

## Touch for Health in the 90's

by John F.Thie, D.C.

What is it going to be like being part of the Touch for Health Synthesis (TFHS) in the nineties? It's going to be very exciting! We are going to be realizing things on a conscious level that we already know on a deep level. One of the most exciting things that we will be realizing is that Darwin's idea of evolution, long accepted as the scientific model for the origin of species, is undergoing a continuing process of change. Just as the Cartesian theory of reductionism is no longer considered the only truth, the notion of the "the survival of the fittest" is changing from warlike competition to a holistic cooperative selective process.

We know that Cartesian reductionism is a heuristic truth and useful for some things. Darwin used this theory to split nature into parts to understand the whole of nature. We know that reductionism was an idea that helped build our modern industrial society; however it is no longer entirely suitable. We must again recognize that we need to look at the whole of nature, understanding that nothing in nature is without the purpose of the whole.

In California we have an initiative measure on our November ballot which will change how the whole world looks at what we are doing to our foods and our natural resources. It is called Green initiative. Its effects are going to be as profound as the changes that have taken place in Eastern Europe in 1989-90 so far. It is looking at how we must cooperate rather than compete.

In the Touch for Health Synthesis we are recognizing that cooperation is what is absolutely necessary if we are to grow. We recognize that conflict is not the way of nature. All nature is made to cooperate. It just seems at times like conflict. On the grand scale it is planned that everything can survive and prosper. The mythology that war is natural is going to be supplanted with the truth that love is the real and most powerful force. When we look at how God made nature, we see that it uses extraordinarily ingenious techniques to avoid conflict and

competition and that cooperation is extraordinarily widespread throughout all of nature.

Robert Augros and George Stancius write about this in their book *The New Biology*, pointing out in many different areas the way that God has planned for nature to prevent competition.

Geographically nature separates the different species and types of plants by the oceans and various regions. In the health fields we also see that separation is a form of cooperation. We do not have everyone needing to know everything that everyone else knows. In the TFHS, when new ideas seem to be in conflict, people seem to separate themselves temporarily. We see that how some appear to separate themselves and their ideas from the rest of the TFHS is really only an illusion, because we cannot really be separate from anyone we have known; they are permanently part of us.

We can look at our short courses which have been developed and are continuing to be developed and see how ideas from people who have not attended our meetings for some time are really still here with their ideas being expressed in new ways making new realities.

When we look at the PHP program, we can see how many people are part of our programs through this development of the TFHS. The cooperation that is part of what we all are doing shows how conflict is really not part of us, but cooperation is our goal.

We also see that different niches are created in nature where different species live in the same habitat. Augros and Stanciu say in *The New Biology*,

"In ecology there is the principle of the niche: Whereas the habitat is, in effect, the address of the organism, the niche is its profession, how it makes its livelihood -- whether it's a scavenger,

whether it produces its own food as plants do, how it uses the environment, what kind of energy it uses.

"Each species has its own unique niche. And because of this, one species does not compete with another, even if it is living in the same area -- in the same way a mechanic and doctor living in the same town are not in competition with each other."

In the same way a chiropractor and a TFH instructor are not in competition with each other. It is only in the mind of these people that they cannot cooperate because they have the false belief that there are not enough people wanting to improve their health and wholeness for both of them to prosper.

Spatial division is another way that nature allows for differences. In the joining of the sea with the land, the water of the river flows into the sea and the water of the sea flows into the river, creating an invisible but very rigid barrier to the types of fish and other water creatures, because they can live in only certain degrees of saltiness. In the same stream there are both trout and catfish, but not in the same place. Trout need a great deal of oxygen, but the catfish needs much less; so the trout chooses the rapids and the catfish the bottom of the smooth slow moving areas. In TFHS we see those that strive on teaching one to one and those that teach classes. They can be in the same area. In the medical and dental fields we see buildings with hundreds of doctors and many of the same specialities. They have learned to cooperate sharing the parking lots and the hospitals. In these same areas we have TFH instructors, many times, being able to cooperate with these doctors on the same patient/client/people because they are not doing the same things.

Another way nature has built in cooperation is through the establishment of territory. It is similar to niche. It is the way a male animal establishes a place large enough for the survival of itself, making sure that enough food is available in that area. Then he attempts to attract a mate to this territory to reproduce their own kind. In this territory other species also exist and live. The territorial challenges we see in the nature films are not really forms of competition. The

challenger is really only asking "is this territory occupied or not?" If you look at these films carefully, you always note that the owner of the territory wins and there is no fight to death. In the TFHS we see that we cooperate with the other health professions. We do not teach you how to fit braces for teeth or do surgical repair or broken bones. In fact most of the people that come to us would not be wanted by dentists or medical doctors as their problems with lacking of wholeness usually do not respond to the dental, chiropractic, or medical treatments.

