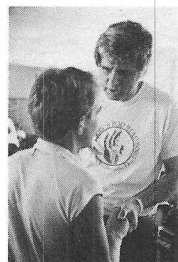
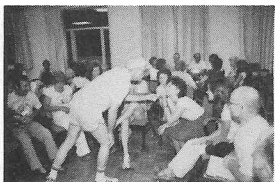
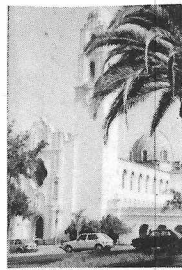


IN TOUCH FOR HEALTH



See You In SAN DIEGO !

APRIL

1982

IN TOUCH FOR HEALTH

Touch For Health Foundation

Publisher

Editor:

Darla Rollofson

The purpose of the Newsletter is to disseminate information on research plans, methodology, and results of self-development programs in health-care, both mental and physical. Further, the Newsletter is a forum to provide members with up-to-date information on programs, seminars, activities and training tips.

The Touch For Health Foundation is an educational non-profit corporation.

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Herman

By Unger

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The Touch For Health Foundation has a policy of non-discrimination and admits students of any race, color, and national or ethnic origin.



"I can't even pronounce what you've got!"

Dr. JOHN F. THIE

PRESIDENT

Dear Friends.

I have been very pleased with the progress that I see at the foundation and world wide in the spreading of the tools of our organization. Each month we receive letters and telephone calls from people that I have had no personal contact and they are helping others to be more whole. This is exciting. Just last week I received a telephone call from a nurse that wanted to be sure we would be putting on a ITW in her area because she wanted TFH to be available to the rural areas of her state and she was working to make that happen. In the same week I received another phone call and letter from Mary Jo Bullbrook Phd. a nurse who has just finished her ITW and is planning to do a book for nurses on how to use TFH in the nursing profession. Elsewhere in this issue is her request to nurses to share together and I urge all nurses to participate in this endeavor.

I want to urge all who read this to attend the annual meeting at the University of San Diego in San Diego California this July. There will be exciting things happening at the meeting and important announcements. We need your input and you will take home fresh new ideas on how you can help yourself to be more whole, and well as ways to help others. Will you tell others and encourage them to attend this meeting? There is an ITW at the university just prior to the meeting so it is a wonderful opportunity to get your student certified and then meet people doing what you and they will be doing from all over the world. Please encourage others to become Instructors of TFH.

As most of you know I earn my living as a chiropractor and see patients using the technics of TFH as one of the primary tools in helping people to wholeness. I want to share an experience that I had with a patient recently. I had completed the regular muscle balancing and chiropractic adjustment and I was determining if anything else was needed by this patient and we (the patient and I) determined that he was exhibiting some anxiety. (My definition of anxiety is when you do not know where the felt stress is coming from). When I find this I use the emotional stress release technic in the following manner. I will use the pectoralis major clavicular on one side as an indicator and then ask the person words that are related to different aspects of their lives, such as work, family, religion, etc. In this case he became weak on the word work. I questioned him about different aspects of the work he was doing to determine if he was aware of any part of his work that was being particularly stressful to him at this time. He said that it was probably due to a particular group that he was then working with, so we went through each member of the group testing to see if any particular one was causing him to go weak. When he went weak on one person he expressed surprise as he said he didn't think that there was a problem in that area. I used the frontal eminence holding

technic as he thought about the person and as I felt the pulses synchronize for 10 seconds and remain so synchronized and retested the muscle and it remained strong. This is of course the usual way that we all have come to expect the technic to help persons relieve anxiety and stress reactions. Why I am telling you this is what happened when the patient returned on his next visit. He told me that he decided that he would be meeting individually with each member of the particular work group, but he put off meeting the person that caused the alarm reaction causing the arm weakness until the last one. When he met with that person he discovered that he needed his help, that is the person that caused him to go weak needed his help in a very serious way for a life threatening problem. My patient was able to help him. This brings out in my mind how we are all connected and can be called by others who need us in silent ways. I would like to hear from any of you who have had similar experiences using our tools. I believe that we need to think about our inner connectedness and how we are called upon by God to help each other. We are empirical, that is we learn from observation of what has happened, in much of what we do. I believe that what we observe is valid for each person that observes the phenomena. I do not believe that because something happened one time that it will always happen under similar circumstances, if, however, many of us observe the same thing in the same way and when to tell others what we have observed and they do what we had done and they have similar results we can share that information about the number of observations. After these observations have been reported by many we can set up some rational statistical methods of testing the theory. I would really like to hear from more of you so that we can all benefit from our efforts in helping others become more whole.

