



Keeping...

InTouch

The Newsletter of the
Touch for Health Association of America

Autumn 1994

Volume 4

Issue 3

The Dancing Wu Li and Touch for Health

by Jim Reid, D Min

Einstein said, "Most of the fundamental ideas of science are essentially simple, and may, as a rule, be expressed in a language comprehensible to everyone." In February, I was invited to attend a meeting of people who are doing or are interested in, for a variety of reasons, non-traditional types of healing. Present were twenty medical doctors, both homeopaths and allopaths, a veterinarian, several physicists, several psychics, a chiropractor, and myself. It was at this meeting that I was introduced to Bell's theorem.

For the last several years various speakers in our meetings have made reference to quantum physics, but my desire to know more about the subject wasn't peaked until this meeting. One of the physicists turned me on to a book entitled *The Dancing Wu Li Masters*. Wu Li means, patterns of organic energy. A group of prominent physicists have decided that Wu Li is the best way to describe quantum mechanics. A "quantum" is a quantity of something, a specific

amount. "Mechanics" is the study of motion. Therefore "quantum mechanics" or Wu Li is the study of the motion of quantities.

We are talking about things on a subatomic level. On a subatomic level, the smallest unit scientists could find was called a particle. But then someone came along and proved that it wasn't a particle at all, but a wave that was moving.

After repeated experiments scientists have decided that it is both. On the subatomic level we cannot know both the position and the momentum of a particle with absolute precision. The more we know about one, the less we know about the other. This is called the Uncertainty Principle. Some physicists believe that the particle they measure in their experiments didn't exist before they began the experiment. This leads to the possibility that *our reality is what we choose to make it*. As incredible as it sounds, this is possible in the world of Wu Li.

Vancouver 1994

THANKS!!!

This years' Annual Meeting in Vancouver, Canada was fabulous! Hats off to our neighbors to the north.

One of the greatest gifts given to the USA by Canada was an eclectic array of innovative healing techniques from around the world — Canadian style, i.e. *with an elegance of flair and practicality*. We were witnesses to some remarkable healing modalities, from 'The Principles of Structure/Function' to 'The Seven Layers of Healing'. Attendees walked away inspired, renewed and re-educated.

Perhaps one of the highlights from the week long festival was Dr. Sha. He is new to the world of Touch for Health, but his healing insights using the Chi through Qi Gong principles were very applicable. But what made the presentation especially wonderful was the participants reaction: Touch for Health's celebrated Dr. Sha's enthusiasm by continuously reminding themselves to move the Chi via sound and movement. The tapes from the presentation will prove to be especially liked. And, for those who attended the Meeting...
HHHHhhhhhaaaaaAAAAA!!!

continued on page 8

continued on page 4

From the National Headquarters

Touch For Health is growing. Along with that growth we'd like to officially recognize JacQuaeline and acknowledge her as Executive Director of TFHA. She will be of great assistance in helping implement and actualize the dream and goals of the Association through her administrative skills. Here's a word from JacQuaeline.

I'm honored to have this opportunity to serve Touch For Health as Executive Director. I feel it is imperative for each of us to keep a focus on the overall purpose and vision of TFHA. I'd like to hear from more of the members. Have you noticed an increase in referrals from this office? I hope so. We are integrating new, more effective means to help inquiry calls reach you, and increase the number of inquiry calls. (see p. 6)

I am very pleased to announce the new affiliation between TFHA and Summit University of Louisiana. Touch For Health Association's courses are now eligible for review for college credits toward the learners Bachelor's, Master's and Doctoral Degrees. Be on the look out for more details regarding this exciting new development.

Remember that old saying, ask and ye shall receive. Ask for referrals from your students and clients. Their word of mouth advertising is extremely valuable. Follow-up with phone calls. This will add good will: someone cares; and add to your business. Oftentimes, people reach out for help, get it and sink into their patterns or co-con into their lives. The 1990's require us to reach out and touch people where they are. Start a follow-up phone call or mailing list. You'll be surprised how easy it is and the results will be tremendous for you. If you have more specific ideas on how to do this, don't hesitate to call me. We would also like to receive articles, testimonial statements from students and clients.

Furthermore, please join me in welcoming our newest staff member, Laura Sudar. A soon to be college graduate, Laura brings a bright light to our office, helping us serve your needs with love and joyous enthusiasm.

Advanced Course Schedule

Location and dates subject to change - call to confirm.

