

Abracadabra: The Secret Formula for Creating Miracles

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Miracles

As I ponder on the rich resources at my disposal, I awe humbly in my ability to articulate the simple complexity that miracles imbue. Life itself is a miracle. That I can sit here and write this, and in some other time and space someone will read it, and then (God willing) will come to understand where my mind is flowing – that's a miracle.

A miracle is that we can plant a seed in rich soil, and with the simple caress of the sun and a gentle stream of water, the seed will blossom. If we add our conscious caring love and appreciation we can even accentuate the natural harvesting and beauty of this miracle. Creating yet another one... so, wherein lies the miracle?

Is it in the seed? The soil? The sun? The water? In some hidden force that animates symbiosis? In the 'caring and appreciation'? In the awareness of all this happening? In all of these? In life itself?

What are miracles? Are they the unexplained made evident? Are they some mystical happenstance created by some God-force to restore harmony or to answer prayer? Are they under our control? Influenced by our participation? Are they just a label for what lives beyond our veil? What are miracles?

According to *A Course in Miracles*, "The miracle is always there... Its presence is not caused by our vision, it's absence is not the result of our failure to see. The miracle is always there..." The seed has it's potentiality. The sun shines. Water abounds. Air is. The miracle is all around us... and inside us. In our heartbeat, in every breath we take. It's in our ability to think, create, and understand.

But what are they? And how can we create them?

In truth, in order to create a miracle, we need not do anything. The seed will grow without our participation. Yet with 'conscious caring love and appreciation we can accentuate the natural harvesting and beauty' miracles imbue. We can learn to harness the miracles living inside us, envelope them with intention, and participate in the miraculous. The miracle is always there, our acknowledgement of them will allow us relish their glory.

Abracadabra

I smiled deeply when I began to see the secret meaning of the ageless riddle, you know, the one that says, "What's the magic word?" Abracadabra!

Ageless teachings from our mystic ancestors tell us that the seed is in the idea behind the word. By feeding the seed (idea) the light of awareness and the nectar of our emotions (water), it's illumination can become our understanding (the fruit). As our empirical science and visionary mysticism intertwine, we find a symbiotic genesis of beauty and meaning. And the mystic storytellers, become sages once again.

Webster's dictionary defines Abracadabra as, *a mystical word used in incantations, on amulets, etc. as a means of warding off misfortune, harm, or illness*. Yes, but what does this word mean? The ancient mystic teachings of the Kabbalah makes declaration to "he brachah dabarah (speak the blessing) when incanting. And the Hebrew words Ah (Father), Ben (Son), and Ruch a Cadsch (Holy Spirit) have been associated with Abracadabra in Hebrew folklore. It's Latin root is a bit more existential; Abra means

open, and Cadabra means body/form. Or, 'open form'.

The mystic wise from our past tell us that we are the path – that we must be of 'open form', 'speak the blessing', and bring together the Father, Son and the Holy Spirit. It is in our being that life's mysteries are known. The mystic develops an intimate union of their soul with God through spiritual contemplation. And in so doing, moves the cosmic forces with greater wisdom and power. But to do so, they must first say (be) the magic word: *Abracadabra*.

In Summary

Miracles are always present. What often is not, is our ability to recognize them, and thus our ability to harness their beauty. The magic word, *Abracadabra*, teaches us that we must be that which we seek. We must be open to the miracle, learn from it, and act accordingly.