# Statistical Computations on the Utilization of Bach Flowers

## by Clovis Horia Correa

During the last five years we have been using intensely the Back Flowers in our Institute, in Rio de Janeiro. Our basis way of working with Bach Flowers (from now on BFs) is derived from Three In One Concepts definitions.

Last year, in our Conference, Ms. Jessica Bear, Ph.D., ND, presented one extremely interesting study about BF, name "the Wheel of Emotion". This study caught our attention because in our Institute we were not having results that would fit into the "Wheel".

So, we decided to make a statistical computation on that to see which were the BFs that our clients needed more and how that would fit into "The Wheel".

## 1. The Sample

We used the annotations on the consultation sheets of our clients, starting from five years ago. In this sample we had 168 (one hundred sixty eight) women and 79 (seventy nine) men, total of 247 (two hundred and forty seven) persons.

## 2. How we use BFs in our Institute

When we work with one client, after having defined " the main problem", basically, we muscle test the 17 (seventeen) digitals as defined by Three In One Concepts ( from now on 3 in 1), and, when we have the one that corresponds to BFs, we go "by the numbers" until we have the priority.

From this moment on, we use the BFs in one way a little bit different, because, as we have five senses, we think that we have to check which was the sense that was blocked. Sometimes the client blocked more than one sense, or even all them. So, we ask/test the muscle" "TAKE"?, "SMELL"?, "TACT"?, "HEAR"?, "READ"?.

- If we get "TAKE" as the answer, then the client should TAKE the BF. Then we ask/test how many drops of the BF, but, even here, we have to "refine" our information. It is our experience that, to the body, there is a difference if it 'takes' a BF over the tongue, under the tongue or defused in water ( in his case, usually a cup of coffee with some water and the drops of BF) - REMEMBER: the body/mind is extremely precise in what it wants! The most usual answer, for our clients is defused in water.

- If we get "SMELL" as the answer, we have to check how many drops on a piece of paper and how many times this paper should be 'smelled'. Here, again, there is a little trick from the body - if we ask/test if we can use the same paper for both nostrils, sometimes the body says NO! Then we have to prepare two different papers - one for the right side of the body and one for the left side of the body! REMEMBER: the right side and the left side of the body are different! The most usual answer, for our clients, is to use the same paper.

- If we get "TACT" as the answer, then we ask/test the body where to put some drops of the BF: Head?, Trunk?, Members? - upper/lower, right side/left side/both sides, and how many drops on the point, One point quite common to appear is Tsing Points.

- If we get "HEAR" as the answer, then we read to the client a text related to the BF. We, usually, read the text prepared by Gordon Stokes and Daniel Whiteside, from 3 in 1 Concepts.

- If we get "READ" as the answer, then we give to the client the text of 3 in 1 Concepts to read. Here, again, there is a "refining" that should be done - it should be checked if this reading is aloud or in silence.

Looking to the BFs as a conjunct, the statistical computation shows that "TAKE" and "HEAR" amounted to more than 70 % (seventy) of the utilization of the BFs. In fact, for 6 (six) BFs this amount arranged from 70% -80%, for 19 (nineteen) BFs it ranged from 80% -90%, and 14 (fourteen) BFs it ranged from 90% - 100%.

But, to us, much more important that this is the fact that for All the BFs except CERATO and CRAB APPLE, to *HEAR* was extremely

more important than to *TAKE* the BF. In our point of view, this derives from the fact, since we are born, we are always hearing 'NOs" and other unbalancing words. To counteract that, to *HEAR* the "right words" can bring to the Conscious Level of Energy what is happening deep-inside the body/mind and help the body/mind to move back to balance. Another part really important in this computation is that, when you don't want to SEE something, you just close your eyes, but when you don't want to HEAR something, YOU WILL HEAR IT, AS YOU CAN'T CLOSE YOUR EARS.

| % of HEAR (cases greater than TAKE) | |
|---|---|
| % | Q |
| 30-40 | 1 |
| 40-50 | 8 |
| 50-60 | 18 |
| 60-70 | 9 |
| 70-80 | 1 |

Note: even when the percentage of Hear was as low as 30%-40%, the percentage of Take was less than it. The rest of the utilization of the BFs was divided for TACT, SMELL, READ.

## 3. Statistical Computations

The total amount of annotations computed was 2,118 (two thousand, one hundred and eighteen). To our surprise, we got 5 (five) BFs that were extremely more needed - that means more than 100 (one hundred) annotations. The figure that follows shows these computations.

| GROUP OF THE BF's MORE NEEDED | | | | |
|---|---|---|---|---|
| BF | Q | % of total | HEAR % | TAKE% |
| RESCUE | 152 | 7.3 | 58 | 30 |
| SCLERANTHUS | 125 | 6.0 | 58 | 38 |
| MIMULUS | 117 | 5.6 | 59 | 37 |
| AGRIMONY | 114 | 5.4 | 46 | 43 |
| ROCK WATER | 113 | 5.3 | 56 | 31 |
| SUB-TOTAL | 621 | 29.6 | - | - |

With these five BFs we gave almost 1/3 of the utilization of the BFs.