ITW = Instructor Training Workshop • PKP = Professional Kinesiology Practitioner

Course	Location	Dates	Instructor	Contact
ITW	St. Louis, MO	Nov. 4-10, 1994	Norma Harnack	(314) 647-0903
ITW	Poland	February 1995	Paula Oleska	(212) 864-4507
PKP I	Chapel Hill, NC	February	Arlene Green	(919) 928-4081
ITW	Pennsylvania	March 12-19	Paula Oleska	(212) 864-4507
ITW	St. Louis, MO	March 31-April 6	Norma Harnack	(314) 647-0908
ITW	Milwaukee, WI	May 22-28	Marge Murray	(414) 251-9418
ITW	New York, NY	September 17-28	Paula Oleska	(212) 864-4507
ITW	Chapel Hill, NC	October	Arlene Green	(919) 928-4081
ITW	St. Louis, MO	Oct. 27 - Nov. 3	Norma Harnack	(314) 647-0903
PKP2	Atlanta, GA	November	Arlene Green	(919) 928-4081

Touch for Health Association

Logistics

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1-800-466-TFHA

Membership Rates

Life-time Member	\$1,000
Sustaining Member	\$500
Contributing Member	\$250
Instructor/Professional	\$100
Basic Member	\$50
Newsletter	\$25

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Whole Page	\$500
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Business Card	\$75

Touch for Health Association
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From The President...

Hello and welcome. I recently returned from a trip to Sedona, Arizona. If you've never been there I encourage you to go. Sedona is a Spiritual center where geoenenergetic forces form vortexes that amplify and balance the electromagnetic systems living within and around us. Sedona is also known for its rich American Indian heritage.

Anyway, while in my journey I learned of a special tree named "The Guardian of the Forest" by the Indians. This tree is rich in iron that's absorbed from the red rock country of Sedona. Plus, this tree sustains a large amount of water in its fibers. The beauty and magic of this tree is that the iron elements amplified with the water fibers magnetize the electrical currents from lightening storms. The lightening thus strikes the tree. But, because of the high water content held in the fibers of the tree, the fire is absorbed and the "guarding of the forest" fulfills its role in the make-up of natures magic. It literally prevents forest fires through its martyrdom.

Touch for Health, and other forms of complementary medicine, are like "guardians of well-being". They keep the human body in balance, strong and efficient. But, Touch for Health is at times ridiculed by the Westernized medical establishment. As martyrs in the field of health care, it is our challenge to diffuse the hostility and enlighten the practitioner in the importance of honoring peoples processes. It is inherent within the Touch for Health synthesis to let the body guide us — naturally.

As a Touch for Healthier, I have the opportunity to remind health care providers of the importance in listening to the body. Moreover, I introduce them to healing techniques in which to learn from the body and "guard" it from imbalance. Like many of you, the work is noticed. Success is appreciated and,

again, we are recognized as "guardians of well-being."

Well, to complete my point about the tree, Touch for Health has recently gained greater acceptance into mainstream health and well care. We have been inundated with requests from professional organizations to publicize, promote and present Touch for Health to the masses. With the help of our network (you), Touch for Health has infiltrated, motivated and cultivated holism to professional care givers for over two decades. And, we are being noticed as a viable "guardian of well-being".

