



**Julianne Bien-**For over a decade, Julianne Bien, has been a leader in advancing the understanding and practice of color light teachings as a holistic enhancement to lifestyle and wellness. Her company, Spectrahue Light & Sound Inc, is the developer of the Lumalight Color Harmonics system, equipment and educational DVDs. Her book, *Golden Light: A Journey into Advanced Colorworks*,

### **Principles of color light therapy**

Color light therapy is also known as chromatherapy, spectrachrome, light therapy and *color harmonics*. In its purest form *color is energy* and is carried in light and is constantly in motion. A denser form of this energy, for example, would be colors seen in the clothes we wear, the food we eat and how we see the coloration of objects and nature based on our perception of visible surroundings. Everything in Nature and all life on Earth is influenced and 'colored' by this visible rainbow spectrum. There are seven primary colors carried in light that are further distilled into shades, combinations and patterns explored in *color harmonics*. The warming colors - red, orange and yellow and the cooling colors are sky blue, indigo and violet. Green is the great equalizer for the magnetic-warming and electric-cooling colors. We are surrounded by light and interact with it in our lives as our visible spectrum, delivered to us from the Sun, radiates and influences our every move *through our energy field* supporting life and creating harmony and a natural state of balance.

### **Spectrahue Color Harmonics**

*Color harmonics* is an energy-based modality created for the Lumalight. It is an advanced methodology of color therapy and encompasses a dynamic and revolutionary approach to restore and maintain a correct balance of vital energy in the energy field. Color harmonics is a gentle and noninvasive modality that can illuminate multidimensional aspects on various levels. We've developed a unique holistic approach for beauty and well-being based on a myriad of disciplines of science and philosophy combining quantum holographic and geometric concepts, color therapy, acupuncture, meridian therapy and your own intuitive abilities.

### **Color Harmonics benefits**

The Lumalight SE is a revolutionary system for your experimentation in, and exploration within the world of color and geometry. It offers you an opportunity to tap into your own intuitive abilities. Read more in Julianne Bien's groundbreaking book on light - *Golden Light: A Journey with Advanced Colorworks*

### **Color Harmonics is for everyone**

For over a decade, this system continues to expand and evolve benefiting wellness professionals, kinesiologists, acupuncturists, holistic estheticians and nurses, body

workers, quantum healers, dowsers, shamans, holistic pet care and biofeedback practitioners, spiritual seekers and those interested in home applications - world-wide.

### **Color Harmonics and holistic pet care**

You can modify all protocols in our training series for warm-blooded furry and feathered pets. Use your imagination, and change the tonation time (shining of light) on the recipient. In *Golden Light: A Journey with Advanced Colorworks* Chapter Twelve addresses treating warm-blooded animals with light as they also have a meridian system that can be positively influenced by color energy.

### **Lumalight SE penlight**

Lumalight SE is an ergonomically designed color penlight set used in *color harmonics* which can be experienced on its own or as an enhancement to other modalities. Developed for holistic mind and the spiritually adventurous. Lumalight SE is a handheld illuminator and accommodates geometric amplifiers for advanced techniques. It is precision-tooled, battery-operated, portable and assembled with the finest color lenses for product integrity. It utilizes a 2.2-4 v light source and is not a laser.

### **Lumalight 2100 Full Coverage Illuminator**

Developed for full body/room color light coverage for a myriad of applications in esthetics, bodywork and meditation/group practices.

### **Color Harmonics ingredients**

There are four main ingredients necessary to live on Earth: air, food, water and light. Color harmonics applications supports energy healing in many different ways. Color enthusiasts around the world are using the Lumalight on a daily or weekly basis because it is noninvasive, gentle, safe and simulates qualities of our Sun. Without this source of energy, all life as we know it would cease to exist. Mal-illumination to this *energy field* is likened to malnutrition in the physical body.

### **Color Harmonics side effects**

There are no side effects or adverse reactions in the conventional sense of the term, as in potential harmful physical or emotional effects from drugs. You might very well bring issues to the surface and develop a superior understanding of a buried concern in a manner that makes you feel ill at ease. As with any energy healing system, what you may believe is a healing crisis is really an awakening. Feel blessed that you've open the floodgates of self-discovery and self-healing. Color light will only illuminate issues that have been buried if the recipient is open to dealing with them at a conscious or subconscious level. Nothing can override free-will.

### **Lumalight SE vs lasers**

The Lumalight SE penlight utilizes a low voltage incandescent bulb and emits polarized light. The Lumalight emits, incoherent polychromatic light (a wide bandwidth of color that permeates many levels of the energy field) unlike a laser system which is limited to

a very narrow bandwidth and transfers intense energy. A laser is more assertive (coherent beam light) and can be effective when addressing specific concerns. The two methods have different philosophies and each has its place.

### **Lumalight SE 's color lenses vs LED's color quality**

The Sun emits 50% visible light which is our color spectrum. Lumalight lenses are polychromatic designed to offer a wide range within this *visible color scale* empowering your intuitive abilities to select specific frequencies, rather than limit you to a single isolated frequency of red, for example. There are millions of color frequencies in our light spectrum, therefore we provide a wide bandwidth within each color filter. LED penlights and light sources (light emitting diodes) are monochromatic, meaning single frequency emitters, and its colors are created through chemical interactions.

### **Color Therapy for Rejuvenation and Beauty**

This Sessions will inspire you to embrace color harmonics therapies for wellness and beauty personally and in your wellness center. Julianne will share the science and theory and demonstrate color light applications for mind/body treatments through reflex zones on the face, hands and body and reveal its revitalization and rejuvenation processes based on Chinese medicine and physiognomy. In bridging the science of color and its known benefits, you will broaden your awareness of this natural anti-aging modality and learn its importance to enhance inner and outer beauty.