

The Crystals of Applied Physiology

by Richard Utt, IIAP

The wonderful world of the crystal energy never ceases to mystify me. From the piezoelectric qualities of the quartz, to the electromagnetic properties of the rainbow obsidian. From prehistoric times and into the new millennium, human beings will continue to be attracted to crystals for their beauty and sense of power. The practical uses of certain crystals in the realm of body energies are no less than spectacular.

The use of the six (6) sided quartz crystal, with one side rounded, can be used to store electric and magnetic information for future use. Quartz crystals have been used as receivers in radios due to their amazing ability to receive electromagnetic energy, channel and transform it. These same qualities can be used for our purposes in healing. How?

First, the natural six (6) sided shape of the quartz acts like an amplifier for incoming information. The incoming broadcasts reflect off the sides of each facet like the ricochet of a pinball in a pinball machine. Each facet speeds up the signal and retains the signal indefinitely until depolarized by a magnet, the Sun or Moon. The magnet acts fastest, much like a magnet can "rearrange" the information-carrying particles on your credit card! The Moon may require up to eight hours to depolarize a crystal but the direct sunlight will work in as little as sixty-minutes.

For practical purposes we pass the crystal between two magnets oriented "North and North" or "South and South". You may also move the crystal through the middle of a round magnet marked with North on one side, and South on the other. By passing the crystal through from one side to the other, the crystal is neutrally depolarized. If demagnetized by the North/North or Moon, the crystal is negatively depolarized. If demagnetized by the South/South or Sun, the crystal is positively depolarized.

At the International Institute of Applied Physiology, we have specifically designed our

Loading Crystals to twelve (12) sides to exponentially amplify signals to create a clearer picture when using the crystals for bodywork.

Our Loading or Holding Crystals can be adapted for a myriad of Kinesiological uses. For instance, clients may present themselves with a problem that only shows up under certain conditions. We could have them visualize the problem, but somehow they have a hard time building an intensified version of this problem. By having the depolarized crystal available (always stored in a rubber glove to keep it from being energetically contaminated), the client can hold it in their right hand and then their left hand, while they envision the problem or actually experience the symptom. This would work for a headache, a bad case of diarrhea or an argument with a spouse. Suppose the client is a runner and, while running a long distance, they experience severe pain that disappears after a mile or so. The crystal could be used in a case like this to load the intensity by holding it or taping it somewhere on the body while running, then removing it and putting it back into the rubber glove for retrieval at the time of Balancing. I'm sure you can see how this technique could be very helpful in a variety of sport conditions.

The method for retrieval is quite simple. First the practitioner must handle the crystal with rubber gloves on so as not to contaminate the original signal. Take the pointed end, or apex, of the crystal and point it toward the glabella (above the nose below the eyebrows). Then take a laser beam and point it though the rounded end of the crystal so it passes through the crystal apex directly onto the glabella. The entry point is significant, because it is on a direct line to the limbic system and the pineal gland (seat of the soul). Perform this simple procedure, and then pause lock.

This is more like pause locking the original circuit, except that it is amplified to a greater degree because of the natural amplification

properties of the crystal. The more facets on the crystal, the greater the amplification factor.

In selecting your Loading Crystal, it is important to note the sensation that you feel while holding the crystal. The one that seems to create calm is the best one for you. For the purposes of loading a crystal, it does not matter how it makes you feel, as long as it is neutrally depolarized.

We at the Institute of Applied Physiology have been using this method for over eighteen years successfully. There are many other uses for the Applied Physiology Loading Crystal, including its use in Applied Physiology research. Remember, you are only limited by your lack of imagination. We invite you to attempt this method to enhance all that you already know.

One of the most powerful crystals I have encountered is the rainbow obsidian!! I believe that this unusual crystal, which will emit the entire visible light spectrum under the right circumstances, has some very special electromagnetic properties that will allow any Kinesiologist to wade through a clutter of non-priority signals. It also protects the person wearing it from electromagnetic pollution created by high-tension wires, TV's, radio's, microwaves, computers and transformers used throughout the house for conversion from AC voltage to DC voltage.

The discovery of this phenomenon was quite by accident (ha-ha)!! I had a client that was a jewelry designer. She was in Tucson visiting our famous annual Gem Show and fate brought us together. Susan had many beautiful pieces to choose from. She asked if I would take a piece of her work in trade for an Applied Physiology session. My answer was a definite "yes!" even though I never wear jewelry or gems. She had an Egyptian piece that I fell in love with. In it was a piece of rainbow hematite that was placed upside down to form the Egyptian symbol for the goddess Isis. For many months after wearing this necklace, I felt extra energy. I could work many more hours, my mind was clearer, handwriting skills improved - I just felt centered. Also in this piece were two diamonds and an emerald.

I first began the task of identifying which, if any, single piece had such a profound effect on me. Only one other time did I remember such a distinct change in myself. That was the when Dr. Sheldon Deal used the Tibetan Figure 8's on me many years before. It turns out that the rainbow hematite, which is very rare and very expensive, was part of the necklace that affected me so profoundly. The other quality that was very important was the pyramid shape that it possessed.

Again, quite by accident, a good friend of mine (who imports large crystals from around the world) happened to have some rainbow obsidians of different shapes and sizes. In the process of experimentation, I was able to ascertain that it was only the heart shaped rainbow obsidians that would accomplish all the same things that the rainbow hematite could.

One amazing result of my research is that now we can offer beautiful and inexpensive heart-shaped rainbow obsidian crystals that can be used by Kinesiologists and lay-people alike for electromagnetic protection. They can be placed on computers, TV's, etc. or worn around the neck like a necklace. The best position is at CV22, just above the manubrium (top of the sternum/breastplate) and below the voice box.

Both the amazing rainbow obsidian and the specially designed Applied Physiology quartz crystals have a number of other interesting properties and uses for the practicing Kinesiologist. I strongly suggest that you attend the 2000 Touch For Health Conference in Milwaukee, Wisconsin, the IKC Congress in Zurich, Switzerland, or the 12-Day Stress Observation Specialist Agape Quest courses held throughout the world. I will be describing and discussing my continuing research at all of these important events. If you would like more details, visit our web site at www.appliedphysiology.com.

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