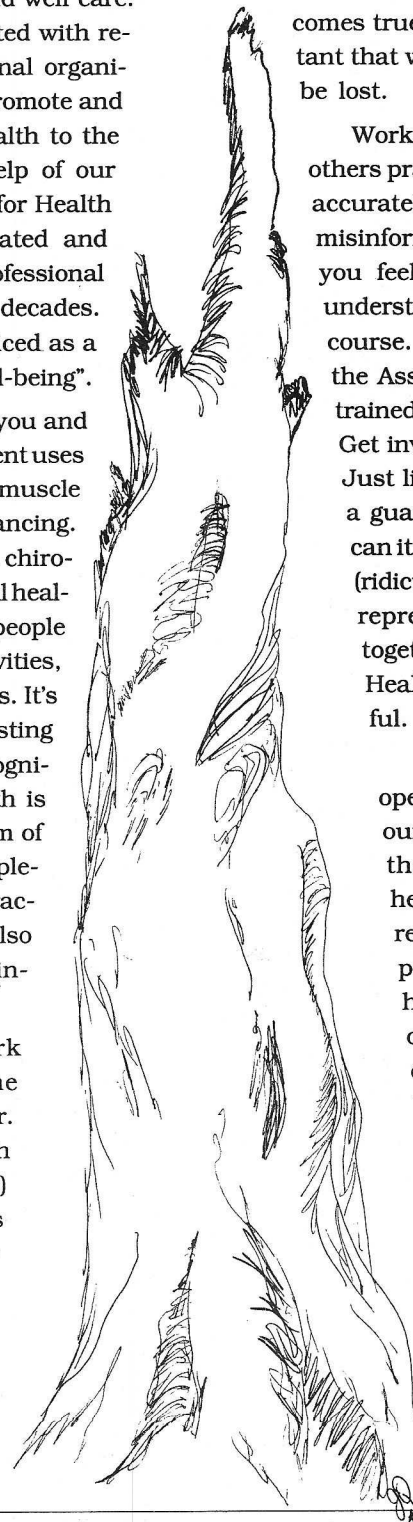
Just look around you and notice how many different uses people have found for muscle testing and energy balancing. You can see it used in chiropractic care, and crystal healing. You can find people testing for food sensitivities, and past-life regressions. It's everywhere. Muscle testing has wide use and recognition. Touch for Health is the biofeedback system of choice by many complementary health care practitioners. And, it is also used by many mis-informed individuals.

We need to work together to keep the "basics" clean and clear. The Touch for Health basics (TFH 1, 2, & 3) are the key that opens the door to wellness by using the body as a guide to vitality. If people use muscle testing without a clear understanding of its principles, they

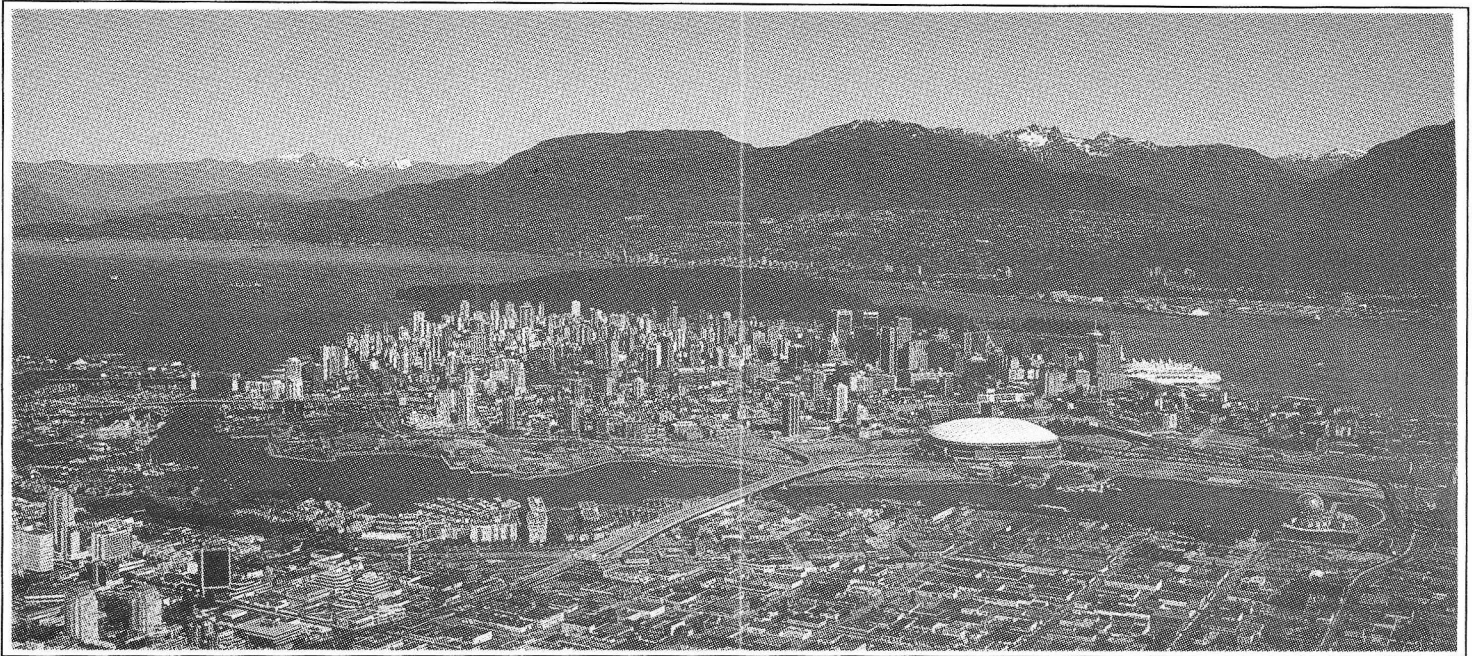
will distort the biofeedback being received. They will lack the appreciation that Touch for Health is designed to balance the human system. Once the system is balanced, testing for sensitivities and vulnerabilities becomes truer to form. It is important that we do not let the basics be lost.

