

The Ultimate Healer

by: Dr. Jim Reid

Everyone in the healing profession will tell you that God is the Ultimate Healer. The Practitioner, whatever his/her medium is only a facilitator. The scripture says that God has given people "Gifts of Healings." The interesting thing about this is that many of the people who have been given these gifts don't know that they have them. I have devised a non-threatening way to tap into that great healing potential in a way that even the person contributing the most to the healing process won't know it. This can be done with any group of people. I would expect with this group our results should be nothing less than spectacular.

How many of you present have a pain, injury or illness? Please put a number on it on a scale of 1 to 10.

How many 8 to 10's do we have?

How many 6 to 8's do we have?

How many 4 to 6's do we have?

How many 2 to 4's do we have?

How many 0 to 1's do we have?

Now let's arrange ourselves into a great figure 8. Please be seated in a chair as part of this 8 because we will be here awhile. Please also write down the number of your pain. Illness or injury on a piece of paper and keep it on your person somewhere.

Get as comfortable as you can, loosen your neckties, etc. Rub your hands together and join hands. In the 8 where the two lines cross, be sure that the two lines do not touch each other. With the soles of your feet on the floor, close your eyes and see a three. Take a deep breath and see another kind of three. Now let us do three twos, and then three ones. You are now in alpha state. I will count backward from ten to zero. As I do, you will go deeper into alpha. Any distractions will only help to enhance your alpha awareness.

The alpha state is the state of K-N-O-W-I-N-G. You are now a part of a great healing circle. Feel the incredible pulse surging through us. Now for those of you who have bone problems, the next few minutes are yours. Everyone visualize orange. For those of you with disease or injury we will visualize green. Now those of you who need orange, continue to take in orange. For those of you who need yellow, you continue to take in yellow. For those of you who need green, you continue to take in green. We will do this for 30 minutes.

Now everyone break the circle and clap your hands. We are giving God praise for our healing and for using us to heal others. Now how many of you who had pains before, still have them?

Please tell us what happened to you during our healing circle.