

## Creating Money Miracles

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Woven throughout our lives most of us feel financial pressure at some time or other no matter how much we have. The issues might be - the way we feel about money, why we want it, how we earn, spend, save, invest it... Often we're dissatisfied with our financial strategies. Mismanagement and unresolved money problems can cause insurmountable stress that can destroy careers, as well as relationships and lives. Managing finances wisely really is about personal empowerment. Getting smart about it can be lifelong process, not unlike getting smart about self-responsibility to our wellness. (Actually, if you think about it, having "enough" money allows us greater opportunities for better care and health.)

A plethora of books on money, investing, stocks, bonds, buying properties, get - rich quick schemes, etc. are/have been the majority of financial books available. Over the last several years, more has been written on the inner personal workings of "having/not having" financial stability and wealth. Among the many topics related to money to consider are: your feelings about money, personal values around it, concepts of self-worth, your communication and decision making skills, your creativity, how you give and receive it, how you budget, your debt, goals, investments, risk taking, spending, saving, managing it, your appreciation and joy of life.

If you're childhood was similar to mine, money wasn't talked about much in our families. Oh, yes, we had the usual allowance, heard the usual statements about how we couldn't afford to have, to do, to go. Most of our beliefs about money and wealth were absorbed by us from our parents interaction with it. Ask yourself, "Who am I most like when it comes to managing my money?" We could possibly blame them if our

parents didn't prepare us to handle it and it's relationship to all aspects of our life. But as we know with much of the work we do in the kinesiology, we don't have to be chained to the past, unmotivated to change, unable to move forward or look at new perspectives.

"A big part of our adult world is rechoosing how we want to be. Most of us didn't have a perfect childhood. However, if we are still caught in a web of negative behaviors and patterns from childhood, we can free ourselves. We are not chained to the past, we have the power right now to rechoose who we want to be." (*The Women's Book of Courage* by Sue Patton Thoele) Hard, as it can be at times, we can stop doing what we're doing if it isn't working. You've heard the definition of insanity - doing the same thing and expecting a different result.

There are many ways on the path to mastering financial prowess. I found Robert Kiyosaki's book *Rich Dad, Poor Dad* particularly intriguing. He states, "The rich don't work for money, they have their money work for them." For those of you who don't have investments or are reluctant to take risks with paper assets, consider his advice, "They (the rich) create portfolio income - income that is derived from paper assets, such as stocks, bonds, and mutual funds. Portfolio income is the income that makes Bill Gates the richest man in the world, not earned income. (Did you know the taxes are higher on earned income?) The least taxed is passive income (in most cases, income derived from real estate investments). This is another reason why you want your money working for you. The government taxes the income you work hard for more than the income your money works hard for."

A few years back, I heard Deepak Chopra in a workshop say that we have about 60,000 thoughts a day; 90% of them the same

thoughts as the day before. "Money is only an idea. If you want more money you have to change your thinking," Kiyosaki writes. "It's what's in your head that determines what's in your hands." I believe this is so, as I've worked with my own and with others' money issues. To register a different vibration the "master program" in the subconscious must be changed before circumstances will change. I've seen miracles! Negative money situations change significantly to the positive after "brain-integrating" simple money related statements.

Making a conscious choice to become smart about your money can mean you don't need to settle for the standard formula: to get through life: work hard, save, borrow and pay excess taxes. Consider buying how-to books/tapes on money/ investing, attending a seminar, education and wisdom about money are important. Best of all you can find out your hidden saboteurs quickest by using muscle monitoring and repattern "particular" statements. Perhaps the greatest saboteurs in any area of our life are self-doubt and lack of self-confidence. These, too, are part of our money issues and can be repatterned.

The topic of money and finances is new for us to address at a TFH conference, however, the methodology presented here, not. Declarations (goal statements) can be incorporated in a basic balance, in a PKP balance, an AP balance or any other you've been trained to do. I prefer the following quick and easy method, so once again will outline the short form of the RePatterning procedure (see long form in books *Making \$ Your Friend* or *RePattern Your Sabotaging Ways*.) I invite you to create miracles by changing any sabotaging patterns in your relationship with money.

### Procedure

An important *question to ask before you start any balancing or repatterning work is: **How or when will I (you) know "it's" different if I repattern this issue?***

1. Test for strong right and left PMC muscles.
2. Complete the "bio-computer" tune-up

(correct for neurological disorganization) in any way that works for you. There are several. I use the following:

- a. Five fingers pointed in at the navel. Test.

- b. If the muscles check strong, proceed to step c.

If either or both of the muscles checks weak, hunt for circuitry shut-off points.

- **K-27's (Kidney meridian)**

- **Below the lip**  
(Central meridian)

- **Top of the lip**  
(Governing meridian)

- c. Make corrections by massaging appropriate meridian end points while touching the navel.

- d. Test for water shortage by gently tugging on the hair while testing. If weak, drink water.

- e. Retest any "shut offs" to make sure the tests are now strong.

3. Make your positive declaration statement as if true in present time.

*Example:* I, (all your names), am self-confident handling my finances and no longer doubt my ability to earn \$\_\_\_\_\_.

4. After making the statement, test the right arm for left brain access and the left arm, right brain access for a weak response. If both remain strong, the statement may not be an issue, the body may not be ready at this time or the bio-computer may have jammed. If one or both of the PMC's are weak, stroke **ONCE** upward on the midline of the forehead for data input.