Work with us. Help us help others practice Touch for Health accurately. If you see someone misinformed, teach them. If you feel insecure as to your understanding, take a refresher course. Read the book. Call the Association or one of our trained professional members. Get involved. Ask questions. Just like Touch for Health is a guardian of well-being, so can it be struck by lightening (ridiculed, misused, and misrepresented). Let's work together and keep Touch for Health pure and meaningful.

If we successfully cooperate we will accelerate our strength and bring on the rehumanization of health care. We will have reintroduced the simple power of touch. We will have reminded each other of the value of honoring another's process. We will have gained the wisdom of nature as it moves through and around us. We will live holism in the heart of medicine. Touch for Health is dependent on our use of it — let's take pride of ownership, and keep it clean, clear and respectable.



Vancouver 1994 - THANKS!!!



Of course, Dr. Thie inspired us all with his practical wisdom. He reminded us of the profundity and simplicity of the Touch for Health synthesis. His passion and compassion for humanity came through as he shared his vision of what Touch for Health has done for him, and in turn, what he is empowered to do for it. He has dedicated his life to fulfill his destiny of bringing Touch for Health to every household of America and beyond. The depth of emotion he shared, the painful joy and the inspired teachings fed Touch for Health's with courage, strength and direction. Dr. Thie is truly a man who has been gifted to awaken the natural healer within — *thanks John for the medium.*

Also, Dr. Deal brought us his usual penetrating insight into the greatness kinesiology offers to every one of us. His presentation included the practical ways we can utilize muscle testing to find the best nutrients, the best ways to bring chemical balance to our system. In addition, Dr. Deal demonstrated the importance of working with the electro-magnetic forces that govern our livelihood. Many times

we forget about the subtle forces that influence our vitality.

Fortunately, we were blessed with outstanding weather. The sun didn't set until 10:30 pm — so it gave us a lot of play-time. We enjoyed a beautiful cruise along the Vancouver harbor: we were awed by a magnificent skyline, under a new moon, on the 2000th day before the year 2000. Yes, we even held a special ritual to bring empowerment and healing in this turning of a millennium — it was great!

Our 'Saturday Night Live' talent show was absolutely hysterical. We had Captain Lymph (played by Laural Anderson, President TFHA Canada) do tremendously healing work on pathetic cases. We witnessed our own John Maguire transform into an amazing healer with incredible feats of Qi Gong channeling. And, of course, we cannot forget our host, Mr. Frank Mahony leading us with his remarkable wit.

This conference made history for Touch for Health with our largest Journal and presenter list since our

origin in 1973. We truly have come along way. Canada introduced new speakers and ideas that are clear, creative and compassionate.

We look forward to our continued work with Canada as we grow Touch for Health. We already have created greater ties by having TFHA Board members act as liaisons to keep each organization involved with and part of the evolution of touch healing.

If you would like to order an extra journal or witness it live from your television and buy some video tapes from the Annual Meeting call the Association at 1-800-466-TFHA, we'll take your order and mail the tapes.

The 1995 Annual Meeting, to be held in Columbus, Ohio, in the USA, will be just as motivating a celebration for us. We are riding the tide of success and growth. We have many surprises planned to ensure the 1995 Meeting shares the love and wisdom that Canada motivated in its participants. Be sure to attend the Meeting on July 5-11, 1995 (see 1995 Annual Meeting article on page 7 for further details).

How I got involved with *Touch for Health*...

Touch for Healthers were asked, "How did you get involved in *Touch for Health*? Here's your reply..."

"I am a massage therapist and Yoga instructor and I wanted to learn a technique that would be comprehensive, specific and holistic to better serve my clients and myself. I wanted to become an instructor because I always like to share with others whatever has served me. I became aware that I can switch off easily depending on my mood and my interactions with others. But now I have tools to help me balance and center again. Working with goal setting, I have gained confidence and I work closer with people's issues, especially while I'm teaching. I am freer, have more fun with my work and get better results.

