

Joe's Total Related Testing Technique

by Joe Bassett

This is an oldie but a goodie. A number of years ago I would balance my clients through every muscle in the book and every correction, plus a few beyond what was in the book. Over a period of time most of the problems went away. However there would be some very persistent ones. Know, I know that TFH doesn't cover every health condition and that when a recurring problem keeps popping up, it is time to refer to other modalities. Now what I am going to cover can be time consuming. It is also very effective. What I did the very first time I used this technique was to take the recurring problem, in this case constant reoccurring inhalation assists and go to the muscles that were involved. Example the PMC would be off almost every time I checked the person out. I would:

1. Take a strong indicator muscle — usually a leg because I wanted both hands free.
2. Find the weakness (this time PMC) and localize the stomach with the strong leg. It would go weak.
3. I would have the person continue to hold the point (in this case the stomach) and I would have the person touch (with the freehand) every other point we could think of — only limited by our knowledge. Example: pineal, pituitary, thyroid, thymus, adrenals, sex glands, brain, eyes, lungs, heart, liver,

gall bladder, pancreas, spleen, stomach, small intestine, large intestine, bladder, kidneys, mouth, saliva, etc., and anything else you can think of. Most of the time if I covered the major glands and organs it worked well, however thoroughness pays off.

4. I would record (list) everything that would strengthen the weakness. So what you would have is a heading of stomach and a list under that of every thing that effected it favorably.

5. Then I would take the first item and go through the entire system (step 3) all over again). I would do that with every item under the stomach list. Let's say that the first item was the pituitary. I would start a second list with pituitary as the head and then list everything that strengthened on it. I would end up with several lists each headed by items that strengthened the others.

(A sample set of listings is shown below.)

Sometimes that item would test weak by itself and not be affected by others

6. I would then find what corrected the key items. In this case there were 3 glands. They would correct with balancing but not hold day by day. I found that nutrition (4 to 7 of the glandulars every day plus clearing on the emotion) and the inspiration were no longer needed and the corrections held.

Sample Test Result Table

Stomach	Pituitary	Liver	Small Intestine	Thyroid
Pituitary	Liver	Small Intestine	Pituitary	
Liver	Small Intestine	Thyroid		
Small Intestine				