



The Missing Link To Your Wealthy Worthy Life

By

Esther Coronel de Iberkleid

I live in La Paz, Bolivia, far away from where we are today. I began my journey in this my second career I name Alternative Energy Medicine studying TFH. My purpose is to make a positive difference toward wellbeing in people's life.

I never accepted the fact that as a human being one has to feel bad and this is the reason why wherever I go, I spread the VIRUS of this feeling I have that is part of who I am and my own life as well.

I believe we can all practice the same. There are many ways through which this can be done. I profoundly believe it is important for me to do it every moment and through any activity I develop during the day every day of my life.

Why? Because when I make a difference in a person's life, this makes me feel happy, satisfied and fulfilled. I am helping the other person **believe in them self and feel better with themselves.**

I profoundly believe that every human being deserves to live his life to the full. I am engaged and committed to teach people to achieve it since it is possible and not a utopia.

Even though we may all have problems, they may transform and become smaller if we take the decision to see our life in a different way. The content I will share with you today is related to my Signature System Coaching Program:

“THE MISSING LINK TO YOUR WEALTHY WORTHY LIFE”

It all begins by a simple personal decision to find “The Missing Link to Your Wealthy Worthy Life”. To find the answers you are looking for to know:

Who are you really?

Which is the purpose of your life?

Which is the gift you came to deliver through living your own life?

Which is your Legacy to the ones that come after you?

Which is the “road map” through which you will achieve impact in people around you, being who you are and doing what you came to do, meaning “what you love to do”?

We all came to achieve a purpose and for a reason to life. Life of each and every human being has a specific meaning that every person may want to find (OR NOT)) and I respect this very much. This is, as well, a journey and a life path to follow for some people.

To find the answer to all these questions I discovered we all need TOOLS for LIFE, since without Tools, we cannot overcome certain situations that are lessons along our journey and life path.

I am sure many of you have been years like me asking, “How to discover ...

“The Missing Link to Your Wealthy Worthy Life?”

This is why I sign today “My journey toward YOUR success – The Magic Wand of Life”. I believe it is through our own discoveries and experiences, we can understand how important we are to achieve “Wellness for All.”

As a Life Changing Coach, I guide my clients to find the *Missing Link* that helps them get the inner peace to live a prosperous and fulfilled DAILY life.

In 4 years, with almost 1000 sessions delivered till today in different countries and languages, I brought relieve and happiness: "Wellness for all" to the life of people in the places I have been: Bolivia, Uruguay, Argentina, Peru, USA, as well as, planes, during my trips.

An example of my students: every child diagnosed with ADD/ADHD grows as an adult with ADD/ADHD and those techniques, known as energy therapies, help us let them understand their "condition" in a new way and manage it in a different way to improve their daily performance and help them live a happier daily life.

The testimonies of my students led me to understand my purpose and all my studies in Alternative Energy Medicine that began with TFH gave me the understanding of my own journey:

Who I am: a Healer.

What I was meant to do: guide and help people live a better daily life.

How to do it integrating all my own life trainings ... This has been a challenge!!

I help people find their own magic wand to transform their own life from the inside out toward their own success ...finding more CLARITY, CONFIDENCE and SELF-ESTEEM

My presentation is heart centered to open the mind and awareness of participants to show how we can make a huge difference in the society through the work we do practicing all these techniques, TFH, PKP, EFT and NLP on a daily basis.

I asked myself many times about "How can I spread the message to the world, inspire and motivate others about the results we have through the case studies live of our clients? Following are some ways I feel I have helped to spread the message.

I had a program, "The First Step" in Spanish "El primer Paso", for two years in Radio Paris La Paz (daughter of Radio France International) where I talked and presented a case every week (no names involved) and the results after session. The director asked me to show how a session was developed for people to listen and imagine.

For more than a year, I delivered a program in Blog Talk Radio where today close to 18.000 + people have visited my page; the number grows every day since the link is connected to all my social media and sites.

Participate in social media: connect with people from all over the world spreading the word out how this changed my own life and can change theirs as well with blogs, articles, comments, stories.

In 2010 I was interviewed in radio in Montevideo Uruguay, Program "Viva la Tarde" Radio Sarandí. <http://tinyurl.com/3buv9u9>

I was invited to deliver a conference regarding NLP in 2009 at Universidad Señor de Sipan in Chiclayo, Peru June 2009 - II Congress International and National of Psychotherapy. My presentation: "Use ya la "herramienta" que transforma su desempeño de eficiente en excelente y da brillo a su comunicación con un simple clic: "PNL" <http://tinyurl.com/5szx25d>

In 2011, I delivered these conferences online:

Becoming Woman...A Metamorphosis of Femininity,

a virtual conference for women around the world organized by The Walker Thomas Group www.becoming-woman.com

My session was related with my very successful workshop offered in cities all over the world titled: ***For Women Entrepreneurs Committed to be Successful in Economic, Emotional and Relationship Areas of Their***

Life Meaning for Women Entrepreneurs Committed to Prosper in Their Daily Life!!!

Because: **Improving the relation with myself, I improve the relation with my entire environment.**

Women Entrepreneur Committed to Prosper in Their Daily Life: Be more confident, increase self esteem, energize and transform your life. www.leadgenerationsecretstowealth.com

Interview in **Good and Green Radio** with Susan Davis <http://tinyurl.com/3p533t3>

Life and Business Coaching www.globalcoachconference2011.eventbrite.com

We can achieve more clarity, confidence and self-esteem once we find **“The Missing Link”**.

Have more clarity: discover your own message connecting with yourself using TFH to understand who you are and to find the way to achieve your goal to help bring “Wellness for all” through their daily activities.

Exercise: There are several different ways to muscle test asking the body for information.

