

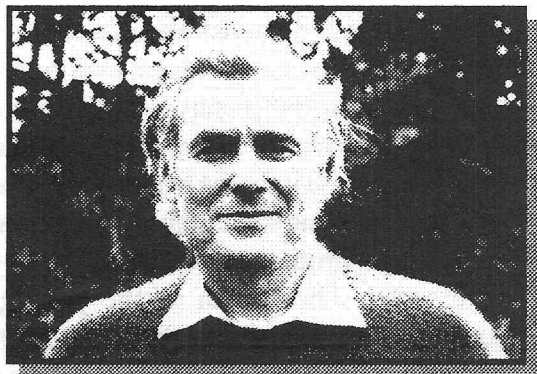
# In Touch Midwest



*The Newsletter of the Midwest Region  
Touch For Health Association of America*

Issue 7

Winter, 1997



Dr. John Diamond M.D., D.P.M., F.R.A.N.Z.C.P., M.R.C. Psych., F.I.A.P.M., D.I.B.A.K., graduated from Sydney University Medical School, and in 1962 was awarded his Diploma in Psychological Medicine at Melbourne University. Dr. Diamond has written several books and articles some of which are:

- *Your body Doesn't Lie*
- *Life Energy: Unlocking the Hidden Power of Your Emotions*
- *Life Energy Analysis: A Way to Cantillation*
- *The Re-Mothering Experience*
- *Notes on the Spiritual Basis of Therapy*
- *The Life Energy in Music, Vol 1-3*
- *Speech, Language and the Power of the Breath*
- *A Book of Cantillatory Poems*

Midwest Conference Saturday, March 15<sup>th</sup> Dr. John Diamond to be keynote speaker.

One day workshop following the conference with Dr. Diamond, *Life Energy and The Emotions* on Sunday the 16<sup>th</sup>. For cost, location, time, registration and discount information see Insert.



## Congratulations to:

Dr. Ed Ireton, BS, RPh, DCH, on getting your degree. Dr. Ireton achieved this goal by studying approximately three hours a day for three years and writing in excess of twelve hundred pages to receive his DCH from the American Institute of Hypnotherapy.

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## Midwest Conference in March. Highlights Include:

✦ *Dr. John Diamond*  
Keynote Speaker

### Topics for Other Speakers:

- ✦ Cancer and Nutrition
- ✦ Craniosacral Therapy and Kinesiology - A unique experience
- ✦ Effective Goal Balancing
- ✦ Exploring the Subconscious
- ✦ Healing Touch - What is it and how it works
- ✦ Iridology
- ✦ Power of Perception
- ✦ Remembering your soul - Toward Heaven and Earth
- ✦ Co-Dependency
- ✦ Using Hypnosis for the relief of pain
- ✦ The Body Can Lie! - How to avoid fibs and other harms with muscle testing.

See Insert for more info.

### *What's Inside*

From Our President .....	2
Calendar of Events .....	3
Course Descriptions .....	3

NEW!!

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## VoiceMail

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NEW!!

# T.F.H.A. National Board of Directors

Judy Levin ..... President

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Carol Boschetto..... Secretary

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## From Our President

### Closet Touch For Healthers, Come Out of the Closet!

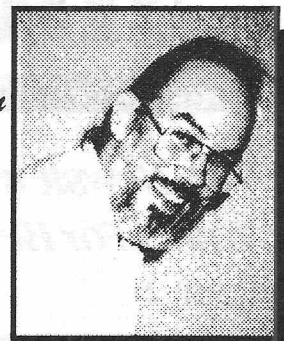
An interesting situation happened to me recently: I was invited to have a booth at a major health fair at a large city several hours from Columbus. This health fair is being sponsored by a local TV station, and consists almost exclusively of main stream medical care facilities. When the people in charge realized that I was not a main stream medical provider, there was, and still is, a great deal of controversy sparked and serious doubts have been raised about whether or not I should be allowed to participate.

This helps to bring into focus the fact that the general public still does not know about Touch For Health. I find it astounding that after 25 years in existence, the great majority of the population in this country still is totally unaware of Touch For Health. I think it is time for all "closet" Touch For Health practitioners and their clients to come out of the closet! How do you know if you're a closet TFHer? Here's the test: today, have you told anyone that didn't know it that you practice Touch For Health? If not, you are in the closet! **COME ON OUT!!** Let people know that you use TFH techniques to benefit yourself and your family. Demonstrate for them. Let them be as amazed and excited about TFH as you were when you first experienced it! If you are not a practitioner, but a client, you can still help spread the word. Tell your friends and acquaintances how TFH has made a difference in your life. Encourage them to get a demonstration from a practitioner, and maybe the next time they have a minor problem, they will think of seeing a Touch For Health practitioner instead of relying on drugs or over the counter medications.

