

## Reactive Symbols

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**Abstract.** The use of symbols to clear multiple reactive patterns is described

### Introduction

Reactivity is a term widely used in Kinesiology. A very simple definition is that this is a process in which something may function perfectly well on it's own, but will show impaired activity when functioning in relation to something else. Muscles, organs, meridians, auric bodies, emotions, chakras and self-images all can be reactive to each other. Anything can switch off anything! This reactivity is one of the major reasons that often balances don't last.

Some people show a "reactive tendency". I have worked on clients for several months clearing one reactivity problem after another.

Recently, however, I have been working with a technique which has astounded me with it's simplicity, and yet it would appear to bring about a very deep and long lasting level of correction.

### Case History

Nancy, aged 56 years, had suffered from chronic fatigue, painful muscles, lack of co-ordination and periodic depression for more than fourteen years. She had consulted numerous orthodox medical and complementary practitioners before being referred to me by a nutritionist who suspected that Nancy's problems may have an emotional underlay. Unmarried, Nancy had devoted her life to caring for her parents, both of whom died just a few months before her first symptoms appeared.

### Procedure

Immediately, Nancy showed a marked reactive tendency. I cleared a multitude of reactive muscles, emotions, chakras, etc. over and over again at different ages, and yet she showed little sign of improvement.

One day I was balancing her using the Professional Kinesiology Practitioner finger modes (ref. 3) to show the priority for correction. The reactivity mode, hand flat above head (ref. 1), came up, but none of

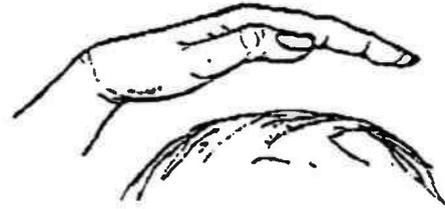


Figure 1. Reactivity mode test.

the submodes would show to identify the actual reactivity problem. After eliminating switching, etc., I asked the finger modes to show me the problem, and the mode for symbols, emotional 6C, (ref. 3), came up. On holding the mode in the reactivity position (over the head), the muscle switched off. I was dealing with reactive symbols, a completely new concept for me.



Figure 2. Emotional finger mode.

For anyone not familiar with working with symbols, the technique is usually used in one of two ways:

1. There are some symbols in common usage which induce chakra imbalance and central meridian reversal in some people. On identifying the stressful symbol we can diffuse the negative effects.
2. An appropriate symbol can be an extremely powerful way to infuse a positive state of mind.

Symbols have been used by healers throughout history and are used in various

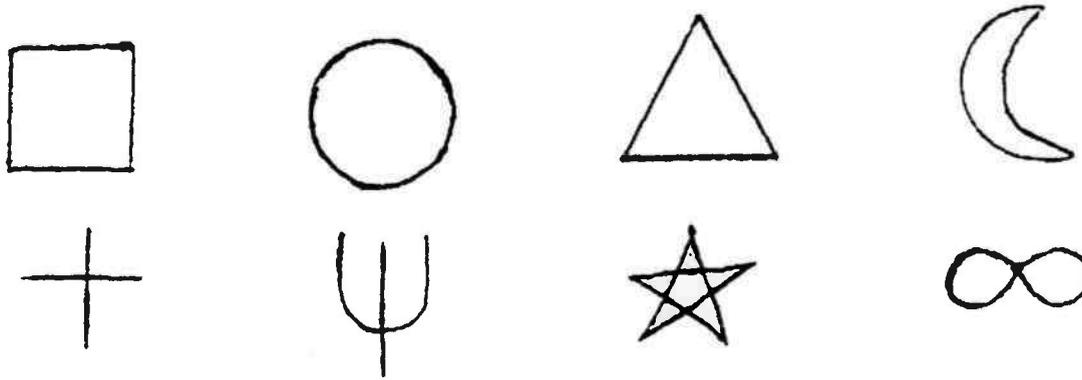


Figure 3. My usual symbols.

branches of kinesiology. I tend to work usually with only the few basic shapes shown in Figure 3.

What I had apparently found was that Nancy was having a problem with one or more symbols switching off one, several, or perhaps many other symbols. However, what did this actually mean in relation to how Nancy was functioning?

I carried out a series of pretests for clarification. I found numerous reactive chakras, emotions, muscles and auric bodies, which I checked out individually, and then demonstrated that the submode for meridians was also active. How would I correct these?

I spread my symbol cards out face up and had Nancy look at each in turn until I found one that reversed the reactivity mode. The square symbol (the reactor) was switching off **all** the other symbols. I identified simple Emotional Stress Release as the priority correction and held her points for more than twenty minutes while she looked at the reactor symbol. She became very distressed, but said her mind was blank. She could not express what she was feeling.

Afterwards, the square was no longer showing as a reactor, but one of the other symbols was still switching her off; so we had her look at that symbol while holding her ESR points. The imbalance quickly cleared. I checked the need for age recession etc. but the mode had already cleared.

### Findings

I was incredulous to discover that **all** my pretests had cleared.

The changes in Nancy were profound. Most of her symptoms had resolved within a month. I checked with her three months later in a follow up session and found that she was still continuing to improve.

### Conclusion

I have repeated the technique with several clients with the same results and have asked several other kinesiologists to try the process.

I now find that I usually work with only four symbols. In about 90% I find the square to be the problem (reactor) symbol. Often the client has to draw a symbol and carry it around or look at it for a time each day as positive reinforcement.

The balance would appear to hold and I look forward to receiving feedback from others trying out the technique.

### Procedure Review

1. Switching, PACE, etc.
2. If not part of full balance, ask permission to address the issue.
3. Check Reactive Symbol Mode (hand flat over head while holding the mode Emotional 6).
4. Put in circuit or hold mode, and muscle test until a reactor symbol reverses mode (indicator muscle switches on).
5. Put switched on indicator in circuit.
6. Check for reactivities among other symbols. (will switch off)
7. Check for priority method of correction. Usually ESR.

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8. Check for need to find involved emotion. Use PKP emotions chart, Behavioural Barometer, or your own method.
9. Carry out any desired pretests
10. Correct - hold ESR points, etc. Possible strong emotional release.
11. If any symbol is still switching off, hold ESR points while client looks at symbol.
12. Recheck mode. If not clear, check for another reactor and repeat process.
13. Check if process is complete or if age recession, etc., is needed.
14. Recheck pretests
15. Celebrate!

### References

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