

## **NESOLOGY ASSOCIATION QUARTERLY NEWSLETTER**

### **Fall Newsletter 2014**

#### **2015 Conference Information**

**Thanks to Last Year's Board  
& Letter from our President**

**2014 Conference in Austin  
Inspires Attendees**

**Letter of Thanks From  
Debbie Bethel**

**In Memoriam- Penny  
Hilburn**

#### **Quick Links**

**Call for Papers for 2015**

**Teaching Tip for a Small  
Class**

**Thanking Corey and Kate**

**Instructor Update classes &  
Proficiency class for  
becoming an instructor**



### **TFHKA BOARD OF DIRECTORS**

**Lee Lawrence, President  
Krystal Hamilton-Case, Vice  
President**

**Kate Cusano, Treasurer  
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Joy Connor  
Barry LaPlante  
Darcy Lewis  
Vicki Graham**

#### **Quick Links**

[Membership](#)

[Conference](#)

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[Find a Member](#)

[Find a Class](#)

**CALL FOR  
PAPERS  
for 2015  
conference**

## **2015 Conference Information**

**In 2015 we will return to  
Durham/Chapel Hill, NC,  
site of the largest TFHKA  
conference ever back in in  
2005.**

Ten years ago we had our  
most successful conference  
ever, and may surpass it in  
2015!

Our keynote speakers include  
Donna Eden and her husband  
David Feinstein. Donna is the  
author of Energy Medicine and

several other books. She regularly credits TFH for launching her career in Energy Medicine. Other expected luminaries include Dr. Walter Schmitt, one of the top A.K. trainers and innovators in the world, Wayne Topping who we have missed for some time since he moved to Europe, Matthew Thie, Sheldon Deal, Charles Krebs and other top presenters still being contacted. It will be one of our strongest speaker line-ups in a long time.

At the 2014 conference we had Dr. Jerry Wesch and his team from the Wounded Warrior Project inspire us with the work they do helping veteran with PTSD using non-conventional approaches. We are looking at bringing Dr. Wesch and his team back due the excitement their presentation created last summer.

**The dates are June 17 (evening) through June 21.** Before you make your airline reservation wait to check the pre and post conference workshops. Many of our top speakers will be presenting, dates and details to come within a couple of months.



**If you want to present at next year's conference please** fill out and send in the form **"Call for Papers"**. It can be retrieved by clicking here and downloading it from the bottom of the conference webpage.

## Teaching Tip for a Small Class

If you have ever had a small group for a Touch For Health class here is a way to enhance the experience for the students.

Ask the students to invite a friend to attend for the last two hours of class on the second day.


Then pair students up so they are balancing someone else's friend. This allows the students to have a 'real world' experience of balancing someone who hasn't sat through the class. The students will get to practice explaining how a TFH balance works, do one on someone who hasn't been coached about being 'testable' by the instructor, and allow the students to expose their friends to TFH via a different person doing the balance. It can really help bring the whole experience together for the students.

## Thanking Corey and Kate as they leave us and the office transitions.

Recently Corey Benzinger, our office administrator for almost a year, moved away. Corey poured her heart and soul into helping Touch For Health succeed. Many of you have called and written in expecting to reach Corey, and expressing appreciation for her.

Kate worked for us or just a

**On site conference cost- \$325 Members, \$350 Non-MembersEARLY BIRD SPECIAL good until December 1, 2014-\$245 Members, \$270 Non-Members.**

The location is the four star  Sheraton Hotel in Chapel Hill, NC. We have negotiated a special conference rate of just \$99 a night for a double room, and the price includes two gourmet breakfast buffet each day.



## Thanks to Last Year's TFHKA Board

couple of months and has returned to school. At the moment the office is in transition. please be a little patient.

## **Instructor Updateclasses & Proficiencyclass for becoming an instructor**

**If you are an instructor, or want to become one**, then you'll need to take the Proficiency class.

\* Instructors-to-be need to take this class before the Instructor Training Program.

\* Current instructors need to update every three years, and the first update needs to be the Proficiency class, after that instructors have other options for updating.

**Proficiency class** will be offered:

**Dec 6 & 7, 2014 Mailbu California** by Matthew Thie  
[www.touch4health.com](http://www.touch4health.com)

**Instructor Training December 8-14, 2014 Mailbu California**  
by Matthew Thie  
[www.touch4health.com](http://www.touch4health.com)

**Proficiency January 2015, Florida** by Arlene Green  
date and location TBA  
[www.uskinesiology.com](http://www.uskinesiology.com)

**Proficiency (extended 4 days long) March 28-31, 2015 Chapel Hill, NC** by Arlene Green.  
[www.uskinesiology.com](http://www.uskinesiology.com)

**Instructor Training August 2015 Chapel Hill, NC** by Arlene Green.  
Dates TBA  
[www.uskinesiology.com](http://www.uskinesiology.com)

