

Energetic Kinesiology, Conception and the Placental Chakra

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Abstract: Richard Utt in Applied Physiology, developed the notion of formatting. In Energetic Kinesiology we developed these concepts further. The minor or extraordinary chakras are formatted by holding the chakra mode on each hand or double chakra mode. The placental chakra, which we consider to be the first chakra, is also considered as one of the extraordinary chakras.

To understand formatting better I have developed a model of formatting and the treatment triangle that states that formatting captures an energetic imprint of stress on a particular structure. This enables the practitioner to access and balance the stress very precisely.

Formatting can add further depth to balancing muscles in Touch for Health. In Brain Formatting it is possible to format areas of the brain and then use supraspinatus and teres major to correct the format. Supraspinatus and formatting can be used for balancing the cerebral cortex and the limbic system, and teres major and formatting can be used for correcting the brain stem and spinal cord.

I have developed an energetic model of conception that states that the first cell – which comes from the union of the ova and sperm from the mother and father – has energetic properties from the mother and father, such as Ida and Pingala.

Part 1 The Balance Triangle

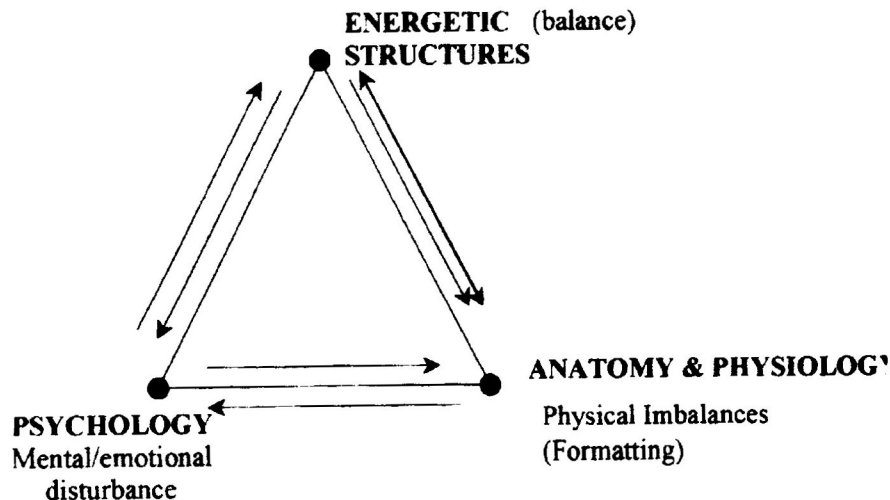


Fig 1 The Balance Triangle.

Every psychological imbalance has a physical imbalance. The psychological imbalances can appear as temporary mental/emotional

imbalances or as more chronic mental disorders. An example of this is feeling sad or lonely to having a full blown panic disorder.

These, in fact, have the same underlying neurology. They are just different degrees of innervation.

The physical imbalances associated with the psychological disorder are in both the anatomy and physiology. Every psychological disorder, whether it is a temporary feeling or a chronic condition has a neurological imbalance. This manifests in the neurotransmitters endocrine system etc. There is also an imbalance in the chakra system that accompanies this. The chakras, in fact, is where the imbalance is held.

For me, in Kinesiology what we do is remove stress. This allows the client to adjust and deal with the stressor and heal themselves. This raises the question how exactly do we remove the stress? Well the first step is to access the stress, and how is this done? There are many ways of doing this, and some of them require the practitioner to have a high degree of expertise and personal development.

Part 2, Formatting

Richard Utt in Applied Physiology developed a major breakthrough for the Kinesiologist called 'Formatting'. This has turned out to be, for me, the greatest gift that Kinesiology has to offer, because it allows the practitioner, no matter how well they are trained, to access the stress on a particular piece of anatomy or physiology. It also allows the practitioner to assess just exactly where the stress is held in the chakra system.

Formatting uses a combination of acupoints and finger modes. This draws on the Chinese tradition of acupresse and the meridian system, and the Indian tradition of finger modes which are derived from mudras. Using a combination of these, the energetic stress pattern of any anatomy and physiology can be accessed.

If music is an analogy, then the finger modes and acupoints are notes and the format is a chord.