Just imagine, if everyone who knows

By

Chris Holderman



of TFH were to demonstrate on one other person every day, soon the great majority of the population in this country would be aware of Touch For Health. Many of them would then begin to use it for the benefits they can receive from it, and some of them might even start using it professionally, as I and many others do. The health of the general population would increase; the incidence of sickness and disease would drop. Dr. Thie's original goal of having one member of every family in this country using TFH techniques might finally be achieved. What a wonderful world that would be!

Whether you actively practice Touch For Health, or just use the techniques to benefit yourself, you can make a difference. Come out of the closet and into the light of day; it's wonderful out here!

## Health Empowerment Systems

John & Anita Butts

- Certified TFH Instructors
  - Hypnotherapists
  - Professional Kinesiology Practitioners
- Classes and private sessions by appointment

(614) 454-1748



# TFH Midwest Region Spring Conference

The Conference this year is to be held on March 15th at the Franklin Park Conservatory in Columbus, Ohio. The cost is just \$35 per person (\$30 if registered by Feb. 15) and lunch is included. Start time is 10:00 a.m. until 6:00 p.m. The Keynote Speaker is **Dr. John Diamond** author of *Life Energy: Unlocking the Hidden Powers of Your Emotions*.

## *Additional Speakers Scheduled for the Conference:*

**Dominic DiAngelis;** Advanced Iridology

Iridology - Determining a program of wellness using Iridology.

**Bruce Doolin;** LMT, CPFT

Craniosacral Therapy & Kinesiology - A Unique Experience - How using these two powerful holistic tools together can promote healing, relaxation, stress reduction and create a catalyst for optimal health and well being.

**Victor Dutro;** TK-6, TFH Instructor, PKP, BioKinesiology

Exploring the Subconscious - What it is & isn't.

**Cindy Fulton;** RN, TFH Instructor & Certified Hypnotherapist

Co-Dependency

**David Mumm;** MA, 10 yr Teacher & Therapist with EK

The Body Can Lie! - How to avoid fibs and other harms with muscle testing.

**Chris Holderman;** TFH I, II, III, PKPI, Clinical Hypnotherapy

Effective Goal Balancing - Improve the results of the work being done.

**Ed Ireton;** BS, RPh, DCH

Using Hypnosis for the Relief of Pain - Theories of controlling pain. Difference between pain & suffering.

**Judy Ireton;** TFH Instructor

Cancer & Nutrition - Using nutrition for the prevention and treatment of cancer.

**Dee Martin;** LMT, TFH Instructor, PKPI, II, III

Power of Perception - Discover how our perceptions enhance and destroy the quality of our lives.

**Robyn Morrison;** RN, BSN

Healing Touch: What is it and How it Works - Anatomy of aura & chakras - experiencing the auric field.

**Mark Pitstick;** BS, MA, DC

Remembering Your Soul: Toward Heaven on Earth - Enjoy a heaven on earth while assisting a global transformation toward the same.

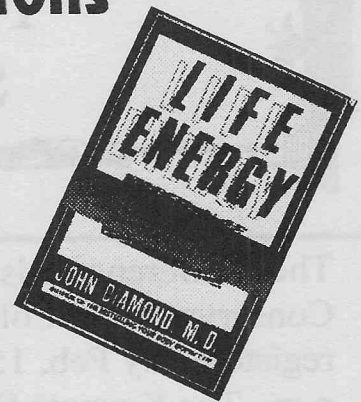
*The Midwest Region of the Touch For Health Association of America  
is proud to present:*

# **Life Energy and the Emotions**

*A one-Day Seminar by*  
**Dr. John Diamond, M.D.**

**March 16, 1997**

Keynote speaker at the TFH Midwest  
Spring Conference March 15



Author of  
**Your Body Doesn't Lie  
and Life Energy:  
Unlocking the Hidden  
Powers of Your  
Emotions**

Dr. John Diamond has been an Associate of Dr. George Goodheart, the Founder of Applied Kinesiology, for over 25 years. From the beginning, Dr. Goodheart said that Dr. Diamond would be the one to add the Emotions side to the Triangle of Health.

Now for over a quarter of a century, Dr. Diamond has concentrated on just that, delineating the major positives and negative emotions associated with each meridian and thus establishing the foundation of psychosomatic medicine--the acupuncture system as the communicating link between the emotions, organs and muscles.

Every disease, every bodily imbalance, every muscle problem--and even every gesture--will have an emotional component which can now be accurately determined by its mediation through the acupuncture system, opening up many lines of treatment.

