



**An Introduction to the Core Dynamics
of Common Problems**
Tom Stone, PhD

Abstract:

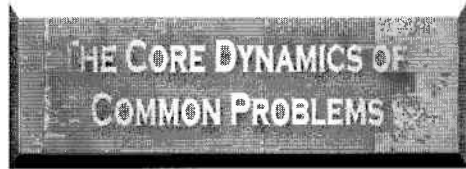
There is a powerful correlation between childhood traumas and adult health problems, and such traumas are far more common than had been previously thought. Unfortunately, they don't tend to self-heal. Core Dynamics of Common Problems provides a set of penetrating insights into the nature of pre-verbal conditioning that are at the basis of people's apparent inability to self-heal from early traumas.

About the Author:

Tom Stone is an expert in the application of biophysics and changing patterns of energy in the human body. He has studied applied biophysics extensively in Europe with leading experts in the field. Tom has integrated bio-energetic testing, wave interference, and sophisticated electronic technology to be able to pinpoint and resolve the "bugs" in our inner human software. These Human Software Engineering™ techniques can be used to debug and upgrade any aspect of human life.

Tom's body of experience includes training in the physics and mathematics of music, more than 30 years of practice and teaching of meditation, a deep understanding of addiction recovery and the presentation of hundreds of lectures and seminars. This is the perfect background for becoming a researcher in the application of wave theory and biophysics for transforming the physical, mental, emotional, and spiritual aspects of human life.

Introduction to



Overview

- The ACE Study
- The Levels of Life
- The nature of inner conflicts, illusions and conditioning
- The Core Dynamics of Common Problems
- The Pure Awareness Techniques
- Demonstration
- Debugging the Core Dynamics with the WaveMaker Technology
- Vaporize Your Anxiety Post Conference Workshop

The ACE Study

Adverse Childhood Experiences

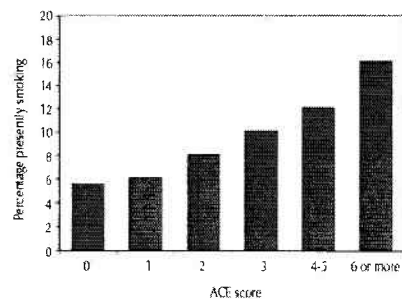
New Research on the Causes of Addiction and Disease

- Kaiser Permanente in San Diego, CA & The Center for Disease Control
- Dr. Vincent Felitti and Dr. Robert Anda
- 17,421 adult Health Plan members
- The study reveals a powerful relationship between our emotional experiences as children and our adult emotional health, physical health, and major causes of illness and death.

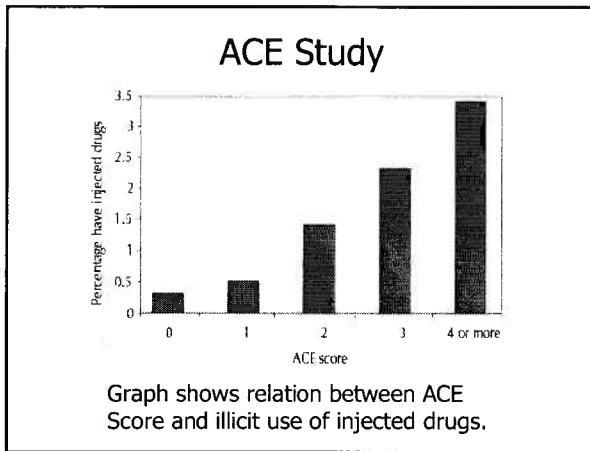
ACE Study Findings

- Time does *not* heal some of the adverse experiences.
- One doesn't just "get over" some things.
- A striking finding – ACE's are vastly more common than recognized or acknowledged.
- They have a powerful correlation to adult health even *half a century* after the initial event.

ACE Study



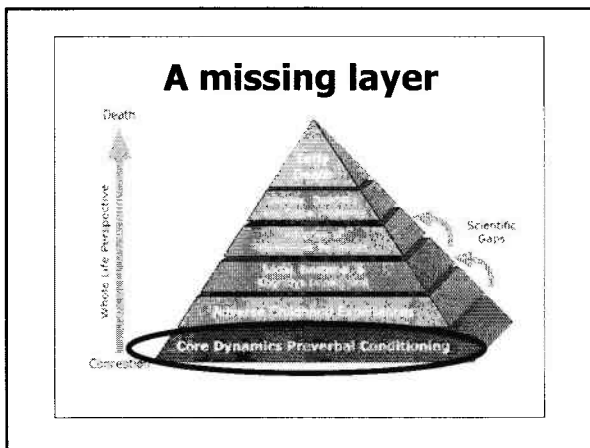
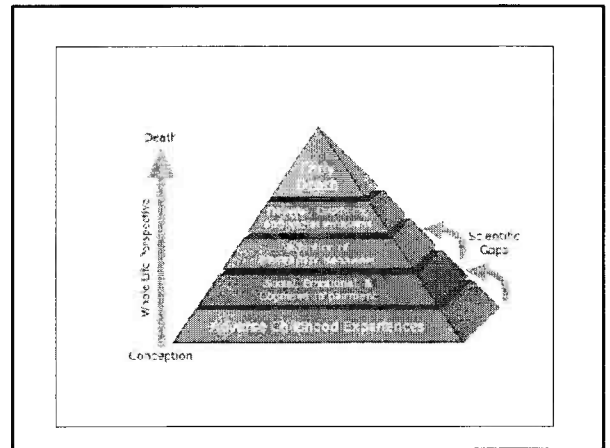
Graph shows relation between Adverse Childhood Experiences (ACE) Score and smoking status.