Our AK chiropractic assistant class taught by Sheldon Deal D.C., his assistant Beverly, and Gordon Stokes, in Phoenix was a tremendous success. Everyone that was present felt that this is a very important program and everyone that was a student felt that they learned much more than they had expected to learn. Our next class will be in August (19-14) in Los Angeles. I urge all of you who know chiropractors to tell them about this class and encourage them to come themselves and send an assistant.

We are still in need of financial support from all of you. Those of you that are sending in 10% of your class fees are wonderful and the people that you are enabling to learn TFH better will be making our world a better place. Thank You!

We need your class roosters. Please send them in as soon as possible. We will respect your wishes regarding special handling of any of the students, just let us know. We need an increase in memberships. Will you ask your students to join the foundation?

Thank you for your support and your prayers. Love John

.T. F. H.

NURSES UNITE

A communications network of nurses supporting T F H education, practice and research is forming out of the T F H Foundation. The purpose is to provide support to each other in making an impact of T F H in nursing at all levels. Objectives of T F H Nurses Unite are:

- 1) To network who is doing what, where, how in T F H's and nursing.
- 2) To share resources in making the application to nursing practice, education, and research.
- 3) To promote advances in theory and application of T F H in order to develop it's scientific basis.
- 4) To support each other in the endeavor to apply T F H in nursing.
- 5) To provide leadership to the profession in health promotion and disease prevention through the use of T F H.

Name _____

Address _____

Phone (home) _____ (work) _____

Work (position) _____

Address _____

T F H Experience

T F H Application to Nursing (use additional sheets as necessary)

I approve of this material to be included in a text of T F H's nursing in the planning stages _____ yes _____ no _____ not sure

_____ Want to be on nursing mailings T F H Subgroup

_____ Want to help with nursing and T F H textbook

_____ Want to teach T F H and nursing

_____ Want to take advanced special workshops T F H and nursing

_____ Want to participate in research programs

_____ Want to help in organizational development of T F H Nurses Unite

Send to: Dr. Mary Jo Trapp Bulbrook, R.N.
% T F H Foundations
Phone 801-581-7228 or 801-467-0469
(work) (home)

TFH IN THE OFFICE

By Dr. Harrison



Dr. Chris Harrison is the director of California Chiropractic Associates, a wholistic Chiropractic group in Palo Alto, California. He received his undergraduate degree from the University of Houston and doctorate in Chiropractic at the Los Angeles College of Chiropractic. He is a Diplomate in the International College of Applied Kinesiology and has authored a number of research papers for the college. He was chairman of the Applied Kinesiology department for the Northern California College of Chiropractic and was chairman of the research committee for California Chiropractic Association.

It is late in the evening. The staff has left and the clinic is silent, and I have been quietly reflecting on the day's events. One case is particularly vivid in my mind.

The patient is an elderly woman with a severe case of osteoarthritis, a degenerative joint disease which has affected her left knee. She was given a poor prognosis by several doctors who felt her knee would continue to degenerate and become ankylosed (frozen). Corrective surgery would be necessary, and because of her age and condition, the results would be minimal.

Our orthopedic-neurological exam and x-rays confirmed the medical diagnosis. We have been using Applied Kinesiology and nutrition therapy as well as castor oil/vitamin E packs and hydrotherapy. In the time we have been treating her, the swelling has decreased and there has been some improvement in the range of motion of the knee joint. The pain has subsided somewhat. There is no doubt that the patient will continue to improve. The question is, to what degree can damage of this nature be reversed?