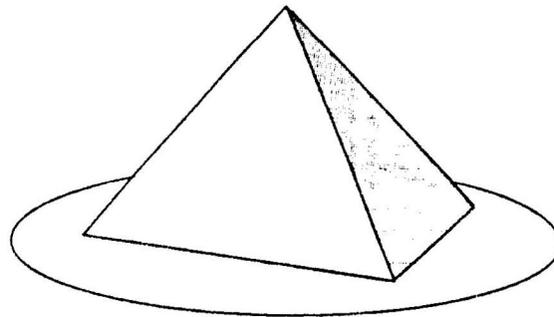
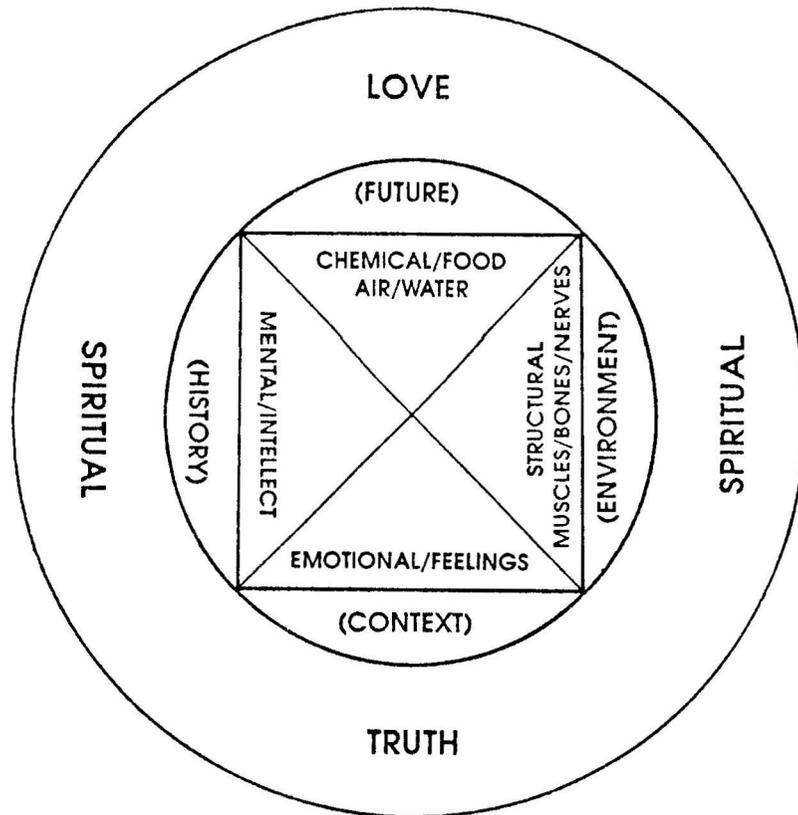
Nature knows that fighting is foolish -- it is a waste of time. We in the TFHS know that competition is a waste of time in the health field. We want to and do cooperate with others since we see the value in what they are doing. We believe that there is no one way that everyone and everything can be made whole. There can be help for people in all of the different systems of health and disease care; no one system has all the answers. Each of the systems offer something of value. When the TFHS was not available, people did get better when they were touched by hands, eyes or voices, were given substances by mouth or by injection, or were treated by massage or machines. We are all so different that there are many ways that can help us become whole or healthier.

In my chiropractic practice I give a free "Spinal Care Class" where I tell my patients how they can take care of their spine. I explain how they can get subluxations that block their energy balance. I also show them the diagram, *The Basis of Health*, shown on the following page. It comes from my annual meeting presentation three years ago.

IN NATURE EVERYTHING IS RE-CYCLED. There is no such thing as waste in nature. We need an abundance of species. If one species lived alone, it would exhaust all the nutrients and would have no way of converting its waste products into food; thus it would die. We in the TFHS must look more and more to how we are cooperating with the greater good for mankind, as well as ourselves, in everything that we are doing. We need to look at how we can look with wonder on our differences and see how they are only different ways of touching and healing. When one looks like it contradicts

what we are doing, we need to understand that it only looks that way because we don't know enough about it. When it comes down to the final analysis, it is the agape love of God that we allow to work through us that

does the healing and not anything we do on our own. When we get that principle in mind and know it deep down inside ourselves than we can say, "Isn't that great. I didn't know it would work that way."



The Basis of Health