If we were practicing *Touch for Health* the world over, more people would be open and contribute to their own well-being. They would be more eager to share with others the gift of health. I would teach more classes and can imagine myself teaching educators how to make simple tools available to kindergarten kids, i.e., the crawl muscle dance, even the reflex points could be taught. Imagine how in touch these kids would grow up to be. Wouldn't the world be a safer place to be in, with people functioning at their highest level of wellness? Our hands and wisdom can really make a difference."

— Claudie Charnin

"I came in contact with *Touch for Health* at Finhorn, Scotland in 1978. I was not well at that time and had a treatment from Sandy Danaheer in Holland. I became very enthusiastic about it, it worked for me and I wanted to pass it on. I became an instructor in the Summer of 1980 in Sonoma, USA and I still have a practice with clients. My last update to keep my teaching credential was last Winter."

— Joan Voors

"I was curious about *Touch for Health* because some nurse friends had heard of it and since I was in need of CEUs and the workshop was in my area, I decided to attend. Little did I know I was going to get rid of my ulcer problem with a simple 14 muscle balance. I volunteered to be the person Dr. Thie demonstrated on and needless to say, I was hooked!

I benefited so much from one balance I decided to learn more about *Touch for Health* and attended all the way through an ITW, taught by Gordon Stokes. There I learned about that special feeling of family and that something special that flows about when you're with *Touch for Healthers*.

If more people throughout the world used *Touch for Health*, and we had this "special something" flowing, it would be a better place. I've seen people's attitudes change. Maybe its because they feel better or maybe its because they see things differently. I don't know exactly. I do know I feel good in mind, body and soul. *Touch for Health* is one of the reasons."

— Evelyn Marshal

TFHA has a new list available which includes teacher travel schedules! This will make it easier for you to locate specific TFH classes. Call the TFHA office for a list and take the next step toward your self-empowerment, training and potential new career as a Touch For Health Professional. Please make sure your instructor is **CERTIFIED** and **ACTIVE** in the **TOUCH FOR HEALTH ASSOCIATION**.

If you have not received one (full size) in the mail yet, please contact the TFHA office and we will send one to you right away. Please make a note of the deadline dates for publication. A new Instructor teaching schedule will be published every two months. The schedule is distributed to all inquiry calls that come into this office. Another way your membership is serving the public and benefiting you and your practice.

Aug. 20, 1994	Sept. - Oct. 1994
Oct. 20, 1994	Nov. - Dec. 1994
Dec. 20, 1994	Jan. - Feb. 1995
Feb. 20, 1995	March - April 1995
April 20, 1995	May - June 1995
June 20, 1995	July - Aug. 1995
Aug. 20, 1995	Sept. - Oct. 1995
Oct. 20, 1995	Nov. - Dec. 1995

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**1995
ANNUAL
MEETING**

July 5-11, 1995

Columbus, Ohio

*"The Spirit Of The
Healing Heart"*

**A Must...
Plan On Attending!**

For More Info.

1-800-466-TFHA

The Dancing Wu Li and Touch for Health

by Jim Reid, D Min

In a theology class many years ago, we discussed "creation out of nothing." That, we decided, was how God created the world. Quantum mechanics proves that indeed the world is created more out of nothing than anything else. If we wanted to see the atoms in a baseball, we would need a baseball the size of the earth. The atoms would be the size of grapes. To give you an idea of how much of nothing is in an atom, consider our universe's most common atom the hydrogen atom. It has one electron. If one stood at street level with a grain of salt representing the nucleus of the atom, the electron would be a microscopic spec on the roof of a fourteen story building. That's a lot of nothing.

No wonder quantum mechanics views subatomic particles as "tendencies to exist." The author of the book says, "It may be that the search for the ultimate 'stuff' of the universe is a crusade for an illusion." Or as he says in another place, "Research for the ultimate stuff of the universe ends with the discovery that there isn't any." From a biblical perspective, Col. 1:15-16 says, "... all things were created ... visible and invisible ... and in Him all things hold together."

Not only is everything made out of nothing, that nothing is conscious. At least one group of physicists came to that conclusion. E. H. Walker said, "Consciousness may be associated with

all quantum mechanical processes." A single photon was fired at a film through a pin prick in a piece of paper. The light traveled in a straight line. When a second hole was pricked in the paper and the photon was fired at the film, it made no difference which hole the photon went through in the paper, it struck the film half way between the two holes in the paper it traveled through. The conclusion by more than one physicist was that the photon was "aware" of the other hole.