**This seminar offers a chance to benefit  
your personal and professional life!!**

**Cost: \$125    Date/Time: Mar. 16 / 10 a.m. - 5 p.m.**

**Location: Bestwestern on Brices Rd., Columbus, Ohio**

For more details call the TFH Midwest Hotline for continuously updated information:

**(614) 470- 2176**

Dr. Diamond will also be available for private sessions.

Call us with your interest.

***"Dr. John Diamond has been a friend and physician colleague for over twenty years. He alone deserves a Nobel Prize for his accurate observations on the acupuncture meridians and emotions."***

Dr. George Goodheart, D.C.

## **Registration For Midwest Conference/Diamond Workshop**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

**Register by Feb 15<sup>th</sup> for \$5 Discount on Each**

**Register after Feb 15<sup>th</sup>**

\_\_\_\_\_ Midwest Conference \$30 (Includes Lunch)

\_\_\_\_\_ Midwest Conference \$35 (Includes Lunch)

\_\_\_\_\_ Diamond Workshop \$120

\_\_\_\_\_ Diamond Workshop \$125

Make checks payable to **TFH Midwest**

**TOTAL:** \_\_\_\_\_

**TFH Midwest Region • c/o Pam Graham • 141 Ann Court • Lancaster, Ohio 43130**



## Chris Holderman

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Heal Me  
Guide Me to My  
True Spiritual Home*

*el Ariana Imram Antares*

*Michael J. Frazier,  
CPA, MBA*

*Reiki Master*

*44 Wood Cliff Apt. N  
Columbus, Ohio 43213  
(614) 860-9850*

**Jan 12<sup>th</sup> (1:00 - 5:00)**  
TFH INTRO, Dayton/Springfield Area, O  
Judy & Ed Ireton, (937) 845-8232

**Jan 18<sup>th</sup> & 19<sup>th</sup>**  
TFH I, Zanesville, O  
John & Anita Butts, (614) 454-1748  
TFH I, Columbus, O  
Bruce Doolin, (614) 846-2874

**Jan 25<sup>th</sup> & 26<sup>th</sup> (9:00 - 6:00)**  
TFH I, Dayton/Springfield Area, O  
Judy & Ed Ireton, (937) 845-8232

**Jan 28<sup>th</sup>**  
TFH INTRO, Newark, O  
John & Anita Butts, (614) 454-1748

**Feb 1<sup>st</sup> & 2<sup>nd</sup>**  
TFH I, Dayton, O.  
Bruce Doolin, (614) 846-2874

**Feb 8<sup>th</sup> & 9<sup>th</sup> (9:00 - 6:00)**  
TFH I, Dayton/Springfield Area, O  
Judy & Ed Ireton, (937) 845-8232

**Feb 15<sup>th</sup> & 16<sup>th</sup>**  
TFH II, Zanesville, O  
John & Anita Butts, (614) 454-1748  
TFH I, Columbus, O  
Bruce Doolin, (614) 846-2874

**Mar 22<sup>nd</sup> & 23<sup>rd</sup>**  
TFH I or TFH III, Zanesville, O  
John & Anita Butts, (614) 454-1748  
TFH I, Columbus, O  
Bruce Doolin, (614) 846-2874

**April 5<sup>th</sup> & 6<sup>th</sup> (9:00 - 6:00)**  
TFH II, Dayton/Springfield Area, O  
Judy & Ed Ireton, (937) 845-8232

**April 15<sup>th</sup>**  
TFH INTRO, Newark, O  
John & Anita Butts, (614) 454-1748

## TFH Course Descriptions

The Following course descriptions will be valid through 1996. Starting in 1997, the course offering will be expanded to include an introductory course, TFH I, II, III & IV

### TFH I

This 18-hour basic introduction course presents the skills necessary to manage stress, reduce pain, and to provide yourself and others with an overall boost of energy.

You'll learn 14 basic muscles and meridians and the parts of the body they affect. In addition, specific tests and exercises designed to pinpoint body weaknesses are demonstrated.

### TFH II

The skills learned in TFH I are expanded with 14 new muscles and the introduction of Alarm Points, the Five Element Theory, and other balancing approaches.

In just 18 hours you'll learn powerful brain integration techniques as well as how to balance the inner clock and to address past trauma.

### TFH III

Use of the Five Element Theory is expanded to include emotions and balancing with sound and color. You'll also be introduced to yet another set of 14 muscles.

In this 18-hour course you'll learn crucial techniques to release stress and pinpoint and reduce pain.

## Membership Registration

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

**National TFH Membership** (Includes Regional)

Basic \$50

Instructor/professional \$100

**TOTAL:** \_\_\_\_\_

Midwest Region \$20  
Lifetime Member \$500

Make checks payable to **TFH Midwest**

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