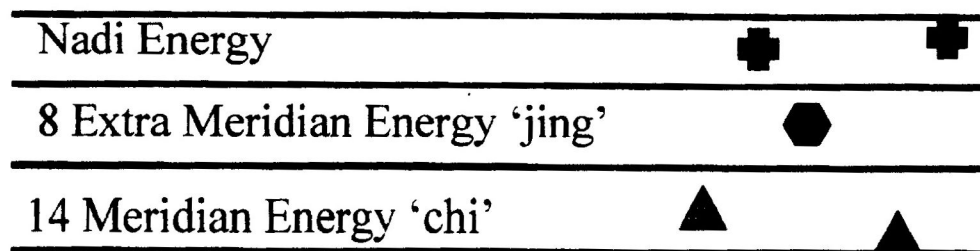


Figure 2: The format 'chord', a format is made up of individual 'notes' of acupoints and finger modes'. Source: Tobar 2002, Brain Formatting

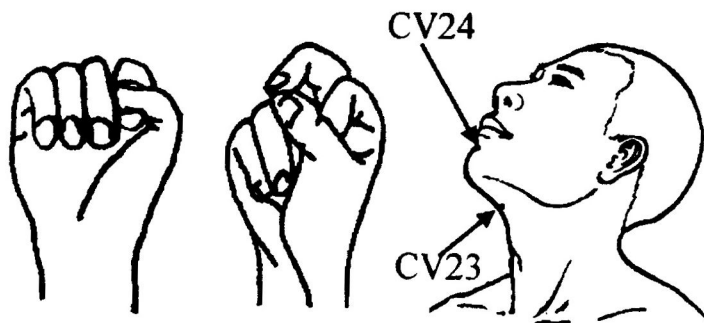


Fig 3, The Limbic Format, which uses the finger modes for Anatomy and Gland and the Acupoints CV23 and CV24. This is used for balancing the limbic brain (the emotional brain).

Part 3, The Triune Brain

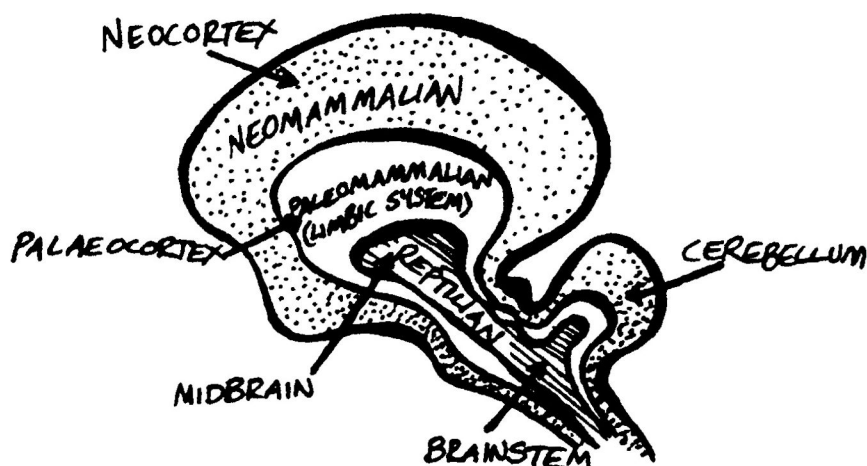


Figure 4: The Triune Brain

Reptilian Brain

Brainstem and cerebellum, reflex motion and instincts. Basic motor plans especially axial or whole body movements, including primitive behavioural responses related to fear, anger and sexuality that are elaborated by specific neural circuits. Innate behavioural knowledge: basic instinctual action tendencies and habits related to primitive survival issues.

Old Mammalian Brain

Limbic system or the visceral brain, habits and emotional brain. Contains newer programs related to various social emotions, including maternal acceptance and care, social bonding, separation distress and rough and tumble play. Affective knowledge: subjective feelings and emotional responses to world events interacting with innate motivational value system.

Neomammalian Brain

Neocortex, thinking brain. Can be influenced by emotions and can influence emotions by various appraisal processes. It is not a fundamental neural substrate for the generation of the emotional experience. Declarative knowledge: propositional information about world events derived especially from sight, sound and touch.

Part 4: Conception and the Placenta Chakra

Before conception, the five 'out of the body' chakras are there, joined by Sushumna, the major nadi. Conception brings about the union of an ova and a sperm. This union brings about the first cell. This first cell is the initial existence of a human being in this physical plane.

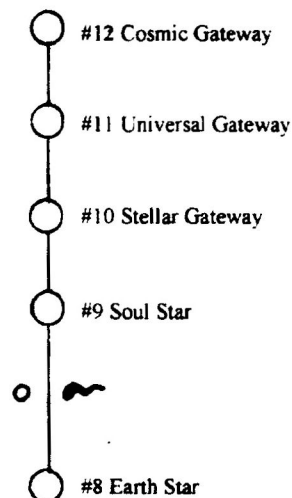


Fig 5, The five out of the body chakras that exist before conception. Sushumna is the major nadi that is represented by a line joining the five heavenly chakras. The moment just before conception is represented by the sperm and the ova between the Earth Star and the Soul Star.

