



## ***Analysis of the Function of Energetic Structures During Conception and Pregnancy***

*By Hugo Tobar (Australia)*

### **Introduction**

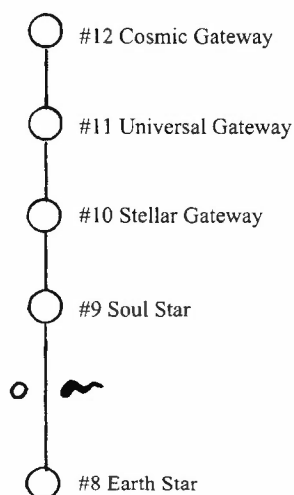
This paper will provide an updated analysis of the function of energetic structures during conception and pregnancy. There are four phases to consider, they are the phases of preconception, conception, pregnancy and the postnatal phase.

In each phase the relationship between the physical structures and the energetic structures will be examined and possible kinesiology balancing ideas will be presented.

### **The Preconception Phase**

This phase has two major components which are the relevant structures of the parents and the preconception energetic structure of the incoming being.

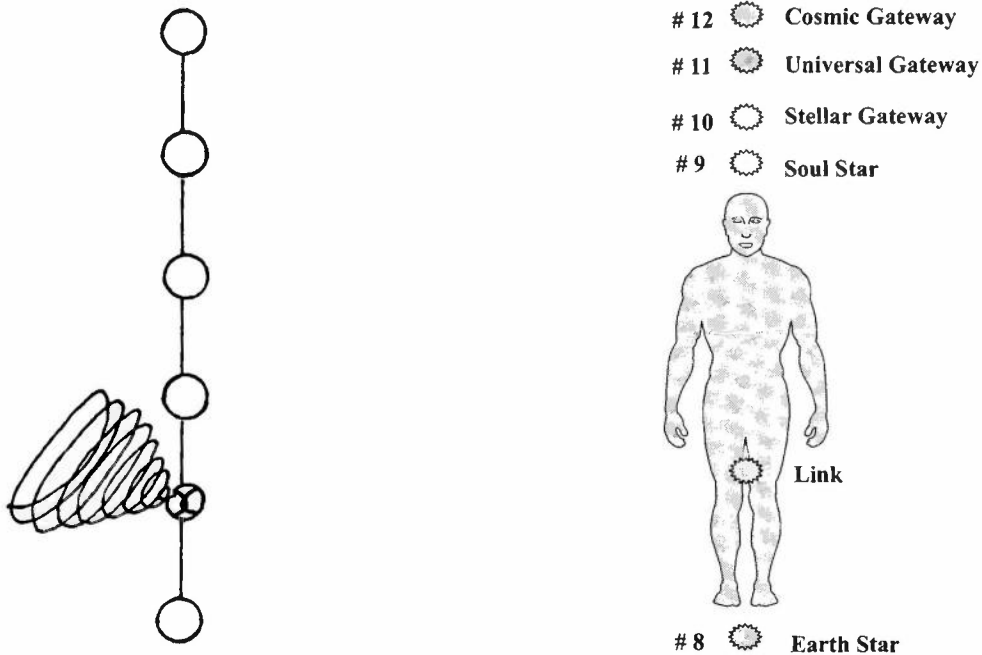
The parents should have healthy reproductive systems, which means the balancing of the reproductive systems and associated hormones. Also psychospiritual balancing is very important. One important chakra is the link chakra. The link chakra is a vehicle that allows an incoming being to enter the world. If it is blocked it can be like there is a being waiting to come in but can't get in. Other important chakras to balance in the parents would be the sacral, brow and crown chakras for their connections to the reproductive hormone producing glands. The pericardium meridian is also connected to the reproductive system and should be considered as well.



The preconception energetic structure of the incoming being contains all of the spiritual and 'karmic' blueprints that define the patterns of the life path. These are the major life's lessons and the greatest challenge that we have to overcome in our life. These issues are very hard to even identify, and drive our unconscious decisions in our life. The main chakras to balance here would be the soul star and stellar gateway chakras.

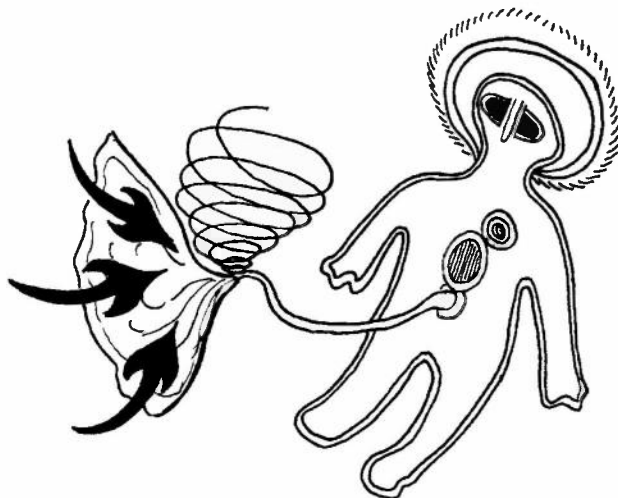
## The Conception Phase

The major components of this phase are the Link Chakra of the parents, Ida nadi (yin essence) from the ova of the mother, Pingala nadi (yang essence) from the sperm of the father, the formation of the first cell and the placental chakra. These would make up the main structures to be balanced in this phase.



## The Pregnancy Phase

The major components of this phase are the mother's womb, the developing meridian and chakra systems, the placental chakra and the developing fetus and placenta



### **Kinesiology Balancing Ideas**

1. Reproductive system in parents
2. Sacral chakra (connected to the gonads)
3. Brow chakra (connected to the anterior pituitary gland)
4. Crown chakra (connected to the hypothalamus)
5. Link Chakra (especially in the mother)
6. Pericardium meridian
7. Sperm and Pingala from the father
8. Ova and Ida from the mother

### **Bio of Hugo Tobar**

Neuroenergetic Kinesiology, now considered to be a major force in modern Kinesiology, is the brainchild of Hugo Tobar.

First discovering Kinesiology during a 3 year study of Eastern philosophies in India, Hugo's rich cultural background, extensive world travel, and in-depth study and research into all aspects of Kinesiology and its related fields have been the fertile source for his development of the exciting and insightful stream of Kinesiology known as Neuroenergetic Kinesiology.

An invitation to present a paper on his Neuroenergetic method at the Applied Physiology annual meeting in Arizona in 1999, led to worldwide recognition, not only of Hugo's theories but also of his teaching methods.

Teaching in institutes all over Europe, including at Kirchzarten Germany, the world's largest Kinesiology Institute, Hugo soon built up a following and a dedicated group of practitioners who are passionate about spreading his work and effecting the consequential flowthrough changes it makes in individual's lives, in their health and wellbeing.

Hugo established the NK Institute (formerly known as the International College of Neuroenergetic Kinesiology), an accredited Registered Training Organisation (RTO), in Australia where students can pursue their exploration of kinesiology in accredited courses from introductory to Diploma level, and beyond.

As Hugo says, "The power is making the unknown known"