**Proficiency August 8-9, 2015 Mailbu California** by Matthew Thie  
[www.touch4health.com](http://www.touch4health.com)

**Instructor Training August 10-16, 2015 Mailbu California** by Matthew Thie  
[www.touch4health.com](http://www.touch4health.com)

## **Liability Insurance**

Liability insurance is a good thing. It protects you while you are doing your part in serving the world to make it a better place. If you have an associate membership or



2013-2014 TFHKA Board

Thomas Tetgmeyer, Lee Lawrence, Krystal Hamilton-Case, Janet Taylor, Darcy Lewis, Joy Connor, Sheila Mitchell

**Every year during at the annual conference our new board assembles** as a few seasoned members return to being 'just members' and some new board members are voted in. This year new board members are Vicki Graham and Barry Laplante, both long time and active instructors. We look forward to their wise and energetic leadership.

## **Letter from the New President-Lee Lawrence**

At the August meeting of the Board of Directors I was elected President of our organization. I look forward to working with all of you to help Touch for Health grow and prosper by assisting our membership to do the same. If you succeed in your individual practices, the organization will flourish. It is my goal to help you by supporting you in your success.

Please allow me to introduce myself. In addition to my role as a medical/psychological intuitive, former university professor teaching Tax Law, International CPA and Consulting CPA in private practice handling IRS audits and federal tax court cases, I teach workshops internationally on the anatomy & physiology of the human soul. Many of you have attended my presentations at either the 2012 Chicago TFH Conference or the 2014 Austin TFH Conference where I explained and demonstrated the scientific basis on how TFH practices work.

One might see my professions as incongruent. In 1988 a near death experience catapulted me into a new understanding of the human energy field and how it interacts with the physical body. I returned to the university, picked up a degree in psychology and went on to study neuroscience in order to gain a better understanding of human consciousness. This knowledge led me to the realization that the methodologies taught by TFH are far better than most modalities available.

I accepted this position as I believe in Touch for Health and see how it can help many people where other modalities fall short. Thus my goal is to get as many people excited about Touch for Health as I am.

Recently I accepted the role as Chair of the TFH Conference Committee and we are in the process of organizing the June 2015 Touch for Health Conference in Durham/Chapel Hill, North Carolina. The conference team members are working to bring you the best conference ever with a very full lineup of excellent presenters and workshops. I hope to see you there.

If you have complaints, criticisms or constructive ideas that can help to make TFH a better organization, please send them to me at my personal email address: [leeslawrence@gmail.com](mailto:leeslawrence@gmail.com) I welcome not only your feedback but your active participation in our organization. Together we can all experience a success in Touch for Health.



one of our professional memberships you have access to a discounted policy through Massage Magazine. For more information use the number below.

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## Classifieds

Want to put an add in the newsletter call the office for prices.

namaste'

Lee Lawrence

## 2014 Conference in Austin Inspires Attendees

Touch for Healers gathered in Austin, Texas this year during the week of July 4th for our 39th annual conference. We had great fun from the balance room to the hot tub, sharing our quick balances, innovations and fantastic laughs. It is so wonderful to feel the Presence of family. We are extremely grateful to Dr. John and Kay Martin and all of their local volunteers for their efforts to set up and present our conference in Austin.

We experienced the incredible (and overwhelming) home store of WHOLE FOODS, bats flying from the bridge over Lady Byrd lake, muscle balance dancing to live music on South Congress, awesome barbeque Austin style. The OMNI Hotel staff was the nicest and most efficient we have ever had the pleasure of working with.



Jerry E. Wesch, PhD, Director, Warrior Combat Stress Reset Program and Clinical



Psychologist gave our opening Keynote address and he was joined by his wife, Sharon

Kay and John Martin

Wesch, PhD, Clinical Psychologist and spiritual healer, Bob Deschner and Dottie Goodsun (both of VetTRIIP) presenting on our panel of experts for Holistic Approaches to PTSD. Their dedication and results were inspiring and we have plans for them to join our conference in 2015!

Adam Lehman

brought the

power of Applied Physiology to  
TFHK as Holographic TFH

Brian Haraga demonstrated some "Cowboy" Kinesiology and helped Thelma navigate stairs more confidently.



Kerryn Sedgman traveled the farthest to join us from the Australian Outback to share Axiatonal Acupuncture. Sheila Mitchell taught us great ways to utilize social networks, Kelsha Wisniewski gave a moving talk about her personal use of kinesiology for her autistic child, Dr. Sheldon Deal once again shared information on new breakthroughs from Applied Kinesiology, and many others including Jan Cole, Joy Connor, Dr. Janet Taylor, Dr. John Martin, Darcy Lewis, Matthew Thie, Arlene Green, Thomas Tegtmeyer, Lee Lawrence, Earl Cook and Larry Green shared more than we can encapsulate here. If you want to get all the wonderful insights so many top presenters share, the best way is to come to the conference



Of course we could not pull off an event like this without our dedicated staff and volunteers. Thanks to Corey, Claudia, Amy, Sheila and Ben.