If we add to these BFs, the second group of the more needed, that are other five BFs, we have:

| GROUP OF THE BF's MORE NEEDED | | | | |
|---|---|---|---|---|
| BF | Q | % of total | HEAR % | TAKE% |
| WILD ROSE | 82 | 3.9 | 61 | 30 |
| IMPATIENS | 81 | 3.8 | 66 | 38 |
| CHICORY | 75 | 3.5 | 58 | 37 |
| HONEYSUCKLE | 72 | 3.4 | 58 | 43 |
| GORSE | 66 | 3.1 | 39 | 31 |
| SUB-TOTAL | 376 | 17.7 | - | - |
| TOTAL | 997 | 47.3 | - | - |

Then, we can say that half of the BFs needed by our clients correspond to only 10 (ten) BFs. That means, until now, that there is not one even distribution on the need of the BFs. Some of them, especially the first five ones, are much more frequently used by our clients.

It should be noted, too, that there is one gap between the first and the second group, as the first group has a range of 5% to 8% (106 to 169 annotations) and the second group has a range of 3% (63 to 85 annotations). In our point of view, this shows that the first ones are really more needed.

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Using " The Behavioral Barometer" from 3 in 1 Concepts to analyze the basic emotions of these groups of BFs, we have:

| FOR THE FIRST GROUP | | |
|---|---|---|
| BF | AREA | EMOTION |
| RESCUE | CONSCIOUS | ANTAGONISM (+ FEAR OF LOSS) |
| SCLERANTHUS | BODY | ATTUNEMENT |
| MIMULUS | BODY | ONENESS & SEPARATION |
| AGRIMONY | CONSCIOUS | ANTAGONISM |
| ROCK WATER | CONSCIOUS | RESENTMENT |

as it can be seen, there is not SUBCONSCIOUS emotion cropping out in this group; and the emotions are concentrated, basically, in CONSCIOUS/ANTAGONISM = BODY/ATUNEMENT + INDIFFERENCE.

| FOR THE SECOND GROUP | | |
|---|---|---|
| BF | AREA | EMOTION |
| WILD ROSE | SUBCONSCIOUS | ASSURANCE |
| IMPATIENS | BODY | ONENESS (+ SEPARATION) |
| CHICORY | CONSCIOUS | ANGER |
| HONEYSUCKLE | CONSCIOUS | WILLING (+ ANGER) |
| GORSE | SUBCONSCIOUS | FEAR OF LOSS |

In this group there is one interesting concentration of emotions as they are CONSCIOUS/WILLING + ANGER = SUBCONSCIOUS/ASSURANCE + FEAR OF LOSS = BODY/ONENESS + SEPARATION. *All the second group has the same kind of emotion.*

If we look to both groups together, we can see that the basic emotion is the one that appears clearly in the second group, to which we will add RESCUE (FEAR OF LOSS) and MIMULUS/ONENESS + SEPARATION of the first group.

## 4. The Statistical Computation compared to " The Wheel"

Among the BFs of the first group we have 3 (three) BFs that belong to "The Wheel"). They are AGRIMONY and SCLERANTHUS - Mediator area, and MIMULUS - Enabler area

In the second group we have IMPATIENS and CHICORY - Dominator area.

One important part in this comparison is that we did not have all the "Wheel" as a priority. Even when we compute the second group, we will have about 50% (fifty) of the more needed, and only 5 (five) of the 12 (twelve) BFs of the "Wheel". If we look to the following figure, we can see that some of the BFs from the "Wheel" are among the least ones needed by the clients of our Institute.

We recomposed the "Wheel" using the statistical information so that we could see in terms of percentage, how the "wheel" fits into the statistical computation.

| THE WHEEL RECOMPOSED | | | | | |
|---|---|---|---|---|---|
| ENABLERS | % | MEDIATORS | % | DOMINATORS | % |
| MIMULUS (A) | 5.6 | CLEMATIS | 1.1 | IMPATIENS (B) | 3.8 |
| GENTIAN | 1.4 | AGRIMONY (A) | 5.4 | VERVAIN | 0.9 |
| CERATO | 2.2 | SCLERANTHUS (A) | 6.0 | ROCK ROSE | 2.3 |
| CENTUARY | 2.6 | WATER VIOLET | 1.2 | CHICORY (B) | 3.5 |
| TOTAL | 11.8 | - | 13.7 | - | 10.5 |

**Note:** (A) = first group of BFs more needed, (B) = second group.

## 5. Conclusions

a. The BFs indicated in the "The Wheel", until now, are not the most needed among the ones that were used by the clients of our Institute.

b. Although this , three BFs of "the Wheel" belong to the group of the five most needed - one Enabler/Mimulus and two Mediators/ Agrimony and Scleranthus, but no one Dominator.

c. The first group of the most needed -five BFs - amount to 1/3 of the utilization of the BFs. If we add to this group the second group - five BFs also - reach almost 50% (fifty) of the utilization of the BFs

d. Until now, there is one clear tendency to utilization of the BFs of the first group, and somehow of the ones of the second group, and there is no evidence that this tendency is going to change.

e. We could not come, until now, to one point in which we could say why this is happening.

