



## Passion Maps and Living Your Passion

Lori MacKinder

### About Passion Maps and Living Your Passion

The signature of an inspired life is its fluidity and effortlessness in bringing to reality what you love.

### Precision and Clarity

The Passion Mapping map-making process is specially designed to integrate your intellectual, emotional and sensory faculties in an exciting new way. You will be guided in the art of tuning into your bodily responses to move into a deeply intuitive and clear space. From there you can access the intelligence of your body-mind connection and gain a whole new perspective on your life. We help you find the language that energizes you and resonates with your deepest motivations. We also provide you with an in-depth preparatory workbook to prepare you for your mapping sessions as well as a journal for your Life Passion Mapping journey and a post-map workbook to help to gain traction with your Passion Map into your life.

There is a precision and clarity about the process, which will give you a deep sense of knowing about what is truly important to you and how to incorporate that into your life. This knowing comes from within, and it

not clouded by the “shoulds” and “oughts” of conditioned living.

### Power

A Life Passion Map program is a form of orientation to help you connect with where you are, where you want to go, and the power to get you there. The skill of the guide is crucial to the process so all our facilitators are trained to a very high level. It is our unique program specially developed over many years of careful research into body-mind integration techniques. Lori MacKinder, a Passion Map facilitator, is trained to hold a space of support and encouragement while helping you tune into your own inner wisdom. They will reflect their observations and intuitions to you, and help you anchor your wisdom into your map.

### Pattern

At the end of a Life Passion Map program you will have your own totally unique life map, a pattern of your deepest, clearest motivations. You also get to take a beautiful version of your map home with you to keep in a prominent place. You might want to scan this into your computer to form a screen saver or print out pocket version.

### **Potential**

The clarity and deep self-knowledge you access in your program is remarkable. In a very short space of time you will get a very powerful taste of your true potential and sense of place in the world. You will inevitably feel energized and empowered when you engage with your completed Passion Map. It is a place from which you can feel confident and clear to make things happen in your life.

### **Passion**

Just as the name suggests, a Life Passion Map program can bring passion to your life. It is a thoroughly enlivening experience. It will allow you to access your passions in a way you never thought possible.

### **Priorities**

Your Life Passion Map program will help give you a unique sense perspective and vision. It is a life map that will highlight your priorities, offering a clearer sense of life direction. You will then have more confidence to pursue what is important to you and let go of what isn't. Goals can be set from a place of intuition and clarity, as opposed to many other goal-setting techniques, which tap into a more intellectual "head" awareness.

### **Practicality**

As part of the mapping session you will be given tools to help you anchor what you have discovered into your life in a very practical and meaningful way. This is supported with special preparatory workbook, a passion journal to use during the program and post program user guide afterwards.

### **Purpose**

The final part of the program is the development of your "Work in the World" statement. This captures a deep sense of life and career purpose in one concise and compelling statement. A wonderful ending to a wonderful program!

### **Energy, vitality and talents come alive.**

By nurturing and journeying with your passion you will find it evolves to encompass new areas and directions in your life. It will bring out the best in you, and give you the stamina and inspiration to keep on growing and learning. True passion is a natural part of all of us, not something that has to be created. It just needs to be given form and function to help it thrive. With that comes the lightness of being true to who you are. A Life Passion Map program can help make that happen.