This brings to mind another patient who came in two years ago with severe pain in his right hip, also a problem of severe osteoarthritis. We worked with this patient for a year and a half but the damage was irreversible and ultimately he underwent hip surgery.

A third patient that I treated had severe degenerative disease of the shoulder joint. Intensive therapy brought some progress, but again the osseous damage was too great, and the patient underwent surgery. Unfortunately, there were serious complications in this case and the patient lost almost all use of his arm.

The reason I bring up patients with a low success rate is because there is a critically important connection between the condition these people suffer from and the use of Applied Kinesiology or Touch for Health.

(Continued)



Ligaments, as you know, are crucial to joint integrity. They keep the bones in place and act as a check to the joint's range of motion. In each of the above cases, the patients had weak muscles in the groups that were attached to the afflicted joint. In each case the joint on the other side of the body was relatively healthy, and the muscles attached to the healthy joint were strong.

What this means is that muscles, in fact, provide the general support for the joint. When muscles supporting a joint are found to be weak, there is often pain in the area of the joint. So problems such as bursitis, calcific tendonitis or degenerative joint disease are actually caused by weak muscle groups. Through the early use of Applied Kinesiology these problems could be corrected before the condition becomes critical. If the three patients had attended Touch for Health classes five to ten years before the onset of their problems, they might have been able to prevent the degeneration of their condition. This, in my opinion, exemplifies the tremendous value of Touch for Health.

As a doctor, I am exposed daily to the results of blood tests, x-rays and examinations of people who, through ignorance or misfortune, have bodies that are suffering from violation of the laws of good health. Because of this exposure, I perhaps have a different perspective from you on the true value of muscle strengthening. With the use of Touch for Health, we can show people what strengthens and weakens their bodies and teach them how to improve their level of wellness.

There is an adage in Chinese medicine. The doctor who heroically saves his patient is the poor doctor. The doctor who treats his patients and saves them from heroic measures is the mediocre doctor. The doctor who prevents any problems in his patients is the best doctor. By balancing muscles and by educating people about the value of Touch for Health, you will be providing the services of the best doctor.



"How about that, folks? I've got the kissing disease!"

THE TOUCH FOR HEALTH WORLDWIDE 1982 ANNUAL MEETING IS COMING!!

ANNUAL MEETING CALL FOR PAPERS:

Topics:

We are interested in papers on subjects related to Holistic Health, self-help and topics directly related to TOUCH FOR HEALTH.

Publication:

A synopsis of the conference proceeding will appear in the August newsletter, and appropriate presentations will be published.

What To Submit: (1 copy)

1. A clear descriptive and informative title.
2. An outline of the proposed presentation.
3. Approximate amount of time required.
4. Audio/visual equipment or special facilities desired.

When:

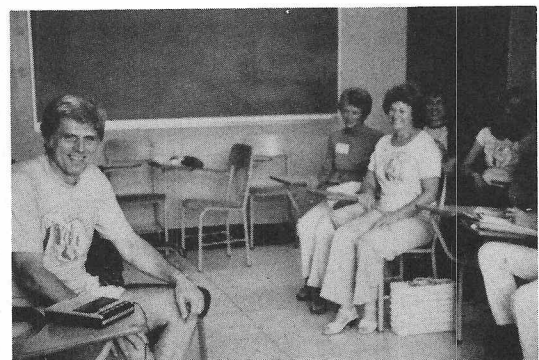
Deadline is May 1, but preference will be given to early entries due to time constraints.

Where:

TOUCH FOR HEALTH
1174 N. Lake Avenue
Pasadena, CA 91104
Attn: Michael Schley



**SEND IN
YOUR
REGISTRATION
FORMS
TODAY !!**



DO IT NOW

NAME _____ PHONE () _____

ADDRESS _____ MEMBERSHIP # _____

CITY/STATE/ZIP _____

EXP. DATE _____

SIGNATURE _____

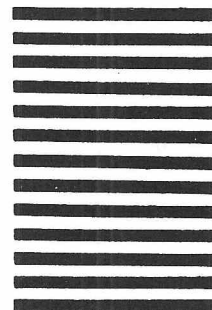
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TOUCH FOR HEALTH
1174 North Lake Avenue
Pasadena, California 91104



Welcome Dr. Richard Byrne

Dr. Byrne is Associate Dean and Professor at the Annenberg School of Communications at the University of Southern California. HE has been active in many fields of communication. As a photographer and a TV producer, he has also designed exhibitions, created logos, and corporate graphics systems, done photoillustrations for books, and written building programs for many small theatres, lecture auditoria, and three major communication buildings.