Now Bell's theorem says, "Everything in a field knows everything about the field instantaneously." That's one of the reasons why we get all of those "intuitive" flashes when we are working on a client.

Demonstration

1. Enlist another muscle testor to work with me on opposite sides of a divider so that one cannot see the other.
2. Get two volunteers, one of which has pain somewhere.
3. Have other muscle testor work with volunteer with pain.
4. I will ask my volunteer if he/she is willing to surrogate for the other volunteer. If yes, proceed, if not get a different volunteer.
5. Get a number from 1 to 10 on the pain of other volunteer.
6. Have other testor test bilaterally anterior serratus, PMS, PMC, anterior deltoid, latissimus dorsi, and unilaterally quadriceps, gluteus medius, psoas, fascia latta
7. As each muscle on volunteer number one is tested, I will test the same muscle on volunteer number two with hopefully the same results.
8. After all muscles are tested, I will do a time of day balance on my volunteer who is surrogating for the other volunteer who has pain.
9. Now have the second testor retest all muscle on the second volunteer. They should all be in homeostasis. Ask about volunteer's pain which should be diminished or gone.
10. Bells theorem allows us to balance people at great distances because a field is established consciously. I have been using a telephone to establish a field, but one can do the whole experiment mentally as we did here.

There Is Only LOVE

by Geraldine Rhoades

Dr. Richard Gerber in *Vibrational Medicine* writes, "It is most important that we learn to express love in our relations to others - parents, family, spouses, children, friends, associates, patients, clients, and especially toward ourselves. This is perhaps the greatest lesson human beings need to learn and there would be far less suffering and illness if we could all learn to love each other and forgive ourselves for our mistakes." He also writes that our physical selves are fed not only by oxygen, glucose, and chemical nutrients but also by higher vibrational energies which endow us with life and creative expression. Each physical body and personality is an extension of a higher spiritual consciousness. While our bodies may be transitory, the experience and knowledge gained as we are in physical form is everlasting.

The integral mechanisms which regulate the flow of higher energies into the physical form consist mainly of the chakra, nadi system and the physical/etheric interface which consists of subtle energies including the meridian acupuncture system. The higher vibrational input to the chakras and known meridian channels (and possibly as many as 72,000 more energy channels interwoven with our nervous system) provide a subtle nutritional and organizational influence to the cells of our bodies

helping to maintain order and balance at the molecular level of expression.

Health, according to Dr. Gerber, is a function of proper alignment, balance and coordination of the higher subtle energies with the physical vehicle. "We are multi-dimensional - physical, etheric (vibrational), astral (emotional), mental, and causal (spiritual). The causal (spiritual) body deals with the essence of

are awesome gifts of love and I am eternally grateful for T.F.H., Applied Kinesiology, P.K.P., Hyperton-X, Edu K, Brain Gym, Self Help for Stress and Pain, Transformational Kinesiology, Biological Kinesiology, Physiological Kinesiology, Psychological Kinesiology, Maximum Athletic Performance, Stress Without Distress, Spirituality Lost and Found, and other gifts that I forgot to mention, and those that are yet to be expressed.

It can be overwhelming and overloading when we consider the complexity of the human body, emotions, mind, and spirit and all of the tools available for healing. However, in and of our essence we have all we need for healing ourselves and others over and over, deeper and deeper — we have LOVE.