### 5. Correction:

- a. Ask **"What will clear this issue?"** (or clear this **statement** to make it true) or use any other similar question.

- b. Muscle check for each of the following **"BRAIN FILES"**. Stroke **TWICE** on the midline of the forehead for each **STRONG** response.

SPIRITUAL  
WITHHOLDING  
SELF-CONCEPT  
EMOTIONAL  
PRIOR DECISIONS  
HEALING  
PHYSICAL/STRUCTURE  
FEARS  
MOTIVATION  
SEXUAL  
INTUITION  
CHEMICAL  
WISDOM  
GROUNDING

6. Repeat the statement and muscle check to see that both arms are strong. If strong, the integration process has begun towards congruency.

(If you wish to gather more data you feel is pertinent to the issue, test for this information **BEFORE** step 5, i.e., who, what, when, where, age recess, emotion-on-line, etc. (see long more in depth form in books *Making \$ Your Friend* or *RePattern Your Sabotaging Ways*.) -5-

Remember to stroke **ONCE** upward on the midline of the forehead for data input and **TWICE** for the correction.

It may not be enough to do only one repatterning statement or session about an issue. Consider other related aspects or use the **MORE MODE** to repattern "more" statements. This short form process, once you learn it, takes about 1-4 minutes to complete.

#### CORE Statements

The following statements, I believe, are CORE for everyone to repattern:

I, \_\_\_\_\_, trust, like, love, accept, respect, appreciate and honor myself, have a positive self-image and high self-esteem.

AND/OR

I, \_\_\_\_\_, value who I am, care for myself, treat myself with

kindness, consideration, accept and appreciate the good in myself; and am and feel worthy deserving of life's best.

(Note: The above two are best repatterned in the long form not listed here.)

#### Useful Statements:

A few other ideas to repattern:

I, (say all your names), feel, deserve and am worthy to enjoy the best life has to offer and have abundance, prosperity, financial success and I eliminate the poverty consciousness within me; it's permissible for me to be prosperous.

I, \_\_\_\_\_, am in control of my finances, organize, budget and manage my finances easily and appropriately and think clearly in financial dealings.

I, \_\_\_\_\_, am earning an excellent income doing what I love and am successfully following my passion to have a peaceful prosperous life.

I, \_\_\_\_\_, follow the spiritual laws of money by doing my life's work and honoring and serving the highest good of others.

I, \_\_\_\_\_, am allowing more bliss, love and money into my life now, seeing old patterns when they arise and freeing myself from them.

I, \_\_\_\_\_, am in control of my spending habits and seldom buy on impulse.

I, \_\_\_\_\_, spend my money sensibly and appropriately without feeling guilty.

I, \_\_\_\_\_, enjoy investing, watching my money grow and am no longer paralyzed by my fears of risking in reasonable investments, profits or opportunities.

You can repattern any negative thoughts and feelings you wish to eliminate about money. Financial clarity brings peace of mind. For most, it promises fewer problems, more security as well as freedom. As the Buddha warns, "at the root of all suffering is ignorance." Make a conscious choice to become smarter about your money. You, too, can create miracles!

**A few success stories using this method:**

**from T...**We had our first meeting today, since you were here, many of us (including me) have been doing clearings on our own as well. It still amazes me how simple it is! I'm still clearing issues related to money wanted to let you know that in the week after you left I got a call from our realtor who has been trying to sell a condo we own for over a year. We had a buyer and were all set to close in Jan. when some legal circumstances with the property arose and prevented the closing. Well, in that week after class she called and said we were all clear to close on May 8 and the buyers still wanted the unit. So it closed and last week we got a very large check. I was able to pay off all my bills and still have a lot left! Also there has been some movement in my marriage as well, some real clearing. So things are happening The kinesiology methods are really a gift.

**from J...**During the July 1993 Touch for Health conference in Las Vegas, I attended the first *Making \$ Your Friend* mini-class. Using the short repatterning process (statement-correction), my partner repatterned me "to be out of debt by the time I was 40". About two weeks after the conference I noticed I had more clients; more money stated coming in. Not out of debt yet, but not yet 40. It was 5 months later and 48 hours before my 40th birthday and I was out of debt.

**from M...**Jan and I traded a balancing session a few years back. I wanted to be repatterned for several physical issues. However, priority check showed I needed to deal with prosperity and financial worries. The declaration statement read to the effect, I, M\_\_\_\_, no longer experience financial worries and feelings of guilt, cynicism and scarcity that restrict my life and my bowel. "A few other statements during the session (we used the long form) were, "I successfully create and experience wealth; I am financially responsible for my present and my future; I am intelligent enough to create wealth." Not surprisingly, in the process, my childhood

programming about money came up. We used *Making \$ Your Friend* to find specific issues. It wasn't until about 5 months later during a phone conversation that I remembered to tell Jan that I had done more business than ever before and I was no longer worried about retirement. It started a few weeks after the repatterning, I had the busiest schedule of clients I'd ever had since I went into business for myself six years before. And the clients drawn to me were more open to muscle testing, metaphysics and alternative approaches to health beyond massage therapy. I enjoyed my practice more and found it more challenging and satisfying. I had more confidence and intuitively blended what I know to the healing arts where it seemed appropriate. (Mary has since retired from her practice.)

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