



See The Changes At A Cellular Level During A Balance

***Using Live Blood Cell Analysis,
Touch for Health and Body Management
By Brian Haraga (Canada)***

Abstract: During this presentation Brian will take one drop of blood, balance the person using “Touch for Health” and “Body Management” and then immediately will take another blood sample to demonstrate how the body changes on a cellular level during a balance. The immediately observable biochemical and nutritional information indicated by live blood cell analysis points to the root causes of an internal problem, and many ways of dealing with it, and the body’s progress in rebalancing itself over time.

Brian began using muscle testing for his horses at age 15. By 16, an auto accident is where Brian was introduced to Touch for Health and Al Berry’s Body Management work that enabled Brian to recover and get back to redoing. Brian’s work reflects his life lessons as well as his in-depth study of the body (human and animal) and how it works.

Kinesiologists are inventive and successfully use many related techniques to help their clients. Touch For Health is still the trunk of the tree for other types of offshoots to many other techniques. These methods are constantly evolving and the challenge for us all is to keep an open mind and to continue exploring (no giving up) when the results that we get are not what we expect. There been challenging cases and conditions that have spawned the techniques presented here, and the results have been very good.

Nutrition and Body Balance:

The body needs all systems to work in balance; physical, mental, emotional, spiritual, and nutritional. However, most Kinesiologists give little attention to the nutritional, cell and organ aspects of a person’s condition. Live Blood Cell Analysis (LBCA) provides us with a quick and easy way to identify the state of oxygenation, digestion, elimination, restoration and maintenance of the body. As well as kinesiology balances, specific healing programs often include dietary changes, such nutritional supplements as all natural vitamins, minerals, enzymes, and herbs, and possibly some exercise to help the person progress through the healing steps.

The State of the Blood Affects the Body:

The research of the Bradford Research Institute showed us the biochemical interactions in the blood and cells due to the presence of Reactive Oxygen Toxic Species (toxins in the blood that effect oxygenation). The research showed that the presence of Reactive Oxygen Toxic Species in disease states, affects and limits the essential physical and chemical processes breaking down food into simpler compounds, which become the “living organized substances” of the body carried in the blood.

In the cells, such living organized substances are converted into simpler compounds, with the release of energy for the use of the body (metabolism). The rate of metabolism of the body in a resting state is determined by measuring the oxygen being utilized by the body. This rate becomes an indicator of the level of oxidative stress in the body.

Live Blood Cell Analysis (LBCA):

Edgar Cayce in 1932 predicted that some day all diseases will be diagnosed from a single drop of blood. Now this may be possible with the exciting technology of Live Blood Analysis. Researchers have found that all biochemical interactions leave characteristic patterns in the blood, which may be observed by magnifying a single drop of blood 1500-20,000 times with a phase contrast Nikon microscope. With this equipment, both the therapist and the client can observe these patterns. The image from the microscope is projected through a camera to a television monitor so that the client can view his blood sample and see the blood patterns described by his therapist.

Specific dysfunction, challenges and development of imbalances in the body may be determined from the particular patterns observed in the blood. The physical causes of a body imbalance is almost certainly generated in every form by changes that have occurred in the metabolic functions of the body, with the exception of some genetically induced conditions.

It takes approximately 1 hour to do a complete live blood cell analysis, revealing the overall state of the body. Two samples of one drop of blood are analyzed, taken from the finger.

The first sample is called the dried blood sample.

A finger is pricked and small bead of blood is left on the finger for 20-30 seconds. Eight layers of that blood is picked up sequentially in layers using just the weight of a glass slide on the finger. The slide is then set aside to dry, and will be viewed after looking at the second, live blood slide. E.g. The lighter toxins found in the first layers (1-2) on the slide indicate the lung, lymph and bone. The heavier toxins found in the last layers (6-8) indicate the liver and large intestine and the other organs for the layers in between. From looking at the different layers of blood we can find where the different problems are in the body.