Dr. Byrne has served on many civic boards related to the arts and to the special needs of handicapped people. As a former Governor's appointee to the California state council on developmental disabilities, he has received numerous awards for volunteer services.

His academic background includes: A Ph. D. and a M.A. both in Speech and Dramatic Arts, from the State University of Iowa, and also a B.A. in Speech and English from the William Jewell College.

Dr. Byrne's current position is Acting Dean at the Annenberg School of Communications, Associate Dean of Instruction and Professor of Communications, at USC.

He has taught theatre, drama, film, television, new technologies, multi-media production, and management skills at Universities of Iowa, Wisconsin, Texas, and USC. He has developed and taught over twenty-five university courses in the last 23 years. He is also the winner of seven major teaching awards.

Dr. Byrne is President of the Byrne Group, a communication consulting firm. Has been a consultant on communication-related issues to government, education, and private corporations throughout the United States, Europe, and the Middle East.

An advocate and governor's appointee in the fields of mental health, rehabilitation, and developmental disabilities. He has also received numerous awards for volunteer services. Has served on many civic boards related to the arts and to the special needs of the handicapped people. He recently served as the founding president of the American Society of Professional Consultants, an organization which recruited 2600 subscribing members in one year. He is also a member of many professional associations, such as, the Biological Photographic Assoc., the National Academy of Television Arts and Sciences, and the International Communication Association.

PRODUCTION AND CREATIVE WORKS

Television and Films

Author-producer-host of the "THE FILM SCENE", five color TV shows on current trends in motion picture style and content.

Producer of five experimental color TV short subjects.

THE MIKADO EXPERIENCE, a documentary 30 min. educational film on the therapeutic use of drama in the state Univ. of Iowa, school for handicapped children.

After attending the December update class, I made up a muscle check sheet that would allow me to record the results of a total muscle balance. When possible I like to do the long muscle test, following the testing order on page 127 of the text book, but I record the under and over energy imbalances on my check sheet on the law of the 5 elements chart. I also mark the affected meridians on the small wheel in the center of the chart to help me determine which way to make the corrections--- by the 5 element law or by the wheel. When I use the 5 element law, I write the order of corrections and results to use as a study aid later on.

Since taking the class, I am doing ocular lock, figure 8, auricular, gait, and emotions testing on a regular basis, and I'm having good results helping people. To me the "icing on the cake" of a muscle balance is locating and correcting the reactive muscles. What a difference it makes!