Earth Star is the chakra below the feet, the other four are above the head.

This one cell, has the first of the physical chakras – the placental chakra. The placenta is an endocrine organ, therefore there has to be a chakra associated with it. This first cell eventually differentiates into the fetus and the placenta. The placenta receives all the nutrients necessary for the development of the fetus, while the placenta chakra transduces all the etheric energies that the fetus needs, while the other physical chakras develop. Ida and Pingala are also there on the first cell which are brought in from the Ova and the Sperm.

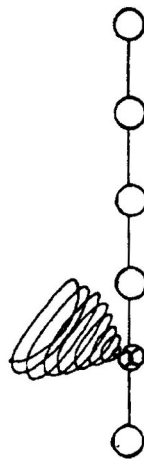


Fig 6, The moment of conception, the placental chakra is indicated by the spiral vortex which spirals into the first cell. Ida and Pingala are represented by the lines on the first cell. The five Heavenly Chakras are the same as in fig 5.

In the Tibetan tradition, they say that at conception you receive an indestructible red drop from your mother and an indestructible white drop from your father. This occurs from the mixing of the semen of the father and the blood of the mother. They also say that where these drops mix is where the individual consciousness enters. This, according to the Tibetans, is the heart chakra.

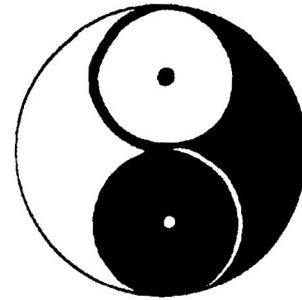


Fig 7, The Yin Yang of conception, this represents the first cell. Ida and Pingala are represented by the internal curved lines

The white drop then ascends to the crown chakra, and the red drop descends to the navel or solar plexus chakra. It is through the navel that the umbilical cord connects the fetus with the placenta. The crown chakra is our connection with the heavenly father, and the navel is our connection with the divine mother.

There is also a nadi that flows along the umbilical cord, this is called the Umbilical Nadi. This brings in etheric energy that is transduced for the fetus by the mother.

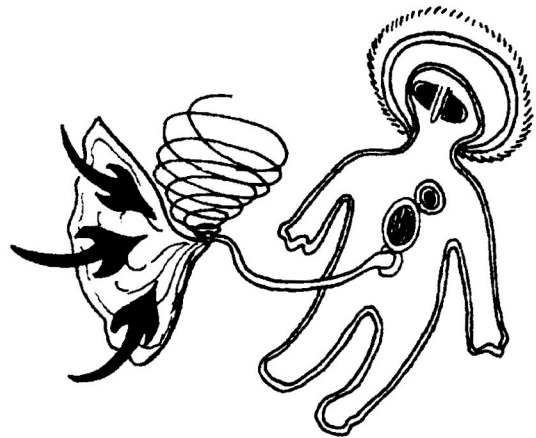


Fig 8, the fetus in the womb, with the umbilical cord, the placenta and the placental chakra. The black arrows represent the flow of etheric energy from the mother.

The sperm and the ova also contain the beginnings of Ida and Pingala. They join together with Sushumna to form the three major nadis, which are the mechanism for raising kundalini. Ida and Pingala are vital at

this stage for holding etheric energies in the developing fetus.

The union of the ova and the sperm also bring about the merging of the genetic material. Then cell differentiation leads to the separation of the placenta and the fetus.

The placental chakra allows time for the formation of the seven 'major' chakras and the numerous other 'minor' chakras. The seven major chakras form a system of psychology on their own.

At birth, the first thing that is done is to cut the cord. This practice does not allow the etheric energy to finish flowing along the umbilical nadi, or the placental chakra time to integrate into the navel or solar plexus chakra. Chakra Hologram practitioners have found that the stress of the individuals placental chakra can be found at the navel or solar plexus chakra.

The placental chakra often contains issues with the mother, how you give and receive from your mother.

There is now a practice called the 'lotus birth', where the cord is not cut, but allowed to break naturally. This allows the flow of energy along the umbilical nadi, and blood along the umbilical cord to finish flowing of their own accord. This not only allows the proper intake of energy and nutrients, but also empowers the individual to let go of the placenta of its own accord.

