

## Energy Medicine for Pets and Animals

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### Abstract

Explore some simple ways to help animals heal using energetic assessments and interventions. The following will be discussed and illustrated for horses, dogs and cats: chakra system, energy field, hara line, meridians and core star with a brief description how each differs between species. As one enters the world of the animal and communicates through heart centered connections, it is possible to not only heal the animal but experience the animal healing humans as illustrated below. A spontaneous intervention while one of the participants of the Energy Medicine Partnerships South African tour laid on the ground to rest was initiated by this healer dog. It shows that animals are intuitive, loving and caring sharing a mutual healing exchange when giving the opportunity!

Vignettes from Energy Medicine for Animals taught in South Africa, Australia, and Canada and in the USA will be shared, illustrating what is possible to support animal healing and human healing. One key intervention that will be practiced and debriefed is Spiritual Attunement with Animals.



### Description

Based on seven years of applying energy work to animals, this presentation will demonstrate practical ways for you to support caring for your small or large animals. Illustrations of the animal energy system will be given with opportunity to ask questions regarding specific animal issues. This is a free flowing discussion and interaction that is based on participants' background, interest and need. Through Energy Medicine Animal Program (EMAP) a wide spectrum of hands on healing processes and interventions are offered that supports the animal / human exchange.

## Spiritual Attunement with Animals Making Heart Connections



*Purpose: To form an energetic communication pathway between the animal and the human – whether to deal with a concern, behavior, issues, speaking with them or sending love and appreciation.*

Procedure: Stand near the front and to the side of the animal.

1. Place one hand on your heart center and one hand pointing up towards Spirit.
2. The hand pointing up to Spirit now points to the center of the earth. This helps to ground the experience and for you to manifest what is in your heart.
3. The hand pointing to the earth stays and the other now moves to the animal's heart – connecting the animal to the earth.
4. Leaving the hand on the animal's heart chakra, move your other hand up pointing to Source. Wait until that connection is solid.
5. With the one hand remaining on the animal's heart chakra, move the other hand to a horizontal position, pointing towards the tail and timeline. (The purpose of the timeline is to link the animal with their ancestors and their tribe.) Establish that connection.
6. Now, move one hand to your heart, so that one hand is on the animal's heart and one is on your heart. Establish the energetic connection and exchange of energy.
7. Experience the flow of energy between the two of you.



Use this sequence in combination with any scripting you want. For example, when you connect your animal's heart to Spirit, you may say words to honor his/her heart to Spirit, or say how important she is to this world, etc. As you connect him/her to the earth, you can recognize the support of the earth to her presence in this life, asking for grounding and stability, etc. It is one of the main ways to connect to the animal and form a loving bond and assists with interspecies communication.

A pendulum can be used to check the chakras, energy field and hara line of animals. Modulation of energy is easy to do and serves to provide an

energetic boost to blocked energy flow as illustrated in this horse picture below.



Pendulum Assessment



Scanning Cats Energy



Connecting Hearts between Human and Horse



Modulation of Energy Hands Above / On



Clearing Spine



**Dr. Mary Jo Bulbrook**, RN, CEMP/S/I, CHTP, HTCP is a master teacher and practitioner in applying energy therapies to promote health and healing with over 35 years' experience teaching in Australia, New Zealand, Peru, South Africa, Chile, Canada and throughout the USA. Since 1976 Mary Jo has combined TFH with Transform Your Life through Energy Medicine, Healing Touch and Energy Psychology addressing physical, mental, emotional and spiritual health. The material in this presentation is from case studies and theoretical work in the countries listed.

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