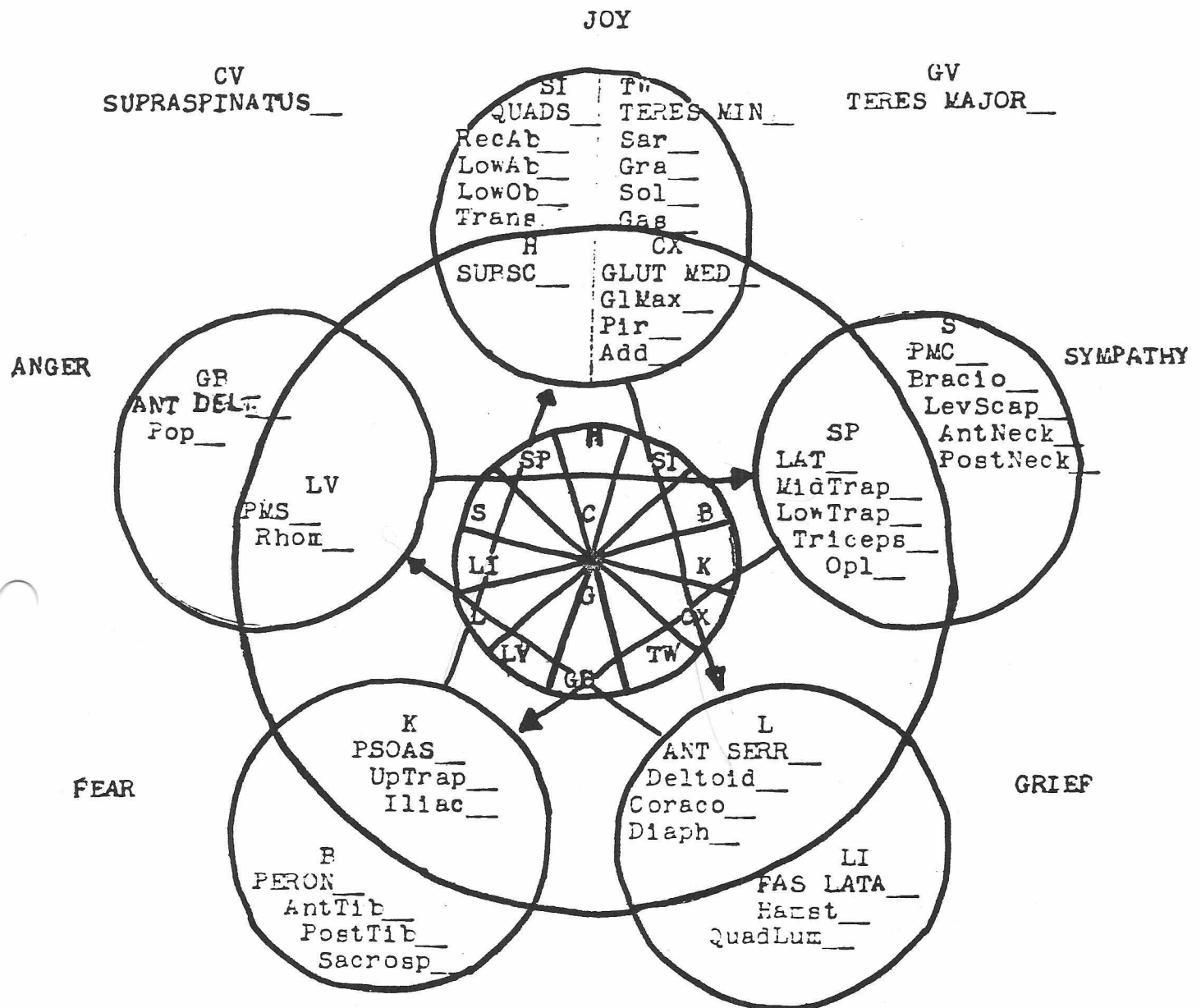
Perhaps you, too, will find this check sheet useful.

BY: Marjorie Ragon

Name _____

Date _____

5 Element Correction



Ocular Lock__
Figure 8 Front

Reactive Muscles
High Low

Misc.

1.
2.

Head__
Torso__
Legs__
Back

Next Time

1.
2.

Head__
Torso__
Legs__

Articular__

Comments:

Gait__
Emotions

by Marjorie Ragon

T. F. H. IN INDONESIA

"Ah, they are finally making the human body transparent" said John Santo, after I fixed his sore neck at lunch one day, and later showed him the Touch for Health book while flying from Java to Borneo. He subsequently bought 7 TFH books and gave them to his doctor friends as christmas presents.

Touch for Health is new in Indonesia and Singapore, but massage is away of life, and of course , the oriental medical systems are widley followed. Consecquently, TFH is readily accepted in this part of the world as it combines a western scientific approach with common local practices, and IT WORKS!.

There is so much demand that it would be easy to open a practice balancing people. My wife Rahaju and I have balanced many people here and have really helped some people, even curing several trauma related problems using ESR. We feel that balancing people is the best promotion for TFH courses. Due to other commitments, we have only given one course so far, but we have already scheduled a second course for Jakarta in Jan. and another course in Singapore in February.

Our goal is to generate enough intrest so that we can have an Instructors training workshop in this region. Then others will be able to teach TFH also.

