

## **Blending Western Medicine with Touch for Health and Applied Kinesiology**

By Warren Jacobs

This approach to health care sees the therapeutic relationship between doctor and patient as a partnership with shared responsibilities for the outcome. Often the clue for the direction of treatment lies within the patient rather than with the doctor. This method is used to facilitate the exposure of what is perhaps already known by the patient on some level, but which has been therefore denied to consciousness. This is in contrast to the traditional western approach where the patient has the pain, the fear, the illness, and the QUESTION while the doctor has the ANSWER. This alternate method suggests that often the patient has the QUESTION, etc. and the ANSWER! The doctor functions more as a facilitator, teacher, partner and friend. He has the method by which the patient can gain access to that which is already inside himself but resides on some level where it remains hidden and as yet unusable.

Initially, a determination can often be made with Kinesiology to establish where the complaint has its roots. Is the root of the problem in nutrition, structure or emotion? From this beginning, one can explore in increasing depth from the general to the specific, depending on the willingness of the patient and the art and skills of the facilitator. This method is rapid, painless, cost-effective and safe.

WHY ARE YOU HERE IN FRONT ?  
WHAT WOULD YOU LIKE TO HAPPEN IN  
OUR TIME TOGETHER ?

With these questions, the patient is obliged to take responsibility for the goal.

With this method – a shared responsibility in the therapeutic process allows for the best outcome.  
DETERMINE THE GOAL  
IS THE GOAL the best goal and positive, clear, energizing and motivating?

I am now ready for this goal / or not.

I am open to discovering my blocks for this goal with a balance. Choose the balance.

Proceed with the balance. WARREN BALANCE, DIAMOND BALANCE, CHAKRA BALANCE, SOUND BALANCE, INTIMACY BALANCE, LIFE QUESTIONS , ADDICTIONS BALANCE, etc. (which ever is chosen)

THIS TAKES THE PATIENT FROM NO-CHOICE TO CHOICE

On completion of the chosen balance, restate the goal with I am now ready to . . . . .

Test on both sides of the brain. DOES IT HOLD ?  
HOW DO YOU FEEL ?

Hug.

**Notes:**