Muscle test example 2 persons

Muscle test 3 people where one is the surrogated

Muscle test oneself: front back method, finger method, open circle method (2 hands)

“Stand up” and feel your body talk.

Have more confidence about the possibilities on how to do it

Test for food allergies and incompatibilities

Test for personal abilities to assure more confidence in oneself

Write your own signature program using those tools to bring people to their practices and spread more the word of how great those techniques are to improve their own life and the life of others around them as well as those of clients coming to see them

We can teach and train people on how to set goals and clarify their purpose. Once they understand more about their own essence and who they are.

Have more clarity: Methods to bring clarity through the use of the techniques.

Exercise 1 – Write this question. *Which is the one thing I wanted to achieve and did not?*

Why I did not?

Connect with your inner self to be able to stop sabotage; to define where you are today and where you want to be doing this work ... first with yourself.

Exercise 2 - EFT/NLP integration clearing fears and guilt

Have more confidence:

Exercise 3 – “I am not enough” topic

Imagine there is something you are dreaming to do and believe you are unable to do. a.) Write it down. b.) Answer 3 causes why you believe you are unable.

On a scale from 0 to 10 which is the level of stress that thinking about doing it brings you to feel? _____

Round EFT: *Even though I believe I am unable to _____, I deeply and profoundly love and forgive, accept appreciate and respect myself.*

Deep breath

On a scale from 0 to 10 which is the level of stress that thinking about doing it brings you to feel? _____

I may have thought in the past I was unable because I was not aware of my tools.

Today I am aware of my power and my skills as well as my tools.

Tapping: Top of the head, eye brows, side of the eye, under the eye, under the nose, under the chin, collar bone, under the arm, top of the head.

After studying Energy Medicine Techniques, teaching time management and organization you will be able to achieve understanding that you are able to find inside yourself the program through which you will gift the world with who you are and what you do.

Measure of Results and Recommendations

And how do I measure the results after working with my program?

This is the test I administer to my clients to evaluate and measure their progress regarding Clarity, Confidence and Self Esteem achieved through my program. I compare the information between before and after the treatment and according to results recommend the next step to follow.

The test - Part 1

You wake up in the morning, have breakfast (or not) and seat with a piece of paper and a pen or pencil to write one by one the “TO DO” list of activities for the day by priority. Please write more than 5 and no more than 10

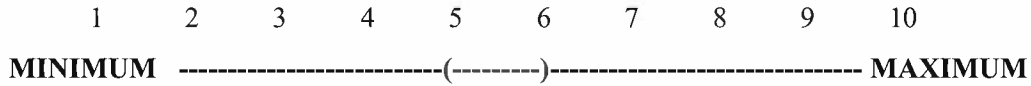
1. _____
2. _____
3. etc

Time each one according to when you will do it organizing them through the day mentally and writing them.

The test - Part 2

We measure the following parameters comparing them “before the treatment” and “after the treatment” using Energy Therapies and the program you worked.

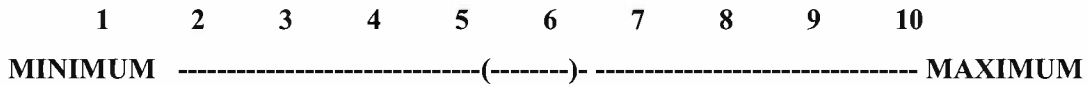
Our scale is as follow for all the parameters. The questions refer to which was the level of the specific parameter (before the treatment) and which is the level of the same specific parameter (after the treatment) you felt and register doing the exercise.



Before the Program After the Program

- 1- Level of Anxiety/Stress felt
- 2- Level of Ability to achieve felt
- 3-Level of Trust in yourself felt
- 4-Level of Confidence you felt
- 5-Level of Self esteem you felt

Our Scale is as follow for all the parameters



LEVEL OBSERVED
Of Parameter
Considered

LEVEL OF
AWARENESS
TO TAKE ACTION

LEVEL OBSERVED
Of Parameter
Considered

<u>Analysis of Data</u>			
	<i>GOOD</i>	<i>AWARENESS</i>	<i>POOR</i>
	<i>RESULTS</i>	<i>LEVEL</i>	<i>RESULTS</i>
Level of Anxiety/Stress felt	(1;5)	(5;6)	(6;10)
Level of Ability to achieve felt	(6;10)	(5;6)	(1;5)
Level of Trust in yourself felt	(6;10)	(5;6)	(1;5)
Level of Confidence you felt	(6;10)	(5;6)	(1;5)
Level of Self esteem you felt	(6;10)	(5;6)	(1;5)

Using Energy Therapies you find that:

Levels of Anxiety/Stress drop to a safer and secure state

Ability to achieve the tasks and move forward increases

Level of Trust in Self increases

Level of Confidence in Self increases

Level of Self Esteem increases

Pace the future

Recommendations are given strictly according to Results observed after test in each cases

Support to maintain and better the levels: Go from: 3 sessions/month to 2 sessions/month then 1 session/month and then sessions by request if needed

Homework is assigned in each case to maintain and support client daily according to each specific case.

Conclusions

The client is able to consider new projects to go for in life

The client sees his life in a more positive way

With Love Light Gratitude and Abundance to all,

Esther Coronel de Iberkleid

Life Changing Coach (Entrenadora de Cambio de Vida)

“My Journey toward YOUR success – The Magic Wand of Life”

“Transforming YOUR Life from the first Session”

<http://about.me/EstherCoroneldeIberkleid>

<http://xeeme.com/EstherCoroneldeIberkleid>

<http://www.retaggr.com/Page/EstherCoroneldeIberkleid>

Cel.: (591) 730 07479 Email: naprexc4@gmail.com La Paz - Bolivia