We find that the most common problem here is neck soreness. If there is still soreness after balancing someone, then we re-check the neck muscles and work down through the upper trapezius, levator scapulae, shoulder muscles, back muscles, until there is no mors pain. Occasionally it isnecessary to use reactive muscles but usually just balancing one or two muscles does the job. Sometimes we do a limited neck treatment without a full balancing.

It is particularly gratifying to be enthusiastically recieved by health care professionals and community organizations. In Singapore I balanced my acupunturist before he treated me. Then he refused payment saying it was professional courtesy, and he wants to take the TFH course.



By: Ruslan Raymond Morris
Jakarta, Indonesia
Dec. 28, 1981

YOU'RE INVITED!

"AN OPEN INVITATION"

YOU ARE CORDIALLY INVITED TO BECOME A MEMBER
OF THE TOUCH FOR HEALTH ANNUAL MEETING COMMITTEE

THESE DATES ARE: May 11, 1982 7:30-10:00
at TFH office
1174 N. Lake, Pasa.

June 29, 1982 Will be held
at university of San
Diego, time to be
announced at 5/11/82
meeting.*

* Come at 6:30 if you would like to accompany
a few others to dinner.

SEE YOU THERE!!!!

1982 Annaul meeting chairman

MICHAEL SCHLEY

News Notices & announcements

A BIG THANK-YOU GOES TO MR. MORRIS KNAFF WHO IS TEACHING BASIC TFH CLASSES AND THEN DONATING 10% OF THE MONEY TO THE TFH FOUNDATION. THUS FAR HE HAS MADE TWO SUCH DONATIONS BOTH FOR \$20.00 .

KEEP UP THE GOOD WORK MR. KNAFF !!!

Memorial Gifts and Bequests

Many friends of Touch For Health Foundation have chosen to honor the memory of deceased relatives and friends with a tribute that also serves the living.

A personal acknowledgement will be sent by the Touch For Health Foundation to the survivors of the deceased advising them of your Memorial Gift. Please be sure to tell us the name of the deceased and the name and address of the individual to whom the notification is to be sent.

Families of the deceased may wish to include the following statement at the end of the obituary notice:

Friends of the family are invited to make a Memorial Gift to the Touch For Health Foundation, 1174 No. Lake Avenue, Pasadena, California 91104

For those who wish to remember the Touch For Health Foundation in their will, the following statement is suggested:

I give, devise, and bequeath to the Touch For Health Foundation located in Pasadena, California, the sum of \$_____ (or property herein described) for its discretionary use in furthering its program.

Those wishing to name the Touch For Health Foundation as a beneficiary in an insurance policy may obtain the necessary legal form from the insurance company or agent.

Should the donor wish to create a Memorial Fund in a will or insurance policy, please state, after the sum or property described, that the fund is to be known and designated as "... (name) ... Memorial Fund."

Well Folks... it's been a fascinating year. I would like to take the time and space one last time to thank all the many people who have been so wonderful and supportive to me this last year. I assure you the newsletter is in good hands. Allow me to introduce your new newsletter editor: Darla Rollofson. Besides being good friends, Darla and I have worked together for the past 4 years.

I know her well. She is very energetic and highly creative. For the past 1½ years, Darla has been the editor of Thie Chiropractic's in-house newsletter, "BACK TALK". We often sat and worked together on our separate newsletters, bouncing ideas off each other and "buddy proofing". It seems appropriate she is now officially the editor. With Darla as editor, you will have the benefits of her schooling in Chiropractic which she expands daily as a student at LOS ANGELES COLLEGE OF CHIROPRACTIC.

I wish Darla all the luck in the world, and I truly hope you will all see that she has it.

KEEP THOSE ARTICLES, LETTERS AND JOKES COMING!!!

Good-by, Everyone.

Aleta



THE ENTERPRISES STORE



We now have men's and women's Touch for Health T-shirts available in a wide spectrum of pleasing colors!