The study also found a strong, graded correlation between what happened in childhood and incidences of:

- Hepatitis
- Heart disease
- Fractures
- Diabetes
- Obesity
- Alcoholism
- Occupational health
- Job performance

The ACE Study Clearly Indicates that Addictions & Other Health Problems are Originally Caused by Unresolved Adverse Childhood Experiences



- ### Levels of Life
- Bio-Mechanical**
 - Surgery
 - Chiropractic
 - Massage & Body Work
 - Bio-Chemical**
 - Medicine/Drugs
 - Herbs
 - Nutrition/Diet
 - Bio-Energetic**
 - X-ray/Radiation/MRI/CATScan
 - Bioresonance
 - Homeopathy
 - Bio-Awareness**
 - Intentions/Thoughts/Feelings
 - Core Dynamics/Conditioning
 - Pure Awareness Techniques

Many of the causes of problems
and suffering in human life
occur at the level of
Bio-Awareness

Problems at the level of
Bio-Awareness
are caused by the loss of the direct
experience of
Wholeness

**Wholeness is the essential
nature of what we are**

It is easy and simple to experience
Wholeness because it is the experience
of our own essential nature -

Pure Awareness

Experiencing
Pure Awareness

- What is Awareness?
- Knowledge has two parts
 - Direct Experience
 - Intellectual Understanding
- Having the direct experience of Pure Awareness



Why do We Lose
the Awareness of
Pure Awareness

We lose awareness of
Pure Awareness
when we become absorbed in
Inner Conflicts

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The ACE Study

Adverse Childhood Experiences

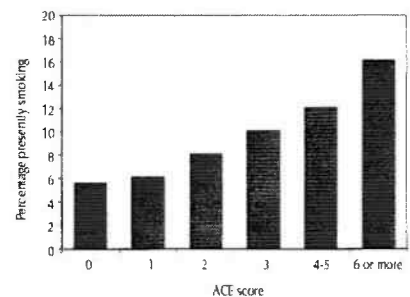
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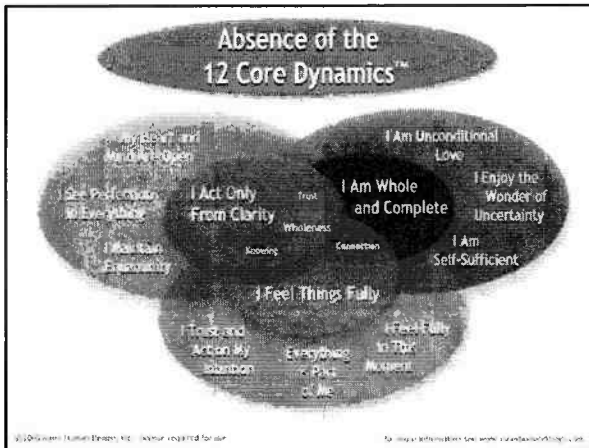
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ACE Study



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Using Intellect and Will

- Inner conflicts are held in place by patterns of energy and information
- Intellectual understanding and will are typically ineffective at removing them
- If you have a virus on your computer understanding its name, that you have it, etc. doesn't get it off of the computer
- Willing it off or demanding that it leave or envisioning it as gone don't work either
- You must run the anti-virus software to remove the electro-magnetic charge that "is" the virus

Human Software Engineering Anti-virus software for resolving inner conflicts at the level of Bio-Awareness

Pure Awareness Techniques

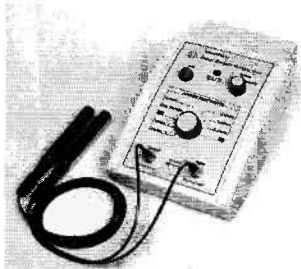
- GAP
 - Greater Awareness Place
- AGAPE
 - Accessing the Greater Awareness Place Everywhere
- SEE
 - Side Entrance Expansion
- SANYAMA
 - Silent Awareness Notices Your Answers Manifesting Automatically

Pure Awareness Techniques

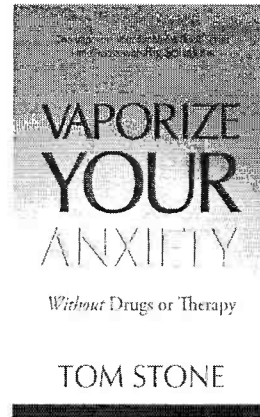
- CORE
 - Center of Remaining Energy
- GPS
 - Gentle Provocation System
- WAIT
 - Waiting Accesses Intuitive Truth
- Wonder
 - Waiting On Neutral During Extreme Reactions

Demonstration

Human Software Engineering
Debug and Upgrade
Your Inner Human Software



The
WaveMaker



One Day Post
Conference Seminar
Monday, June 9th

Presented by
Tom Stone

A Great Life Technologies
program

Great Life Technologies

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www.greatlifetechnologies.com

Great Life Technologies

7040 Avenida Encinas, Suite 104 #380
Carlsbad, CA 92011
619-557-2700
www.greatlifetechnologies.com
info@greatlifetechnologies.com