Procedure for balancing the Limbic Format

1. Test and correct Supraspinatus
2. Pauselock Limbic Brain Format::
Anatomy x Gland x CV24 x CV23
(See figure 3)
3. Retest Supraspinatus
4. Correct as necessary, using TFH skills

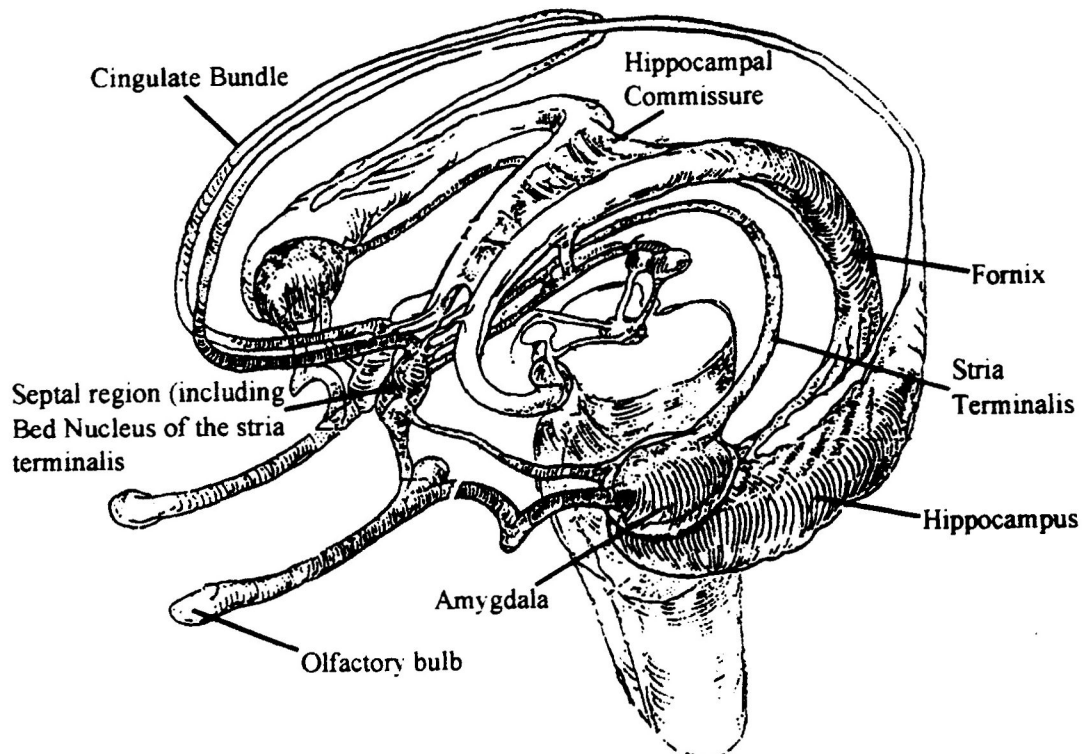


Fig 10, Diagram showing key areas of the limbic brain

Procedure for balancing the Placental Chakra

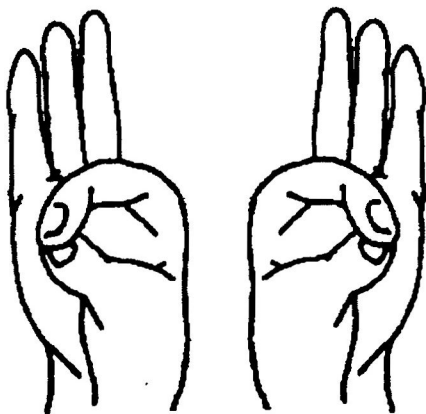


Fig 11, Format for the minor or extraordinary chakras is double chakra mode

1. Pauselock extraordinary chakra format, as above

2. Test whether balancing the yin or yang aspect as follows:

Yin aspect: Heart and Liver Alarm Points Simultaneously

Yang aspect: Small Intestine and Gall Bladder Alarm Points Simultaneously

3. Pauselock the priority aspect and explore the relationship

4. Find the priority correction technique, e.g. sound use AP tuning Forks, acupressure, coloured light, etc

Minor Chakra	In left		Out right		Anti C/W left		C/W right	
	Luo	Horary	Luo	Horary	Horary	Luo	Horary	Luo
Placenta	Ht5 Liv5	SI5 GB41	SI7 GB37	Ht8 Liv1	Ht8 Liv1	SI7 GB37	SI5 GB41	Ht5 Liv5

Acupressure for the Placental Chakra

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