- One possibility could be because " The wheel" is *I AM* and we are working on *I FEEL*. If this is right, maybe the body/mind cannot stand as first approach what *I AM*. For this reason, the emotional tension charge should be defused first until the body/mind can understand and accept WHO I AM, and after having defused HOW I FEEL, because I AM WHO I AM.

- Another possibility to explain the most needed is the situation of our country, Brazil. As the BFs talk of emotions extremely correlated to what is happening in the country" RESCUE/Emergencies; SCLERAN-THUS/doubts: MIMULUS/shyness + rejection; AGRIMONY/world too troublesome + tormented; ROCK WATER/not being flexible in face of the situation; WILD ROSE/lack of self-assurance + apathy; IMPATIENS/reject-ion + impatience; CHICORY/denial of kind of life wanted; HONEYSUCKLE/ can't face the problems + can't look forward positively; GORSE/given up + feel hopeless.

| STATISTICAL COMPUTATION OF THE UTILIZATION OF THE BACH FLOWER | | | | |
|---|---|---|---|---|
| NAME | QTY | % | OBSERVATION | Σ % |
| More than 5% | | | | |
| RESCUE | 152 | 7.3 | | |
| SCLERANTHUS | 125 | 5.6 | Mediator | |
| MIMULUS | 117 | 5.6 | Enabler | |
| AGRIMONY | 114 | 5.4 | Mediator | |
| ROCK WATER | 113 | 5.3 | | |
| SUB-TOTAL | | 29.6 | | 29.6 |
| From 4 to 5% | | | | |
| . | . | . | . | 29.6 |
| From 3 to 4% | | | | |
| WILD ROSE | 82 | 3.9 | | |
| IMPATIENS | 81 | 3.8 | Dominator | |
| CHICORY | 76 | 3.5 | Dominator | |
| HONEYSUCKLE | 72 | 3.4 | | |
| GORSE | 66 | 3.1 | | |
| SUB-TOTAL | | 17.7 | | 47.3 |
| From 2 to 3% | | | | |
| SWEET CHESTNUT | 59 | 2.8 | | |
| CRAB APPLE | 57 | 2.7 | | |
| HORNBEAM | 58 | 2.7 | | |
| WILLOW | 57 | 2.7 | | |
| CENTAURY | 56 | 2.6 | Enabler | |
| WILD OAT | 54 | 2.5 | | |
| CHESTNUT BUD | 51 | 2.4 | | |
| BEECH | 49 | 2.3 | | |
| ROCK ROSE | 49 | 2.3 | Dominator | |
| STAR OF BETHLEHEM | 49 | 2.3 | | |
| CERATO | 46 | 2.2 | Enabler | |
| HOLLY | 45 | 2.1 | | |
| OLIVE | 44 | 2.1 | | |
| SUB-TOTAL | | 31.7 | | 79.0 |
| From 1 to 2% | | | | |
| CHERRY PLUM | 41 | 1.9 | | |
| HEATHER | 40 | 1.9 | | |
| LARCH | 40 | 1.9 | | |
| OAK | 40 | 1.9 | | |
| MUSTARD | 32 | 1.5 | | |
| GENTIAN | 30 | 1.4 | Enabler | |
| PINE | 27 | 1.3 | | |
| WATER VIOLET | 25 | 1.2 | Mediator | |
| CLEMATIS | 24 | 1.1 | Mediator | |
| ELM | 24 | 1.1 | | |
| WHITE CHESTNUT | 24 | 1.1 | | |
| SUB-TOTAL | | 46.3 | | 95.3 |
| From 0 to 1% | | | | |
| RED CHESTNUT | 21 | 1.0 | | |
| VINE | 21 | 1.0 | | |
| WALNUT | 21 | 1.0 | | |
| VERVAIN | 19 | 0.9 | Dominator | |
| ASPEN | 18 | 0.8 | | |
| SUB-TOTAL | | 4.7 | | 100.0 |

QUANTITY OF ANNOTATIONS
PER BACH FLOWER



QUANTITY OF ANNOTATIONS
PER BACH FLOWER
(Decreasing sequence)