

Neural Organization Technique

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Neural Organization Technique originally got its start as an organized application of Touch For Health protocols and got its name from exactly what it is intended to do. It is a way to very specifically organize the central nervous system and therefore the body that it controls.

It is important to understand that if our central nervous system is intact and can express organized function we will enjoy the full expression of our life force [health]. If however, there is disorganization within this system then it is this disorganization which allows for less than the full and proper expression of our life force and dysfunction, disease or pain will ultimately result. N.O.T. deals with the neurological cause of the problem and not the symptoms.

Our ability to survive in this world depends on the proper and organized function of what has been recognized as our primal or primitive survival systems. These systems have been designated as the Feeding System [with all that entails], the Flight/Fight System [not only fight or run but our ability to walk, work, dance, play, etc.] and the Reproduction System [which is more than just the sexual act]. In recent years we have become very aware of another survival system which makes the first three viable, the Immune System.

These systems interact with one another in very specific ways and yet, to a large extent, they must work in single track fashion. When one system is in operation the others are suppressed in their activity so that the particular activity initiated will be able to be carried out with no interference and without distraction. When the feeding system is activated, for example, the reproductive and fight/flight systems are suppressed and vice-versa. The fight/flight system however is always ready to intervene in the event of danger but remains inactive unless needed. Fight/flight system activity will suppress both the feeding and the reproductive systems because under the circumstances of survival we cannot be distracted from this primary

need. If the fight/flight system cannot fully turn off for one of many reasons it will always interfere to some degree with the proper function of the other systems. Both the digestion and the reproductive functions will suffer to some degree. Understanding these inter actions is very important when we investigate health problems. For one reason or another if one system cannot turn down sufficiently to allow another system to function properly we will very quickly have chaos in the body and anything can and usually does happen. Yet because of the one track principle of these systems we can also continue to survive and function even with many deficits.

Each of our primal survival systems, their sub functions and inter actions work in specific computer like programs. Nothing happens in the body by accident, it is all programmed activity and response. These computer like programs are all reflex in nature and therefore automatic once activated. This would have to be because we could not think fast enough to activate all the muscles, etc. necessary to take just one step. Most of these neural programs are innate [born with] and are operable as soon as the individual is strong enough or mature enough to use them. Others are learned programs as the need presented itself.

Because the body works in program you cannot treat a piece of the body which is what is usually attempted. You must not only address the whole program but you must address the whole body. If the knee hurts all activity is usually directed to the knee with no attention to the other structures of the leg or opposite arm. If it hurts in a certain place then the problem must be there. Usually it is not. The "head bone is truly connected to the foot bone". The cause of any condition is usually some place other than where it hurts.

Once we understand the inter action of the systems we will soon realize that everything in the body works in "relation to" something or to some condition or circumstance. Therefore all examination and treatment

protocols must be done in the way we live. We must deal with them with the eyes open and with the eyes closed, in the light and in the dark, sometimes sitting or standing, at dusk or at dawn or in relation to some other memory trigger. If a trauma of some kind happened under these circumstances the body relates to that incident under those same circumstances and therefore it must also be treated under those same circumstances. The body must understand what you are doing and why you are doing it otherwise it cannot cooperate with any corrective effort and the condition remains essentially untreated and chronic. This is not survival in the best sense. There is always an initiating factor or a "way in" to activate each program so that they can be investigated and treated if necessary. The system itself must be treated, not just a piece of it.

Neural Organization Technique is series of kinesiological based, neurologically correct examination and treatment protocols designed to specifically find the disorganizations within the several survival systems. These disorganized functions manifest as symptoms of some kind through central nervous system activity. The treatment protocols are then designed to organize or reorganize these neurological reflex functions therefore restoring the integrity of our primal survival systems. It is through the function of these systems that got us here and is what keeps us here. Everything that happens to us or anything that we do must manifest in and through one or more of these survival systems. We have no other way

N.O.T. as these protocols have become known is probably the most powerful technique I know of to treat anyone. These protocols deal with the full expression of our life force.

N.O.T. deals with the posterior and anterior neurological switching mechanisms of the body, the head and neck righting reflex systems, the pelvic centering reflex systems, the posterior and anterior gait systems, the category one sacral respiratory fault system with dural torque, the universal cranial fault mechanism [which will prevent other corrections if not stabilized], closed head injuries of all sorts [whiplash, etc.], immune

system deficits, the many T.M.J. deficits in its relation to structural stability, sequencing of digestive system, defensive activity to protect the brain and cord and also to maintain the structural integrity of the skull, the various pelvic and cranial weight bearing deficits [category II type] [all related to the jaw], spinal and disc problems, idiopathic scoliosis, learning disabilities of all kinds, endocrine, circulatory and cardiac stress problems, and extremity problems [arms and legs].

Once the digestive mechanism has been reordered through the basic protocols we can then attend to the nutritional aspects of the individual and judiciously use food supplements and dietary changes to accomplish a higher level of health and not use the copious amounts of food supplements [as a substitute for drugs] as is usually done.

Once the animal survival systems are intact so the the body becomes totally functional, once we become secure in our physical being and are no longer defenseless in the physical sense, we will be able to function on a higher level emotionally. Things which bothered us before may not now bother us, things which were threatening to us before may not now be. We can now deal with the real emotional problems and not a bunch of static. N.O.T. has very specific emotional protocols which work in both the conscious and subconscious levels.

As a first priority Neural Organization Technique addresses the primal animal survival systems of the individual so that we can function in the "jungle" as we were designed to do and then addresses the emotional memory banks as the next priority.

N.O.T. does N.O.T. recognize that nothing can be done. You do N.O.T. have to live with it. It is N.O.T. impossible, we just do not know enough - yet.