Women's French Cut (in 50% Cotton/50% Polyester for reduced shrinkage) shirts are available in the following colors:

Red	Lavender
Pink	Light Blue
Dark Blue	Maroon
Royal Blue	Peach
Purple	Light Green

Men's regular all cotton shirts are available in the following colors:

Red	Sky Blue
Green	Maroon
Dark Blue	Brown
Royal Blue	Tan

All shirts are \$9 (Touch for Health Foundation members receive a 10% discount)
Add some healthy colors to your Spring wardrobe and buy your T-shirts now!

INSTRUCTORS! Let your friends and students know you are a Touch For Health Instructor by putting on your shirt an Instructor decal. Available for only \$.50 each!

Also available are the full Touch For Health logo decal at \$3.00 each or 4 for \$10!

WE NOW HAVE ACCESS TO OVER ONE MILLION BOOKS...IF YOU CANNOT FIND IT -- WE WILL GLADLY LOCATE AND ORDER FOR YOU! HERE ARE TWO NEW TITLES YOU MAY BE INTERESTED IN -- NOW AVAILABLE:

POWER OVER YOUR PAIN WITHOUT DRUGS, by Neal H. Olshan, Ph.D.

This book not only has material about pain and its' causes -- Dr. Olshan also has a simple-to-follow 14 day program for relieving your aches and pain. Price: \$12.95

TRANSE-FORMATIONS, by Richard Bandler & John Grinder.

The sub - title of this book is "Neuro-Linguistic Programming and the Structure of Hypnosis" - this alone provides enough intriguing information to want to find out more. Based on Grinder and Bandler's seminars, this book covers most of the material they present. For those of you who already have FROGS INTO PRINCES (also available through THE) this will be a welcome addition. For those of you who do not yet know what NLP is - this is a good introduction. Price is \$5.50

(Prices subject to change without notice.)

HOW TO ORDER

By Mail - Send requests to Sales Department,
The Enterprises STORE, 1200 N. Lake Ave.,
Pasadena, CA 91104
Shipping: Please add \$1.50 for the first
book. 50¢ each additional one. Add
\$1.75 for the first chart (folio clothing, or
other item) 50¢ each additional item.
By Phone - In a hurry? Call us at (213) 798-7893 and
we'll ship via United Parcel Service C.O.D.

PURCHASES CAN BE CHARGED TO YOUR VISA CARD OR
MASTERCARD. Simply supply card number and expira-
tion date.

Orders are usually shipped same day request is re-
ceived. If there will be any delay, customers are ad-
vised promptly.

Touch for Health Foundation Members, in good stand-
ing, are extended a Courtesy Discount of 10% on most
items.

Satisfaction guaranteed. Any unsatisfactory item must
be returned within 10 days after receipt.

WHEN IN PASADENA, visit our new, enlarged bookstore
at 1200 N. Lake Ave. (near Washington Blvd.). All items
are on display.

OPEN - 8:00 a.m. to 5:00 p.m. Monday-Friday
Saturday, 9:00 a.m. to 1:00 p.m. (P.S.T.)



YOU...

TOUCH FOR HEALTH
1174 NORTH LAKE AVENUE
PASADENA, CALIFORNIA 91104
(213) 794-1181

Experience your own ability to promote growth and health through TOUCH FOR HEALTH!

The TOUCH FOR HEALTH FOUNDATION sponsors courses every month which teach people like yourself a simple and effective method to relieve tension, improve posture and raise the quality of health. The TOUCH FOR HEALTH I course is 12 hours of "hands on" experience and practice in releasing tension, and improving posture through muscular balance. This course also serves as pre-requisite to the TOUCH FOR HEALTH INSTRUCTOR/ADVANCED WORKSHOP. (Nurses CEU credits available upon request under provider # 00631).

Invest now in improving your health! Send in the registration form below.
\$75. per person (includes book); \$105. per couple (includes one book).

SCHEDULE OF FORTHCOMING CLASSES:

BASIC CLASSES FOR APRIL

Apr. 6	Tues.	6:00 P.M. - 10:00 P.M.
Apr. 7	Wed.	6:00 P.M. - 10:00 P.M.
Apr. 8	Thurs.	6:00 P.M. - 10:00 P.M.