The second sample is called the live blood sample

You are a live person, so there is a great advantage of looking at your live blood. Half a bead size drop of blood is touched the slide and a cover slide is applied to it to create a vacuum, which keeps oxygen out. The blood stays fresh and alive for 20 minutes to an hour. This blood sample reveals the health of the red blood cells and the immune fighting response of the white blood cells.

The red blood cells perform 3 main bodily functions: they carry oxygen to the cells; they carry nutrients to the cells, and they carry metabolic waste products (toxins) away from the cells. The red blood cell patterns seen in the live blood cell sample reveal how they are functioning in the body. Also visible in the live blood sample are signs of organ function, parasites, fungus, immune activity and toxins as well as others. Comparative photographs are used to point out indicators for different blood conditions.

Almost everybody has something that could be looking better in their blood cell samples, due to some degree of imbalance in their lifestyle. The analysis is a powerful discovery and motivational tool for working with your clients' health problems. You find that your clients are more motivated to follow the program they are given so that they can change how their blood looks the next time they come in for testing.

Positive changes in the structure of the blood cells can be seen over time, especially when problems are identified before they become chronic. An ounce of prevention is worth a pound of cure, and your health is your greatest wealth.

The Blood Cell Analysis Approach to healing is gentle yet thorough. Includes processes which consider:

Oxygenation- red blood cells must be separate, not clumped together, to work well. If they are joined or poorly shaped, they may not fully perform their functions of delivering oxygen and nutrients, and removing toxins.

Digestion- the function of the stomach, liver, gall bladder, pancreas, small and large intestines determines whether the cells get all the nutrients they need to function. The condition of these digestive organs is assessed. E.g. The liver is particularly important for the balance of blood sugar, hormone levels, the digestion of proteins, fats, absorption of vitamins and minerals and the removal of toxins. Live Blood Cell analysis indicates the areas of stress to focus on for therapeutic results.

Elimination- regular elimination is essential for good health. Most allergies and disease begin in the colon. Touch For Health, dietary changes and added nutrition are used to enhance bowel elimination.

Restoration- after balancing the conditions found in steps 1,2,and 3, the blood is again viewed to determine how it has changed, and what still needs to be accomplished. .E.g. Oral chelation might be recommended to thoroughly clear the veins and arteries of plaque and to restore vitamins, minerals to the bones and muscles. Blood Cell Analysis gives a way to see how the therapies being used are working over time.

Maintenance- a simple program is provided that will help the person to maintain his new body balance.

Touch For Health and Body Management Method:

The Body Management method involves visceral manipulation to get the energy current moving correctly in the body. The fundamental theory is that it is the organs that control the meridians and nerves, which in turn control the muscles, which hold the bones in place. When the organs are manipulated, the rest of the associated body systems readjust. The application of this system is useful for structural problems, organ and glandular function. Thus, it is a process, which helps in the prevention of disease.

By combining the techniques of Touch For Health and Body Management with the innovative Live Blood Cell Analysis, you and the client can gain greater awareness and work towards your desired results. The client can “see” what is happening inside of himself, as well as feel it.

An Overview of Concepts and Skill Areas of the Body Management Protocol:

I find that using these methods and techniques closely enables me to help about 90% of the people and animals I work with.

Take this work and use it. When you touch one person, you touch the lives of all who meet them, all of whom they love.

Muscle monitoring has gained so much more popularity over the years, which is our key in all these various modalities of Specialized Kinesiology to tap into the innate intelligence that knows, in my opinion, absolutely everything; from the smallest organism to the largest macrocosm, in this universe and all other universes combined, in this plane and all other planes combined. I feel that Touch For Health has been the greatest influence in my own career as well as my own personal life.

Thank-you, Thank-you, Thank-you John and Carrie

Brian Haraga has more than 30 years of experience working with people and all kinds of animals. Brian is an instructor for Touch for Health, Body Management, Pet/Horse therapy, live and Dry Blood Cell Analysis, and a former Educational Kinesiology Instructor. Brian is also a professional Kinesiology Practitioner, amongst many other various modalities.

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