

OSHER — BALANCING for self harmony

F I R S T

THE CONNECTION BETWEEN THE ELEMENTS AND
 SUBSIDIARY, ACCORDING TO THE CLOCKTIME THEORY

THE ELEMENT	MOST ACTIVE	THE MERIDIAN	SUBSIDIARY MERIDIANS	PATHWAY
FIRE	11°° 13°°	H	LI K CX L	B
	13°° 15°°	SI	CX S LI TW	
WATER	15°° 17°°	B	S TW GB	B
	17°° 19°°	K	SP LV H	
FIRE	19°° 21°°	CX	H LV L SI	B
	21°° 23°°	TW	SI L LI B	
WOOD	23°° 01°°	GB	B LI S SI	A
	01°° 03°°	LV	S K CX SP	
METAL	03°° 05°°	L	CX SP H TW	A
	05°° 07°°	LI	H SI GB	
EARTH	07°° 09°°	S	GB SI B LV	A
	09°° 11°°	SP	LV B K L	
FIRE AGAIN	11°° 13°°	H	L K CX LI	B

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S E C O N D
THE ACTIVE AND REST TIME OF THE MERIDIANS
ACCORDING TO THE CLOCKTIME THEORY

THE MERIDIAN	MOST ACTIVE	R E S T T I M E	SUBSIDIARY	ELEMENT PATHWAY
H	11°° 13°° = 2	13°° 17°° = 4 21°° 03°° = 6 07°° 11°° = 4	K - CX = 4 hr. L - LI = 4 hr.	FIRE/B
SI.	13°° 15°° = 2	15°° 19°° = 4 23°° 05°° = 6 09°° 13°° = 4	CX- TW = 4 hr. LI- S = 4 "	FIRE/B
B	15°° 17°° = 2	17°° 21°° = 4 01°° 07°° = 6 11°° 15°° = 4	TW- GB = 4 " S - SP = 4 "	FIRE/B
K	17°° 19°° = 2	19°° 23°° = 4 03°° 09°° = 6 13°° 17°° = 4	GB- LV = 4 " SP- H = 4 "	FIRE/B
CX	19°° 21°° = 2	21°° 01°° = 4 05°° 11°° = 6 15°° 19°° = 4	LV- L = 4 " H - SI = 4 "	FIRE/B
TW	21°° 23°° = 2	23°° 03°° = 4 07°° 13°° = 6 17°° 21°° = 4	L - LI = 4 " SI- B = 4 "	FIRE/B
GB	23°° 01°° = 2	01°° 05°° = 4 09°° 15°° = 6 19°° 23°° = 4	LI- S = 4 " B - K = 4 "	WOOD/A
LV	01°° 03°° = 2	03°° 07°° = 4 11°° 17°° = 6 21°° 23°° = 4	S - SP = 4 " K - CX = 4 "	WOOD/A
L	03°° 05°° = 2	05°° 09°° = 4 13°° 19°° = 6 23°° 03°° = 4	SP- H = 4 " CX- TW = 4 "	METAL/A
LI	05°° 07°° = 2	07°° 04°° = 4 15°° 21°° = 6 01°° 05°° = 4	H - SI = 4 " TW- GB = 4 "	METAL/A
S	07°° 09°° = 2	09°° 13°° = 4 17°° 23°° = 6 03°° 07°° = 4	SI- B = 4 " GB- LV = 4 "	EARTH/A
SP	09°° 11°° = 2	11°° 15°° = 4 19°° 01°° = 6 05°° 09°° = 4	B - K = 4 " LV- L = 4 "	EARTH/A

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T H I R D

THE SUBSIDIARY MERIDIANS AND THE PARTITION
 ACCORDING TO THE CLOCKTIME THEORY

THE ELEMENT	THE MERIDIAN	SUBSIDIARIES				T I M E		PATHWAY
FIRE	H	K	CX	TW	17°°	23°°	B	
	SI	L	LI	S	03°°	09°°	A	
WATER	B	S	SP	GB	07°°	11°°	A	
	K	H	TW	LV	23°°	03°°		
FIRE	CX	LV	L	LI	01°°	07°°	A	
	TW	H	SI	B	11°°	15°°	B	
METAL	L	H	SI	CX	11°°	15°°	B	
	LI	SP	GB	TW	19°°	23°°		
WOOD	GB	LI	S	SP	09°°	11°°	A	
	LV	B	K	CX	23°°	01°°	B	
EARTH	S	GB	LV	L	05°°	11°°	A	
	SP	SI	B	K	15°°	21°°	B	

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