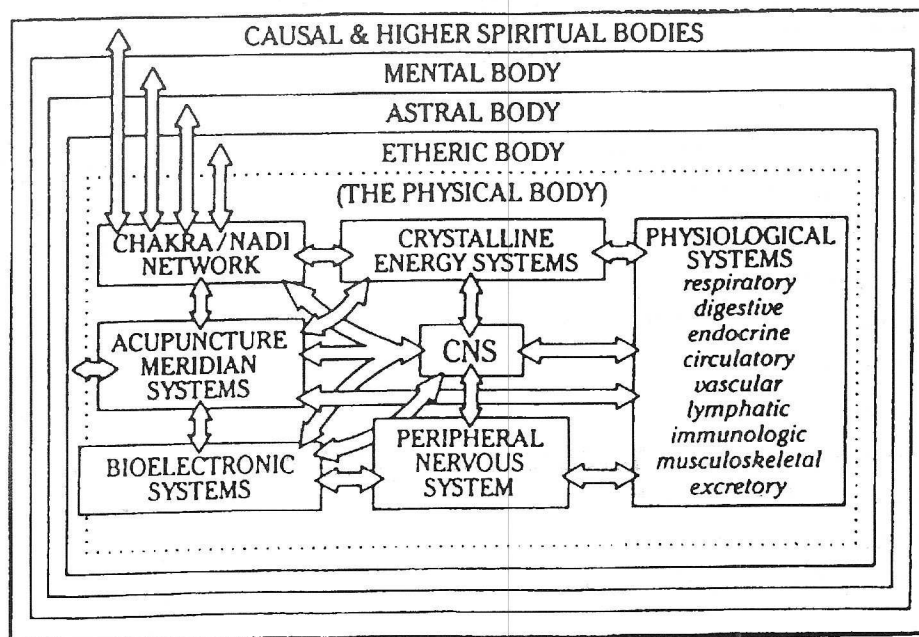
Dr. Thomas

Close, D.C., with whom I work in Colorado, told me that when he enters a room to be with a patient he puts all of his "learned tools" in his back pocket and out of his mind. He takes a deep breath and prayerfully asks that he be there to serve. I believe that in serving ourselves and others we receive and give what is needed. All the tools we have to help heal ourselves and each other through T.F.H. and Kinesiology are awesome gifts. Through the bio-feedback of muscle testing and response we receive what we really need to know to heal.

substance and the true causes behind the illusion of appearances This is where total healing takes place."

When Jesus Christ was asked what the essence is in his many teachings he responded simply, "Love thyself; love each other as thyself." We heal spiritually within our true essence of unconditional love. We are not separate for we all have the same essence as does all creation. We have purpose here in body in this world — the purpose of expressing our beautiful uniqueness of love. To be, to serve, to teach only love.

In the T.F.H. paradigm the tools we have to serve ourselves and each other



continued on next page

There Is Only LOVE

by Geraldine Rhoades

Dr. Close also shared that his patients tell him what they want and he prayerfully asks that he may facilitate their needs through Network Chiropractics. Too, Sophie Burnham, who wrote *A Book of Angels*, told me during one of her workshops that she was told by an angel that it was very important for us to ask for what we want so angels and guides can help us with our needs. It is in the asking, in the supplication, that angels receive the vibrational energy they need to help us.

All we have to do then is to receive. And there is nothing that is impossible that is truly expressed from and of our essence. Our lifetime challenges are to release anything unlike love — judgment, greed, power, envy, lust — in order to manifest fully our authentic selves in LOVE.

In conclusion I would like to share the poem I read in San Diego, 1991, at the International T.F.H. Convention.

Be Good To You

Be yourself - truthfully. Accept yourself - gratefully.
Value Yourself - joyfully. Forgive yourself - completely.
Treat yourself - generously. Bless yourself - abundantly.

Balance yourself - harmoniously.

Empower yourself - prayerfully.

Love yourself - wholeheartedly.

Give yourself - enthusiastically.

Trust yourself - confidently.

Express yourself - radiantly.

- William Arthur Ward

References

1. Burnham, Sophie, *A Book Of Angels*, Ballantine Books, N.Y., 1991
2. Eadie, Beny J., *Embraced by the Light*, Gold Leaf Press, Placerville, Ca., 1992
3. Gerber, Richard, M.D., *Vibrational Medicine*, Bear and Co., Santa Fe, N.M., 1988
4. Jampolsky, Gerald, M.D., *Love Is Letting Go of Fear*, Bantam Books, Celestial Arts, Berkeley, Ca., 1979



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From Near to Far

TFHA is proud to announce a new opportunity for all Touch for Healthers — discounted travel!

Yes, we have aligned ourselves with Thomas Cook Travel and American Express Travel Services to help all of us traveling Touch for Healthers get the best deal. Be on the look-out for our mailer coming your way shortly. All you'll need to do is fill-in or call-in your registration. The rest is savings!

The greatest advantage is that you will have the buying power of the largest purchaser of travel services in the world. That means the strength of negotiation and special benefits. You, of course, benefit in all manners: low airfares, high class hotels at discounted rates, free auto upgrades, etc.

And, we at the Association benefit by providing you with incentives, savings, and discounted rates to Event and Meeting destinations.

