled by the mind of the tester. The same thing can happen when we have a strong opinion and want to give advice or show our power. The best way to avoid the danger here is to give the choice the person being tested.

Sometimes we might be working with a person. When we are finished, we assign homework. Being accustomed to the "I'm the therapist" way of speaking, we tell the client, "To help your (symptom), you should do (procedure) twice a day. This is called diagnosing and prescribing. However, we have a perfect tool to help us teach. Instead we can reframe the words to give information. It would sound like this ; "Your body is giving you information to help you make more intelligent choices. Would you like to find out how it feels about?"

This may sound like nit picking to some of you. Those of us who have had experience in the courtroom know how nit picking it can be. However, putting that aside, a better point would be that communicating under conditions where each person has equal choice improves relationships and the self esteem of both. Since we already have the muscle test as the ideal information giving tool in the Self Responsibility Model, is it not entirely consistent to want to learn to use the best communication skills to support it?