Apr. 20	Tues.	6:00 P.M. - 10:00 P.M.
Apr. 21	Wed.	6:00 P.M. - 10:00 P.M.
Apr. 22	Thurs.	6:00 P.M. - 10:00 P.M.

Apr. 13	Tues.	6:00 P.M. - 10:00 P.M.
Apr. 14	Wed.	6:00 P.M. - 10:00 P.M.
Apr. 15	Thurs.	6:00 P.M. - 10:00 P.M.

Apr. 27	Tues.	6:00 P.M. - 10:00 P.M.
Apr. 28	Wed.	6:00 P.M. - 10:00 P.M.
Apr. 29	Thurs.	6:00 P.M. - 10:00 P.M.

Apr. 16	Fri.	6:00 P.M. - 10:00 P.M.
Apr. 17	Sat.	9:00 A.M. - 5:00 P.M.

ADVERTISING

In order to help finance the soaring costs of publication of the Newsletter, it has been decided to accept limited advertising. The appearance of an item in this section will not, of course, constitute an endorsement

by Touch For Health, and we limit ad content to goods and services related to health.

Rates are: 1/4 page \$125; 1/2 page \$200, full page \$350. Reruns are discounted 20%.

THE MEMBERSHIPS

BASIC: Anyone wishing to become a member. A single person membership (\$30) or a joint or family membership (\$45) with only one mailing per household. Will receive newsletters, directory, T.F.H. pin, selected discounts at T.H. Enterprises Book Store, T.F.H. conferences.

CERTIFIED INSTRUCTOR MEMBERSHIP: These members receive the newsletter, directory, journal, referrals or listings for classes they teach, pin, selected discounts at T.H. Enterprises Book Store, T.F.H. conferences (\$40). Joint membership (\$60), one mailing per household.

PROFESSIONAL MEMBERSHIP FOR PRACTITIONERS: Benefits listed above plus referral of clients seeking various health care services from licensed health practitioners who use T.F.H. as part of their practice (\$60). Joint professional (\$90), one mailing per household.

JOINT MEMBERSHIPS: Two members from the same household joining together in the same membership category. specify single name to be used on mailings. Directory will list both members.

The following memberships include all the above benefits, where applicable.

SUPPORTING \$100 annually

CONTRIBUTING \$250 annually

SUSTAINING \$500 annually

LIFE MEMBER: Tax-deductible gift or pledge of \$1,000 or more. Life members receive newsletters, reduced registration fees for sponsored conferences, discounts on selected publications through T.H Enterprises Book Store, a pin, a recognition plaque, journal subscription and directory.

Members are eligible to attend the Annual Meeting at discount.

All memberships are tax deductible.

APPLICATION FOR MEMBERSHIP

NAME (please print) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____
()

PHONE _____

OCCUPATION _____
Specialty Areas _____

TFH Activities (including A.K.) _____

TYPE OF MEMBERSHIP (check one)

- ☐ **Basic** (individually) (annual dues \$30)
☐ **Joint Membership** (annual dues \$45)
☐ **Certified Instructor** (annual dues \$40)
☐ **Joint Membership Instructors** (annual dues \$60)
☐ **Professional** (practitioners) (annual dues \$60)
☐ **Joint Professional** (annual dues \$90)
☐ **Supporting*** (annual dues \$100)
☐ **Contributing*** (annual dues \$250)
☐ **Life**** (once \$1,000)

* may be paid in monthly installments \$50.
** may be paid in monthly installments \$100.
(Foreign addressed add \$24 for Air Mail)

Please give applicable information, please check:

- ☐ New Member ☐ Have not taken a basic class
☐ Have taken a basic class
☐ Renewal of Mem. # _____

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Amount enclosed \$ _____

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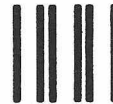
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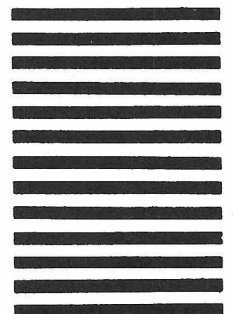
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