If there are any services you would like us at the Association to provide you, please let us know. As a member-run organization our aim is to serve each other. We have established ourselves as a strong network of good-hearted, intelligent people dedicated to helping others grow, heal and live happier lives.

As a group we have gained strength and power. Let us plan carefully and act accordingly. We can and are developing an Association that benefits everyone involved. We have come along way, and yet, we have just begun.

So, remember, when you get the Thomas Cook mailing, fill-out the paperwork or call it in. That simple action will give you discounts to places near and far. It will also give us the clear message that as a member you're dedicated to our growth and prosperity.

TFH Protocol Based on 7 Success Habits

by John Thie, DC

Covey's Seven Habits of Highly Effective People:

1. Be proactive.
2. Begin with the end in mind.
3. Put first things first.
4. Think win-win.
5. Seek first to understand, then be understood.
6. Synergize.
7. Sharpen the saw.

1. **BE PROACTIVE.** Both parties in the balance recognize that they have unity, have a willingness to have things happen, to take action. Know and believe that what you do will make a difference. You are charting our own course in life by the choices you are making.

2. Be aware of the outcome you both want for the balancing process. Ask yourself the question what is the purpose of this balancing? What is the goal?

BEGIN WITH THE END IN MIND

3. Balance for the most important goal first. **PUT FIRST THINGS FIRST!**

Don't delay caring for yourself! Don't delay giving the balance to loved ones. Daily trading of balances is not too often.

You have many aspects to your life, you wear many hats. Each of these aspects can have need for balancing — give yourself a chance to explore better performances in the different roles you have in your life

4. Believe that everyone can win. **THINK WIN/WIN OR NO DEAL.** Have an abundance mentality. Know that there is plenty to go around.

Think about multiplying by dividing. Think about dividing by multiplying. Remember that energy is universal substance and as a result abundance is now!

5. **THINK FIRST TO UNDERSTAND THEN TO BE UNDERSTOOD!**

Be sure you know what your students/clients/patients really want. Clarify your understanding of their purpose and goals, before you tell them what you will be doing to assist them. Explain how the process of working with them will proceed. Get agreement before you continue.

6. **SYNERGIZE.** Recognize that the whole person needs to be involved in the balance. No matter where the complaint is located, the whole person is suffering or failing to perform as desired. Remember that the person has many roles that they play which make up the whole person. They have multiple parallel universes and you have become

one of these universes. You are part of them from then on. You are part of their whole system.

In synergizing, you want to have the freedom, the attitude to expect a miracle during the intervention.

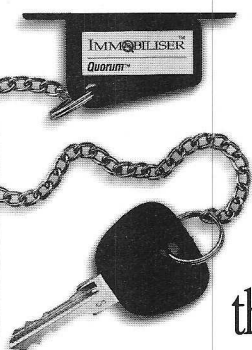
This synergizing is the ability to give the situation totally over to God and allow the universal truths to occur. You can have the unexpected realization that you are, in reality, totally dependent on God. Have a joyous surrender and let go, do what you have been trained to do easily and effectively — being guided by the universal principle, and the body.

Your balancing process becomes more than just the testing of muscles and the touching of reflexes, of thinking and feeling, it will be an alignment with your higher self. 2+2 won't just equal 4 it may be 8 - 16 or 1600, you will synergise love and healing.

7. Learn from the Experience-write down what happened — keep records so that you can share. Use every encounter as one to hone your skills and learn more about how wonderfully made we really are, learn about the design. Always know that you can add to your knowledge and **SHARPEN YOUR SAW!**

Come to each situation fresh, expecting to learn something different from the unique human being you are encountering.

Plan to have and look for the wonderful positive outcomes of every encounter. Surrender to serving with all your heart, soul, mind and strength in love and truth expecting new light to show you the way for that moment.



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Membership Info. Benefits of Membership

Newsletter Only - \$25 (US)

Basic Member - \$50 (US)

- The TOUCH FOR HEALTH Annual Journal
- Listing in the Association directory
- One TOUCH FOR HEALTH Membership Directory
- A subscription to the *Keeping In Touch* newsletter
- Selected discounts at T.H. Enterprises bookstore
- Discounts at TFH events and meetings
- Voting privileges for all TFH elections

Professional Member* - \$100 (US)

- All of the above, plus...
- Referrals for students and/or clients
- Promotional assistance
- Special promotional materials
- Development of TFH curricula

(* Graduate of TFH 1, 2 & 3, Instructors must take ITW)

1-800-466-TFHA

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