At our conference one of the signature events is our 'Saturday Night Live' event. An evening where everyone can share a story, song, skill or just attempt it while knowing you'll be accepted and appreciated. We do get some very fine talent like Thad who regularly comes with his Indian Flute.

If you want to get all the wonderful insights so many top presenters share, the best way is to come to the conference yourself next year. (And also, look for conference DVDs being available later this year).  
Thank you to all our wonderful and inspiring presenters!



## Letter of Thanks From Former Board Member Debbie Bethel

Debbie Bethel was an awesome, dedicated, diligent member of the TFHKA board for 6 years from 1999 - 2005, serving as vice-president for 4 of those years. Debbie and her husband, Jim, were in an accident with a car and multiple motorcycles. Their cycle fell on her left leg. Over the years it became problematic until her then doctor performed surgery not once, but twice to fix her broken ankle. His errors caused her back and hip pain with the foot and leg becoming increasingly compromised until January 2013 when Debbie's left leg was amputated from the knee down. The prosthetic leg and foot are very heavy adding to the pain and phantom pain she experiences daily. Sometimes unbearable.

Without insurance, the surgery, therapy, doctor appointments, the Prosthetic leg (alone \$7,000) and other expenses it has been financially difficult for Debbie and her family.

Yet, in spite of the struggles, Debbie still has her infectious smile and giggle, great wisdom and compassion to help others. As a licensed massage therapist, she recently began giving massages again, but only two a day; each taking an hour and half compared to the hour she used to do.

If you have worked with amputees or if you know of ways to help with phantom pain "naturally", Debbie and her amputee friends would greatly appreciate any suggestions. Currently options they might use are: massage, heat or cold, TENS units and mirror therapy that works for some.

Thank you to Carol Gottesman who gave me a special pain cream to give to Debbie; to Thomas TegTmeyer who did a distance healing from Austin to Amarillo when I was with Debbie to do the muscle checking and thanks to Terri Zinn, and Dr. Leo Luk who have also offered to do long distance healings with her.

**Debbie's email is [debbethel5336@gmail.com](mailto:debbethel5336@gmail.com)**

*(Letter from Debbie below).*

*Hello Everyone,*

*WOW! What a nice surprise from my TFH family when I saw Jan after the conference in Austin and she brought the box for me with your generous contributions. Thank you so much for the love, support and healing energy. You know you are truly blessed when friends of your friends show kindness and support.*





*This has been a journey I never thought I would be on, but as they say, "when you get lemons, make lemonade"! I had never even met another amputee until I became one. I don't think you can really prepare for limb loss. It is one of the most challenging things I have ever been through in my life. I never realized that a little "blister" means the difference between walking or not. I used to tease my sister about having to take a diabetic bag everywhere she went. Now you can guess the size bag I have to carry to put my leg in !!! LOL (No, I am not diabetic.)*

*I miss the good times with the TFH family, but the fun memories...sneaking off to go fishin' with Dr. Thie's grandson at our conference in Naples, FL, going with the TFH board to Richard Utt's home for the Agape Quest course and "face to face" board meeting, talking "motorcycles" with Dr. Bruce Dewe at Larry and Arlene's table, taking pictures of the board (fully clothed) in the bathtub at one of the "face to face" meetings, the hard work we did as a board during some tough times. GREAT MEMORIES.*



2003 TFHKA board in a bathtub

*Thank you again for your love and support.  
Wishing you health & happiness,*

*Debbie Bethel*

## In Memoriam- Penny Hilburn

**Penny J. Hilburn, Redding, CA. June 6, 1945 - May 12, 2014**

We are so sorry to hear of the loss of our friend and fellow TFHer, Penny Hilburn. A member for many years, she served on the Touch for Health board for 6 years from 1998 -2002. We remember Penny best for her smile, her sense of humor, her gentleness, her thoughtfulness and all her work for our Touch for Health conferences.

We so miss this special lady who gave so much to TFH and the world. We express our deep condolences to their families.



For over 30 years, as an RN, Penny did labor and delivery coaching, helping young families have memorable experiences with their new babies. Later, she created wellness and life coaching, including *Coaching in the Law of Attraction*, 2010; *Coaching from the Heart*, for personal empowerment in April 2011. "My goal is help others to be the best they can be whether in labor, life or love," said Penny on Linked-in.

From a colleague, Cameron McCaig: *Penny is an energetic, caring nurse, with a fabulous vision for helping our senior citizens maintain their dignity and freedom during those inevitable periods when family can't be there every moment. Thank God for Penny and her team who are there to help out!*

From Penny's daughter:

*Sadly, our Mom lost her battle to cancer before her husbands Memorial this month. My brother, Peter and I are now having a Memorial for both our parents, [Penny](#) and [Jay](#). Our father died suddenly and our sweet mother passed away shortly afterwards.*